Den norske **mor og barn**-undersøkelsen **16**



Questionnaire when your child is 8 years old

The questionnaire will be processed by a computer. It is therefore important to us use a blue or black ballpoint pen and write clearly.

- In the small boxes you should put a cross in the box that is most relevant like this:
- If you think that you have put a cross in the wrong box, correct it by filling in the box completely like this:

ABOUT YOUR CHILD

Child's friends and leisure	time						
1. What grade is your child in?	☐ 2nd grade	☐ 3nd grade		4nd grad	le		
2. Outside school hours: Approximately how sports (football, handball, skiing, gymnastic (SFO)) (Please mark for both summer and wint	s / dance, etc.)?						
Summer	Winter						
Less than 1 hour per week							
1-2 hours per week							
3-4 hours per week							
5-7 hours per week							
8-10 hours per week							
11 hours or more per week							
3. Approximately how many close friends do your child have? (not including siblings)	oes	☐ None	☐ 1 frier	ıd □2-3	3 friends	☐ 4+fr	riends
4. Outside of school / afterschool (SFO) – apmany days per week	pproximately how		Never/ seldom	1 day	2-3 days	4-5 days	6-7 days
does the child participate in various organize music / drama group / other)?	ed activities (includ	ling sports /					
does the child spend with friends / peers (ou	utside organized a	ctivities)?					
5. How many hours on a typical weekday			Never/ seldom	Less than 1 hour	1-2 hours	3-4 hours	5 hours or more
does the child watch TV / DVD movies?							
does the child play video games, computer of	games, or handhel	d video games?					
6. In the course of the past 12 months			Never	Seldom	2-3 times per month	Once a week	Many times per week
has your child been teased or bullied by other	er children?						
has your child teased or bullied other childre	n?						
has your child been subjected to hitting, kick by other children?	king or other violer	ice					
has your child been subjected to hitting, kick	king or other violer	ice by adults?					

Your child's health						
7. What is your child's height and weight	ght now at 8 years of	age?				
Height cm Weight	, kg					
8. Has your child ever had any of the f	following health prob	lems?				
Rheumatoid arthritis/chronic joint inflammation	Epilepsy	Accident	al injury with s	subsequent m	nedical treatmen	t
☐ Diabetes	Cancer	☐ Cerebral		·		
Chronic fatigue syndrome / ME	Coeliac disease	Other co	nditions / con	genital syndro	omes, describe:	
9. Has your child ever had any of the f	ollowing health prob	lems? (Please	mark for ea	ch item.)	If yes, has y been refer	red to a
		No	Yes, currently	Yes, in the past	No	Yes
Delayed psychomotor development						
2. Delayed or abnormal language deve	lopment					
3. Hyperactivity						
4. Concentration or attention difficultie	s					
5. Autistic traits / autism / Asperger's S	Syndrome					
6. Behavioral problems (difficult and ur	nruly)					
7. Emotional difficulties (sad or anxious	s)					
8. Other						
Your child's behavior						
10. The questions below concern how	v your child has felt o	or behaved re	cently.			
Mark how true each item has been fo				one box pe Not	r line.) Sometimes	
Was miserable or unhappy				true	true	True
Felt so tired he/she just sat around a	and did nothing					
3. Was very restless						
Didn't enjoy anything at all						
5. Felt he/she was no good anymore						
6. Cried a lot						
7. Hated him/herself						
8. Thought he/she could never be as o	good as other children					
9. Felt lonely						
10. Thought that nobody really loved hir	n/her					
11. Felt he/she was a bad person						
12. Thought he/she did everything wron	a					
13. Found it hard to think properly or co						

Mark one box per line.)					st year?
	Not typical	Not very typical	Quite typical	Typical	Very typical
1. Is easily caught up in problems (*)					
2. Has a broad range of interests					
3. Makes an all-out effort					
4. Obeys without protests					
5. Takes himself/herself into consideration first					
6. Is quick to worry about things					
7. Forgets anything and everything					
8. Is constantly on the move					
9. Prefers to leave work to others					
0. Talks to people easily					
1. Does everything to get his/her own way					
2. Derives pleasure from creating things					
3. Is not very thorough (*)					
4. Doubt himself/herself					
5. Finishes tasks to the very end					
6. Imposes her or his will					
7. Is readily discouraged by imminent failure					
8. Is chatty (*)					
9. Enjoys life					
0. Is quick to understands things					
1. Is easily incensed by things					
2. Is quick to doubt his/her own capacities					
3. Has an infectious laugh (*)					
4. Has a rich imagination					
5. Talks about own feelings					
6. Carries out work to the last detail					
7. Has confidence in own abilities					
8. Doesn't envy others (*)					
9. Is interested in all that is new					
0. Can express himself/herself well					
2. Mark the box that best describes your child's behavio Mark one box per line.)	r during <u>the</u> l	last 12 montl	ns / last yea	<u>r.</u>	
		Never	Seldom	Some- times	Often
. Bullies, threatens or intimidates others					
. Initiates physical fights					
. Has been physically cruel to others					

4. Has harassed or injured animals physically	Aldri	Sjelden	Noen ganger	Ofte
Has stolen items of nontrivial value without confronting a victim (e.g. shoplifting)				
6. Has deliberately destroyed other's property				
7. Has been truant from school				
8. Has used an object that can cause serious physical harm to others (e.g. a bat, stone, knife, heavy toy)				
13. Mark the box that best describes your child's behavior over the past 6 m (Mark one box per line.)	<u>onths</u>			
(wark one box per line.)	Never/	Some-	00	Very
Fails to give close attention to details or makes careless mistakes in schoolwork	seldom	times	Often	often
Has difficulty sustaining attention in tasks or play activities				
3. Does not seem to listen when spoken to directly				
Does not follow through on instructions and fails to finish schoolwork, tasks or duties (do not include difficulties due to defiance or lack of understanding)				
5. Has difficulty organizing or planning tasks and activities				
Avoids, dislikes or is reluctant to start tasks that require mental effort (such as schoolwork / homework, other assignments)				
7. Loses things necessary for tasks or activities (pencils, books, toys)				
8. Is easily distracted				
9. Is forgetful in daily activities				
10. Fidgets with hands or feet and / or squirms in seat (sits uneasily)				
11. Leaves seat in classroom or in other situations in which remaining seated is expected (e.g. at the table or in group gathering)				
12. Runs about or climbs excessively in situations in which it is inappropriate				
13. Has difficulty playing or engaging in leisure activities quietly				
14. Is "on the go" or acts as if "driven by a motor"				
15. Talks excessively				
16. Blurts out answers before questions have been completed				
17. Has difficulty awaiting his/her turn				
18. Interrupts or intrudes on others, such as in conversation or play (*)				
19. Loses temper (tantrums)				
20. Argues with adults				
21. Actively defies or refuses to comply with adults' requests or rules				
22. Deliberately annoys people				
23. Blames others for his/her mistakes or misbehaviour				
24. Is touchy or easily annoyed by others				
25. Is angry and resentful				
26. Is spiteful or vindictive				

14. The questions below are about how your child has felt or behaved recent (Mark one box per line.)	tly.			
	Not true	Sometimes true	Oft tru	
My child gets really frightened for no reason at all				
2. My child is afraid to be alone in the house				
3. People tell my child that he/she worries too much				
4. My child is scared to go to school				
5. My child is shy				
About your child's ability to communicate and	interes	t in others	;	
15. Your child's use of language with others (Mark one box for each question whether you think it applies for your child or not)		J	la	Nei
1. Is he/she now able to talk using short phrases or sentences?				
Do you have a to and fro "conversation" with her/him that involves taking turn on what you have said?	s or building			
3. Does she/he ever use odd phrases or say the same thing over and over in almos way (either phrases that she/he hears other people use or ones that she/he make		ame		
Does your child ever use socially inappropriate questions or statements? For child ever regularly ask personal questions or make personal comments at aw				
5. Does your child ever get his/her pronouns mixed up (i.e. saying "you" or "he/s	she" instead o	of "I")?		
6. Does your child ever use words that he/she seems to have invented or made put things in odd, indirect ways or use metaphorical ways of saying things? (e.g. saying "hot rain" for "steam")	up himself/he	erself,		
7. Does your child ever say the same thing over and over in exactly the same was say the same thing over and over again?	ay or insist tha	at you		
16. Your child's behavior (Mark <u>one box</u> for each question whether you think it applies for your child or not)		J	la	Nei
8. Does your child ever have things that he/she seems to have to do in a very pa or rituals that the child insists that you go through?	articular way c	or order,		
9. Does your child's facial expression usually seem appropriate to the particular situ as far as you can tell?	ation,			
10. Does your child ever use your hand like a tool or as if it were part of his/her or with your finger or putting your hand on a doorknob to get you to open	wn body (e.g. n the door)?	pointing		
11. Does your child ever have any interests that preoccupy him/her and might see (e.g. traffic lights, drainpipes or timetables)?	em odd to oth	er people		
12. Does your child ever seem to be more interested in parts of a toy or an object the object as it was intended (e.g. spinning the wheels of a car)?	t, rather than i	in using		

		Ja	Nei
13.	Does your child ever have any special interests that are unusual in their intensity, but otherwise appropriate for his/her age and peer group (e.g. trains or dinosaurs)?		
14.	Does your child ever seem to be unusually interested in the sight, feel, sound, taste or smell of things or people?		
15.	Does your child ever have any mannerisms or odd ways of moving his/her hands or fingers, such as flapping or moving his/her fingers in front of his/her eyes?		
16.	Does your child ever have any complicated movements of his/her whole body, such as spinning or repeatedly bouncing up and down?		
17.	Does your child ever injure himself/herself deliberately, such as by biting his/her arm or banging his/her head?		
18.	Does your child ever have any objects that he/she has to carry around (other than a soft toy or comfort blanket)?		
	About social development and interest in others ark one box for each question whether you think it applies for your child or not)	Ja	Nei
19.	Does your child have any particular friends or a best friend?		
20	Does your child ever talk with you just to be friendly (rather than to get something)?		
21.	Does your child ever spontaneously copy you (or other people) or what you are doing (such as vacuuming, gardening or mending things)?		
22	Does your child ever spontaneously point at things around him/her just to show you things (not because he/she wants them)?		
23.	Does your child ever use gestures, other than pointing or pulling your hand, to let you know what he/she wants?		
24.	Does your child nod his/her head to indicate yes?		
25.	Does your child shake his/her head to indicate no?		
26	Does your child usually look at you directly in the face when doing things with you or talking with you?		
27.	Does your child smile back if someone smiles at him/her?		
28	Does your child ever show you things that interest him/her to engage your attention?		
29.	Does your child ever offer to share things other than food with you?		
30.	Does your child ever seem to want you to join in his/her enjoyment of something?		
31.	Does your child ever try to comfort you when you are sad or hurt?		
32.	If your child wants something or wants help, does he/she look at you and use gestures with sounds or words to get your attention?		
33.	Does your child show a normal range of facial expressions?		
34.	Does your child ever spontaneously join in and try to copy the actions in social games, such as "The Mulberry Bush" or "London Bridge is Falling Down"?		
35.	Does your child play any pretend or make-believe games?		
36	Does your child seem interested in other children of approximately the same age whom he/she does not know?		
37.	Does your child respond positively when another child approaches him/her?		
38.	If you come into a room and start talking to your child without calling his/her name, does he/she usually look up and pay attention to you?		
39.	Does your child ever play imaginative games with another child in such a way that you can tell that each child understands what the other is pretending?		
40	Does your child play cooperatively in games that need some form of joining in with a group of other children, such as hide-and-seek or ball games?		

F	About your child's eating habits					
18	3. How well does this apply to your child?	Never	Seldom	Some- times	Often	Always
-	1. The child enjoys tasting new food					
2	2. The child gets full up easily					
(3. The child eats more when he/she is happy					
4	4. Given the choice, the child would eat most of the time					
į	5. The child eats slowly					
(6. The child eats more when worried					
-	7. The child takes more than 30 minutes to finish a meal					
8	3. The child gets full before his/her meal is finished					
Ś	9. The child enjoys a wide variety of food					
10	0. The child is interested in tasting food he/she has not tasted before					
1-	1. If given the chance, the child would always have food in his/her mouth					
12	2. The child eats more when anxious					
13	3. If allowed to, he/she would eat too much					
14	4. The child eats less when he/she is upset					
15	5. The child leaves food on his/her plate at the end of a meal					
16	6. The child eats less when he/she is angry					
17	7. The child eats more and more slowly during the course of a meal					
18	3. The child eats more when annoyed					
19	9. Consider whether this applies to your child during the last 6 months					
	Has your child ever eaten what most people would think was a really big amount of food?		No	Yes		
2	2. Did you have the impression that the child could not stop eating or that the cl could not control what or how much he/she was eating?	hild				
			2 times a week or more		More seldom	Never
3	3. How often has your child eaten a really big amount of food when you at the same time had the impression that he/she was out of control?					
ļ	About language and school					
20	D. How often you think this is typical for your child	Never or rarely	Some- times	Ofte	∙n	Very often
1	I. Forgets words s/he knows – e.g. instead of "rhinoceros" may say "you know, the animal with the horn on its nose"					
2	2. Uses terms like "he" or "it" without making it clear what s/he is talking about. For instance, when talking about a film, might say "he was really great" without explaining who "he" is.					
3	Misses the point of jokes and puns (though may be amused by nonverbal humour such as slapstick).					
4	 Can be hard to tell if s/he is talking about something real or make-believe. 					

	Sjelden eller aldri	En gang i blant	Regel- messig	Ofte eller bestandig
 Leaves out past tense – ed endings on words, May for instance say "John kick the ball" instead of "John kicked the ball", or "Eva buy soda" instead of "Eva bought soda". 				
6. Takes in just 1-2 words in a sentence, and so misinterprets what has been said. E.g. if someone says "I want to go skating next week", s/he may think they've been skating, or want to go now.				
 Gets the sequence of events muddled up when trying to tell a story or describe a recent event. E.g. if describing a film, might talk about the end before the beginning. 				
8. Doesn't explain what s/he is talking about to someone who doesn't share his/her experiences; for instance, might talk about "Jon" without explaining who he is.				
9. It is hard to make sense of what s/he is saying, even though the words are clearly spoken.				
 Uses appropriate language to talk about what s/he plans to do in the future (e.g. what s/he will do tomorrow, or plans for going on holiday). 				
11. You can have an enjoyable, interesting conversation with him/her.				
12. Produces long and complicated sentences such as: "When we went to the park I had a go on the swings"; "I saw this man standing on the corner".	e 🗌			
13. Uses words that refer to whole classes of objects, rather than a specific item. E.g. refers to a table, chair and drawers as "furniture", or to apples bananas and pears as "fruit".	,			
 Speaks fluently and clearly, producing all speech sounds accurately and without hesitation. 				
 Explains a past event clearly (e.g. what s/he did at school or what happened at a football game). 				
16. When answering a question, provides enough information without being over-precise.				
21. Mark each statement according to how well you think it fits your chil	ld.			
between 1 and 5 depending on how well you think it fits your child, even if the statement is only partially right.	not fit/ pletely rong 1 2	Both yes and no 3	4	Fits well/ absolutely right 5
Mixes up words with similar meaning				
2. Has difficulty understanding what ordinary words mean				
3. Has difficulty answering questions as quickly as others				
4. Is often searching for the right words				
5. Has difficulty in using complete sentences				
6. Is using short sentences when s/he is responding to questions				
7. Has difficulty in retelling a story s/he has heard				
8. Forgets words s/he knows the meaning of				
22. How is your child enjoying school?				
☐ Very poor ☐ Poor ☐ Ok ☐ Well ☐ Very well				

23. How is the school orga	nized?								
Open classrooms									
Set classrooms			Hov	w many studen	ts are the	re in the child's	class?		
24. Does your child have a	place in an afte	rschool _l	orog	ıram?					
☐ No ☐ Yes, the child spe	ends approximate	ely		hours per we	ek at an a	fterschool prog	ram.		
25. All children take manda Parents are usually informed						ng and arithme	tic in 2n	d grade.	
What feedback have you gotten about your child?	Has ma subject			Must work module but teacher is reconcerned		Teacher is concerned		Don't ki not discu with tea	ıssed
Reading skills in 1st grade]							
Reading skills in 2nd grade	е]							
Arithmetic skills in 2nd gra	nde]							
00 Haara 1 1 1 1 1 1 1	to atata								
26. Has an administrative of (Cross off for each line.)	iecision been m	ade abou	ut yo	our child need	tor speci	If yes, how much	holp has	boon allo	oatod?
					_	Minimal	Some		A lot
			No	Yes	(le	ess than 3 h/week)	(3-5 h/we		6 h/week or more)
In Norwegian language?									
In arithmetic?									
In other subjects?									
Does your child receive any other educational support?									
Does your child get extra help (e. because of a disability or a development		school							
27. About homework		No							7 hours
Approximately how many ho	urs per week	No homewo	ork	0 hour	1-2 hours	3-4 hours	5-6 h	ours	7 hours or more
does your child spend doin at home?	ng homework								
does your child get help do at home?	oing homework								
does your child get help do at school or afterschool?	oing homework								
28. Enter a cross indicating	g what your child	d master	s:				Yes	Partially	Not yet
1. Reads simple stories alo	ud, with ease, wh	nen asked	d.						
2. Identifies all lowercase p	rinted letters (i.e.	a,b,c) an	ıd up	opercase (i.e. A	,B,C) of th	ne alphabet			
3. Reads (aloud or covertly) children's books, cartool		s texts su	uitab	le for 7-8 year	olds (e.g.	simple			
4. Writes simple information e-mail, SMS etc.) May m						notes,			
5. Writes reports, papers, o May make small errors in					mputer.				

29. About your child's langu	age s	skills		Verv				
			C	difficult 1	2	3	4	Very easy 5
 How easy is it for you to un saying to you? 	ders	tand what your child is						
How easy is it for <u>strangers</u> child is saying?	to u	nderstand what your						
				Very poor	Poor	Average	Good	Very good
3. How do you rate your child'	s abil	ity to tell a story?						
How would you rate your count own needs in a way unders		ability to communicate his/he able to adults and friends?	r					
30. How often do you read to your child?	lever	☐ 1-2 times a week ☐ 3	-4 tim	ies a weel	< □5–	6 times a v	week 🗆 E	very day
31. a) How long does your child like to sit still and be read to? (Mark only one)		31. b) How long does your child sit still and read by him/herself?		like to r	ead by h	im/herself	s does your ?? ost usual)	child
Is never read to		Never reads by him/herself		Does n	ot like to	read by hir	m/herself	
5 minutes or less		5 minutes or less		Picture	books (o	nly a few v	vords)	
6-15 minutes		6-15 minutes		Simple	stories, bo	th images a	and text on ea	ach page
16-45 minutes		16-45 minutes		Books	with chap	ters (almo	st text only)	
More than 45 minutes		More than 45 minutes		Do not	know			
32. Consider these statemen	ts ab	out cooperation and commu	nicat	ion betwe	een parei	nts and so	chool	
		•		Ve	•	Quite	Not very	Not true
				tro	ue _	true	true	at all
I/we are well informed about o	ur ch	ild's curriculum at school		L		Ш		
I/we get sufficient information a coping at school	about	t how our child is enjoying and						
I/we are not well included in di development	scus	sions about our child's social						
I/we get little information about at school	t how	our child learns his/her subje	ects					
33. About how many hours d 8 hours or less	oes to		_	ghts? ☐ 12 hours	s or more			
34. On the whole, do you thin		e child currently has problem No Yes	ıs in (one or mo	ore of the	following	g areas?	
Concentration	[
Behavior	[
Emotions	[
Getting along with others	[
Language	[No	Yes, a li	ttlo Vos	, a lot
1. If yes, is the child disturbed	or bo	othered by these problems?				1 es, a II	ille Tes	, a lot
2. Do these problems affect the			wing a	areas?				
- At home/with the family							[
- In relationships with friend	S							
- Learning at school							[

ABOUT YOU

Work, household									
35. Are you currently in paid employment?	•	36. What is	s your highe	st level of	complete	ed educa	tion?		
YesYes, but I am on partial sick leaveYes, but I am on full sick leaveNo		☐ 1 − Voc ☐ Ger	ear elementa 2 years in hi cational high neral studies, llege, univers llege, univers	gh school school 3-year hig ity up to 4	gh school years	5			
37. How many children (under 20) live in yo	our househ	old? Numbe	er of children						
38. Who do you live with, other than your own child? Spouse Partner Other children Other people No one									
•									
About exercise, weight ar	nd eatii	ng							
40. How physically active are you? Here w breath or sweat. Include activities both at					h you bed	come sho	ort of		
			•						
Duration of activity where you become breathless or sweaty (Cross off for each line)	Never	Less than once per week	How often		3-4 tim		5 times or more per week		
Duration of activity where you become breathless or sweaty (Cross off for each line) Less than 30 minutes	Never	once per	How often	? 2 times			or more		
athless or sweaty (Cross off for each line)	Never	once per	How often	? 2 times			or more		
athless or sweaty (Cross off for each line) Less than 30 minutes	Never	once per	How often	? 2 times			or more		
athless or sweaty (Cross off for each line) Less than 30 minutes Between 30-60 minutes More than 60 minutes 41. What is your current height and weight Height cm Weight 42. Have you ever had a period of time who		once per week	How often Once per week	? 2 times per week	per we	ek	or more		
athless or sweaty (Cross off for each line) Less than 30 minutes Between 30-60 minutes More than 60 minutes 41. What is your current height and weight Height cm Weight		once per week	How often Once per week	? 2 times per week	per we	ould?	or more per week		
athless or sweaty (Cross off for each line) Less than 30 minutes Between 30-60 minutes More than 60 minutes 41. What is your current height and weight Height cm Weight 42. Have you ever had a period of time wh		once per week	How often Once per week	? 2 times per week	per we	ek	or more		
athless or sweaty (Cross off for each line) Less than 30 minutes Between 30-60 minutes More than 60 minutes 41. What is your current height and weight Height cm Weight 42. Have you ever had a period of time what where the company of the com	t?	once per week	How often Once per week	? 2 times per week	per we	ould?	or more per week		

43. During the last year, have you ever had e large amount of food in a short period of tim		ges when you are t		opio irouic	i regaru as a	in unusuany
☐ No (go to question 44)						
Yes			_			
In the period when you had the most numb how many times did this happen in the cou						
Did you feel that your eating was out of control?	Hov	w upset or distressed	did binge eatir	ng usually ma	ke you feel?	
□ No		Not at all				
Yes, somewhat out of controlYes, absolutely out of control		Somewhat Very much				
44. During the last year, have you used any o	of the follo	owing methods to	control vour	shape or w	eight?	
The second secon				Some-	_	Several times per
Make yourself vomit			Never	times	Weekly	week
Use laxatives or diuretic pills						
Fast or not eat for 24 hours or more						
Use diet pills						
Exercise more than two hours per day						
45. In general, how important is shape and w	veight for 2	your self-esteem?	5			
Not important at all				The most	important thin	g
Pregnancy and illness						
46. Are you pregnant now? ☐ No ☐ Yes						
47. Have you given birth in the past year?	□ No □	Yes				
48. Do you have/ have you had any of the fol	lowing dis					
No	o, never	Not now, but in the past	Yes, now		ve you been tr the problem/ill	
				No		ness?
1. ADHD)	Yes
		_				
2. Reading and writing difficulties						
2. Reading and writing difficulties3. Anorexia						
3. Anorexia 4. Bulimia						
3. Anorexia 4. Bulimia Do you have or have you had any other seriously.						
3. Anorexia 4. Bulimia Do you have or have you had any other serious No Yes If yes, what was the name	of the illn	ess (es)?				
3. Anorexia 4. Bulimia Do you have or have you had any other serio	of the illn	ess (es)?				_
3. Anorexia 4. Bulimia Do you have or have you had any other serious No Yes If yes, what was the name	of the illn	now	t week? (Ma	ark one box	per line.)	Yes
3. Anorexia 4. Bulimia Do you have or have you had any other serion No Yes If yes, what was the name A little more about how you had any other serion No Yes If yes, what was the name A little more about how you had any other serion No Yes If yes, what was the name A little more about how you had any other serion No Yes If yes, what was the name A little more about how you had any other serion No Yes If yes, what was the name A little more about how you had any other serion No Yes If yes, what was the name A little more about how you had any other serion No Yes If yes, what was the name A little more about how you had any other serion No Yes If yes, what was the name A little more about how you had any other serion No Yes If yes, what was the name A little more about how you had any other serion No Yes If yes, what was the name A little more about how you had any other serion No Yes If yes, what was the name A little more about how you had any other serion No Yes If yes, what was the name A little more about how you had any other yes If yes, what was the name A little more about how you had any other yes If yes, what was the name A little more about how you had any other yes If yes, what was the name A little more about how you had any other yes If	e of the illn u are	ness (es)? NOW you during the pas	t week? (Ma	ark one box a		Yes Control C
3. Anorexia 4. Bulimia Do you have or have you had any other serion No Yes If yes, what was the name A little more about how yo	e of the illn u are	ness (es)? NOW you during the pas	t week? (Ma	ark one box a	per line.) me- Very	Yes Control C
3. Anorexia 4. Bulimia Do you have or have you had any other serious No Yes If yes, what was the name A little more about how you have the following problems to the serious No Yes If yes, what was the name No Yes If yes If yes, what was the name No Yes If	u are	ness (es)? NOW you during the pas	t week? (Ma	ark one box a	per line.) me- Very	Yes Control C

50. How much do you agree with these descriptions? (**) (Mark one box per line.)	Strongly dis- agree	Dis- agree	Slightly dis- agree	Neither agree nor disagree	Slightly agree	Agree	Strongly agree					
1. In most ways my life is close to my ideal												
2. The conditions of my life are excellent												
3. I am satisfied with my life												
4. So far I have gotten the important things I want in life												
5. If I could live my life over, I would change almost nothing												
51. In the past 6 months have you experienced any of the following? Yes No												
1. A spell or attack when all of sudden you felt frightened, anxious	or very u	neasy?										
Spells or attacks when for no reason your heart suddenly began to race, you felt faint, or you couldn't catch your breath?												
3. If you have had such attacks, did they ever happen in a situation where you were not in danger or not the center of attention?												
52. During the last 2 weeks have you been bothered by any of the following? (**) (Mark one box per line.)												
Constantly fearful or anxious	Not	at all	A litt	ile (Quite a bit	Ext	tremely					
Nervousness or shakiness inside	[<u> </u>										
Feeling hopeless about the future	[_ _										
4. Feeling blue	[<u> </u>										
5. Worrying too much about things	[
6. Feeling that everything is an effort	[
7. Feeling tense or keyed up	[
8. Suddenly scared for no reason	[
53. Do you have anyone other than your spouse / partner who you can ask advice from in a difficult situation? 54. How often do you meet or talk on the telephone with family (outside the household) or close friends?												
NoYes, 1-2 people	Several times per week1-4 times per month											
Yes, more than 2 people	Less often											
55. Below are a number of statements about your family. The Nonetheless, please rate each item according to how often it					w you ar	e in yo	ur family.					
(Mark one box per line.)		Neve	Alm r ne\		me- nes C	ften	Always					
You let your child know when he / she is doing a good job with something												
2. You threaten to punish your child and then do not actually puni	sh him/he	r 🗌										
3. Your child fails to leave a note or let you know where he /she is	going											
 Your child talks you out of being punished after he/she has dor something wrong 	ne											
Your child stays out in the evening after the time he / she is supposed to be home												
6. You compliment your child after he / she has done something v	vell											
7. You praise your child if he / she behaves well												
8. Your child is out with friends you do not know												
You let your child out of a punishment early (like lift restrictions earlier than you originally said)												

Alcohol and smoking											
56. Do you smoke <u>now</u> ? If yes, how many cigarettes?	57. Does th	e child's	father sm	oke? If ve	s. how m	ianv					
☐ Do not smoke	57. Does the child's father smoke? If yes, how many cigarettes?										
☐ Smokes sometimes, no. of. cigarettes per week:	☐ Does not smoke ☐ Smokes sometimes, no. of. cigarettes per week:										
☐ Smoke daily, no. of. cigarettes daily:	☐ Smoke daily, no. of. cigarettes daily:										
58. How often do you drink alcohol now? About 6-7 times per week About 1-3 times per mor Less than once a month About 2-3 times per week Never About once per week		Units of alcohol In order to compare amounts of different types of drinks, we ask you about consumption of what is called alcohol units (= 1,5cl pure alcohol). In practice that means: 1 glass (1/3 litre) of beer = 1 unit 1 glass of red or white wine = 1 unit 1 small glass of sherry or other fortified wine = 1 unit 1 drink of liquor or liqueur = 1 unit 1 bottle of alcopops or cider = 1 unit									
59. How many alcohol units do you have on a typical day when you are drinking? ☐ 10 or more ☐ 7-9 ☐ 5-6 ☐ 3-4 ☐ 1-2 ☐ Less than 1											
60. How often during the last year		Never	Less than monthly	Monthly	Weekly	Daily/ almost daily					
have you had 6 or more drinks on one occasion?											
have you found that you were not able to stop drinking onc you had started?	е										
have you failed to do what was normally expected from you because of drinking?	ı										
have you needed a first drink in the morning to get yourself after a heavy drinking session?	going										
have you had a feeling of guilt or remorse after drinking alco	ohol?										
have you been unable to remember what happened the nig before because you had been drinking alcohol?	ht										
		No		Yes, but not i the last year		Yes, during the last year					
Have you or someone else been injured as a result of you drin	iking?										
Has a relative, friend or doctor (or other health worker) been c about your drinking or suggested that you cut down?	oncerned										
Notes: (*): The phrasing differs somewhat from the official English version of the instrum (**): In this questionnaire we have included the original English instrument on whi (pregnancy to 5 years) an English version was created by translating the Norweg between the original and the translated English versions of the instrument. The N	ich the Norwegiar jian instrument ba	n version of ack into Engl	the instrumen lish. This is th	t was built. In e	the earlier q						