# Questions documentation Ung Helse 1/Young health 1

The Norwegian Mother and Child Cohort Study (MoBa)

MoBa 2. generation who are above 18 years of age and older when the survey is sent out

Version	Date	Performed by	Description
1.0	27.08.24	Siri Håberg (FHI) Katrine Kranstad (FHI)	Original version
2.0	27.08.25	Katrine Kranstad (FHI)	Version B has been included in the documentation

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#### MODEL STRUCTURE OF WHAT IS PRESENTED PER INSTUMENT/SECTION

#### Instrument

#### 1. Name of original instrument/question:

Original name of scale (<u>no name</u> if only single question)
List wording of questions included in the section (with number from questionnaire in

front) and write response categories (with values used in the dataset)

#### 2. Description of original scale or selection of items used

Description of analytical approaches for selecting just a sample of items from a scale If single question. NOT RELEVANT

If selection of established short version, make referral to literature and/or use Where does the Q/scale come from, what is it meant to measure. Description of number of items, subscales. Where the Q/scale has been used and any information that give insight into what instrument this is.

Primary references of the instrument as well as important secondary publications if relevant.

#### 3. Rationale for choosing the instrument:

What is it meant to measure and IF RELEVANT: Why this measure was chosen (if relevant).

#### 4. Modifications:

Describe modifications during the study from one version to another.

Write if omitted or added from one version to another

#### NOTE 1:

We want to emphasize changes from version A to version B have resulted in inconsistent numbering. The instrument documentation was originally written based on version A, and later version B was added. This has led to question numbers and variable names not always being in sequence. The question numbers are from version B, while variables only present in version A have retained their numbering from the earlier version.

If you have any comments that may improve this document, please contact <a href="mobaadm@fhi.no">mobaadm@fhi.no</a>.

## **Education and income**

Q		Response options	Variable
1		Student/school student	name
1			UH11
		Full-time employee	UH12
	What do you usually do?	Part-time employee	UH13
		Self-employed	UH14
		Job seeker/unemployed	UH15
		Long-term sick leave, disabled, early retirement	UH16
		Military service	UH17
	[Multiple choice]	Gap year	UH18
		Parental leave	UH19
		Stay-at-home	UH20
		Other	UH21
2		Lower secondary school	UH22
		Vg1/basic competency (vocational)	UH23
		Vg1 (college preparatory)	UH24
	****	Vg2 (vocational)	UH25
	What is your current	Vg2 (college preparatory)	UH26
	highest completed (passed)	Trade certificate/journeyman's certificate (vocational)	UH27
	level of education?	Vg3 (college preparatory)	UH28
		Supplemental program for general university admissions certification	UH29
		Vocational school degree/master craftsman's certificate	UH30
	[Multiple sheige]	University/college up to 4 years (Bachelor's degree)	UH31
	[Multiple choice]	University/college over 4 years (Master's degree)	UH32
		PhD/Doctorate	UH33
		Other	UH34
		Don't know	UH35
3		Lower secondary school or no planned education	UH36
		Vg1/basic competency (vocational)	UH37
		Vg1 (college preparatory)	UH38
		Vg2 (vocational)	UH39
	What is the highest level	Vg2 (college preparatory)	UH40
	of education you expect to	Trade certificate/journeyman's certificate (vocational)	UH41
	complete?	Vg3 (college preparatory)	UH42
	complete.	Supplemental program for general university admissions certification	UH43
		Vocational school degree/master craftsman's certificate	UH44
	[Multiple choice]	University/college up to 4 years (Bachelor's degree)	UH45
		University/college over 4 years (Master's degree)	UH46
		PhD/Doctorate	+
			UH47
		Other	UH48
		Don't know	UH49

4	What was your ( <i>last</i> **) annual income before tax last year? (including study grants, pension payments, part-time jobs, capital	<ol> <li>Less than 24.999 kr.</li> <li>25.000 - 49.999 kr.</li> <li>50.000 - 74.999 kr.</li> <li>75.000 - 99.999 kr.</li> <li>100.000 - 149.999 kr.</li> <li>150.000 - 199.999 kr.</li> <li>200.000 - 249.999 kr.</li> </ol>	
	income, and transfers)	8. 250.000 - 299.999 kr. 9. 300.000 - 349.999 kr. 10. 350.000 - 399.999 kr.	UH50
	** The word "last" was removed in version B.	11. 400.000 - 449.999 kr. 12. 450.000 - 499.999 kr. 13. 500.000 - 599.999 kr.	
	[Radio buttons]	14. 600.000 – 599.999 kr. 15. 700.000 kr or more 16. Don't know	

Q1: Inspired by questions from BSIG-18 and BSIG-25. Parental leave, gap years, and staying at home are added. Q2-3: The categories are formed based on the Danish Statistics educational qualifications using the International Standard Classification of Education (ISCED2011). Q4: Formulated by researchers for the purpose of this MoBa questionnaire.

#### 3. Rationale for choosing the questions:

Capture the current situation of the respondents and to collect data on their level of ambition when it comes to completion of higher education. The questions have been developed in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

#### 4. Revision during the data collection period:

Change in question 4: During the data collection period, the question wording was revised from version A to version B. The word "last" was removed from the original version.

# Height and weight

Q		Response options	Variable name
5	How tall are you (provide the answer in centimeters)?  [Number box]	(integer, min: 0 cm, max: 250 cm)	UH51
6	How much do you weigh (provide the answer in kilograms)?  [Number box]	(integer, min: 1 kg, max: 400 kg)	UH52

#### 2. Description of original instrument:

Q5-6: Questions from MoBa Child 14 and other MoBa questions where height and weight are covered.

# 3. Rationale for choosing the questions:

To ensure consistency across the MoBa questionnaires. These questions were designed to enable calculation of BMI.

# **4. Revision during the data collection period:** No revisions have been made.

# Values and attitudes

Q			Response options	Variable name
	more impo	nave listed five life goals/topics. Ho rtant the life goal/topic is to you, t is not important to you at all at the	the more points you should assig	gn it. If the life
7		ny educational or career ambitions		UH53
8		my hobbies and other personal	1. Not important 2.	UH54
9	Version A	Having children	$\frac{1}{3}$ .	UH55
9	Version B	Have children / take care of the children I have.	 10. Important	UH332
10	Maintaining	g contact with friends		UH56
11	Living with	a partner		UH57
12	you try to a		0. Avoid risk 1. 2 10. Willing to take risk	UH58
13.1	How often in the eveni			UH59
13.2	How often during the r		<ol> <li>Never/seldom</li> <li>Sometimes</li> <li>1-2 times a week</li> <li>At least 3 times a week</li> </ol>	UH60
13.3		do you feel tired or sleepy during		UH61
14	How many on a weekd	hours of sleep do you typically get ay? (May differ from the number u spend in bed)	<ol> <li>Less than 4 hours</li> <li>5 hours</li> <li>6 hours</li> <li>7 hours</li> <li>8 hours</li> <li>9 hours</li> <li>10 hours</li> <li>11 hours</li> <li>12 hours or more</li> <li>Don't know</li> </ol>	UH62

- Q7-11: Question originally used in the German Pairfam Panel Survey. The question has been modified to fit a Norwegian context.
- Q12: From the German Socio-Economic Panel Study.
- Q13: The questions about sleep problems are inspired by some of the measures included in the "Bergen Insomnia Scale". Only the problems evaluated as relevant in the context of this questionnaire are included.
- Q14: Description of original instrument: MoBa specific questions adapted for epidemiological studies to capture sleep patterns, including sleep length, time in bed. These items were first implemented in the SHOT study (Sivertsen et al., 2019) and were inspired by the Consensus Sleep Diary (Carney et al., 2012).

#### 3. Rationale for choosing the questions:

The questions aim give a multidimentional picture of the life goals of the respondents. The selection of questions has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

#### 4. Revision during the data collection period:

Change in question 9: During the data collection period, a response option in question 9 was revised from version A to version B. The original response option "Having children" was changed to "Have children / take care of the children I have."

# Nicotine use

Q		Response options	Variable name
Vers	ion A		
15	Do you smoke cigarettes (do not include e-cigarettes)?  [Radio buttons]	<ol> <li>No, I have never smoked</li> <li>No, but I have smoked in the past</li> <li>Yes, occasionally (less than 1 cigarette per day)</li> <li>Yes, daily</li> </ol>	UH63
Vers	ion B	, ,	L
15	Do you smoke cigarettes (do not include e-cigarettes)?  [Radio buttons]	<ol> <li>No, I have never smoked</li> <li>No, but I have tried it a few times</li> <li>No, but I have smoked in the past</li> <li>Yes, occasionally (less than 1 cigarette per day)</li> <li>Yes, daily</li> </ol>	UH333
Vers	ion A and B	21 100, 00115	
15.1	How many cigarettes do you smoke on average per day?  This element will only be displayed if option 4 "Yes, daily" was selected in question 15, "Do you smoke cigarettes (do not include e-cigarettes)?"  [Number box]	(Integer, Min: 0, Max: 99)	UH64
16	Do you vape/use e-cigarettes?  [Radio buttons]	<ol> <li>No, I have never used it</li> <li>No, but I have tried it a few times</li> <li>No, but I have used it before</li> <li>Yes, occasionally</li> <li>Yes, daily</li> </ol>	UH65
17	Do you use snus/nicotine pouches?  [Radio buttons]	<ol> <li>No, I have never used snus</li> <li>No, but I have tried snus a few times</li> <li>No, but I have used snus before</li> <li>Yes, occasionally</li> <li>Yes, daily</li> </ol>	UH66
17.1	How many portions of snus do you typically use per day?  This element will only be displayed if option 4 "Yes, daily" was selected in question 17, "Do you use snus/nicotine pouches?"  [Number box]	(Integer, Min: 0, Max: 99)	UH67

- Q15: Question inspired by "Danskernes Sundhed Den Nationale Sundhedsprofil". The categories have been modified.
- Q16: Not a validated question.
- Q17: Not a validated question. Inspired by the smoking question from "Danskernes Sundhed Den Nationale Sundhedsprofil".

#### 3. Rationale for choosing the questions:

Included to capture the smoking, vaping and snus habits of the 2<sup>nd</sup> Generation MoBa cohort. The selection of questions has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

## 4. Revision during the data collection period:

New response option added to question 15: During the data collection period, a new response option was added to question 15 in version B: "No, but I have tried a few times."

# Alcohol and caffeinated beverages

Q		Response options	Variable name
18	Do you drink alcohol?  [Radio buttons]	1. Yes 2. No	UH68
18.1	How often do you drink alcohol?  This element will only be displayed if option 1 "Yes" was selected in question 18, "Do you drink alcohol?"  [Radio buttons]	<ol> <li>Less than once a month</li> <li>1-3 times a month</li> <li>Once a week or more</li> </ol>	UH69
18.1.1		(Integer, min: 0, max: 99)	UH70
18.2.1	How often do you consume more than four units on a single occasion?  This element will only be displayed if option 1 "Yes" was selected in question 18, "Do you drink alcohol?"  [Radio buttons]	<ol> <li>Never</li> <li>Less than once a moth</li> <li>1-3 times a month</li> <li>Once a week</li> <li>Twice a week</li> <li>3-4 a week</li> <li>5-6 times a week</li> <li>Every day</li> </ol>	UH71
19	Do you consume caffeinated beverages (coffee, tea, energy drinks, cola, etc.)?  [Radio buttons]	<ol> <li>Never</li> <li>1-3 times a month</li> <li>Once a week</li> <li>Twice a week</li> <li>3-4 times a week</li> <li>5-6 times a week</li> <li>Every day</li> </ol>	UH72
19.1.1	Number of cups of coffee per day  This element will only be displayed if option 7 "Every day" was selected in question 19, "Do you consume caffeinated beverages (coffee, tea, energy drinks, cola, etc.)?"  [Dropdown list]	1. 0 2. 1 3. 2 4. 3  14. 13 15. 14 or more	UH73

19.2.1	Number of cups of tea per day  This element will only be displayed if option 7 "Every day" was selected in question 19, "Do you consume caffeinated beverages (coffee, tea, energy drinks, cola, etc.)?"  [Dropdown list]		UH74
19.3.1	Number of colas (Coca Cola, Pepsi, etc.) 3 glasses constitute 0.5 liter  This element will only be displayed if option 7 "Every day" was selected in question 19, "Do you consume caffeinated beverages (coffee, tea, energy drinks, cola, etc.)?"  [Dropdown list]	1. 0 2. 1 3. 2 4. 3  14. 13 15. 14 or more	UH75
19.4.1	Number of energy drinks (Red Bull, Monster, Burn, etc.) (33 cl.) per day  This element will only be displayed if option 7 "Every day" was selected in question 19, "Do you consume caffeinated beverages (coffee, tea, energy drinks, cola, etc.)?"  [Dropdown list]		UH76

- Q18: Not a validated question.
- Q18.1: Inspired by "Danskernes Sundhed Den Nationale Sundhedsprofil".
- Q18.2: Question used in BSIG-18 and BSIG-25. Changed from 5 to 4 units due to changes in the definition from Sundhedsstyrelsen.
- Q19: Not a validated question.

#### 3. Rationale for choosing the questions:

Questions were designed to assess the participants' current intake of caffeinated beverages and alcohol consumption. The selection of questions has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

#### 4. Revision during the data collection period:

No revisions have been made.

#### Physical activity

Q		Response options	Variable name
20	How many hours per week do you engage in vigorous physical activity where you become warm and breathless?  (activities that involve high heart rate, rapid breathing, and sweating)  [Radio buttons]	<ol> <li>Less than 1 hour per week</li> <li>1-2 hours per week</li> <li>3-4 hours per week</li> <li>5-7 hours per week</li> <li>8-10 hours per week</li> <li>11 hours or more per week</li> </ol>	UH77

#### 2. Description of original instrument:

• Q20: Question modified from the questionnaire "Healthy Body Image Intervention" from the Norwegian School of Sport Sciences.

#### 3. Rationale for choosing the questions:

Questions were designed to assess the average level of physical activity among participants, focusing specifically on activities of moderate to high intensity. The selection of the question has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

#### 4. Revision during the data collection period:

No revisions have been made.

# **Overall health**

Q		Response options	Variable name
21	Has a doctor ever told you that you have conditions? [Radio buttons]	one or more of the following diseases	or
21.1.1 21.1.2 21.1.3 21.1.4 21.1.5 21.1.6 21.1.7	Diabetes 1 Diabetes 2 Anxiety Depression Asthma Cancer (with chemotherapy as treatment) Cancer (without chemotherapy as	<ol> <li>Yes, I have had it</li> <li>Yes, I have it</li> <li>No</li> <li>Don't know</li> </ol>	UH78 UH79 UH80 UH81 UH82 UH83
21.1.8	infections in 6 months or >3 infections in 1 year)		UH85
22	How often in the last 4 weeks have you tal	ken any of these medications? [Radio	o buttons]
22.1.1	Over-the-counter medicine containing Paracetamol (Paracet, Pinex, or similar)	Not taken the past 4     weeks     Less than once a week	UH87
22.1.2	Over-the-counter medicine containing NSAID (Ibuprofen, Ibux, or similar)	<ul><li>3. Weekly, but not daily</li><li>4. Daily</li></ul>	UH88
22.1.3	Other prescription medicine		UH89
23	How would you describe your overall health?  [Radiobuttons]	<ol> <li>Excellent</li> <li>Very good</li> <li>Good</li> <li>Fair</li> <li>Poor</li> </ol>	UH90
24	How often in the past 2 weeks have you fe	It like this? [Radio buttons]	
24.1.1	Felt nervous, anxious, or on edge	1. Not at all	UH91
24.1.2	Not being able to stop or control worrying	2. 1 day	UH92
24.1.3	Little interest or pleasure in doing things	3. Several days	UH93
24.1.4	Felt down, depressed, or hopeless	<ul><li>4. More than half of the days</li><li>5. Almost every day</li></ul>	UH94
25	How often in the past 2 weeks have you fe	lt like this? [Radio buttons]	
25.1.1	How often do you feel isolated from others?	1. Never	UH95
25.1.2	How often do you feel like you're missing someone to be with?	<ul><li>2. Rarely</li><li>3. Sometimes</li></ul>	UH96
25.1.3	How often do you feel left out?	4. Often	UH97

26	How satisfied are you with your life overall?  [Radio buttons]	<ol> <li>Not satisfied at all</li> <li>Quite dissatisfied</li> <li>Slightly dissatisfied</li> <li>Neither satisfied nor dissatisfied</li> <li>Somewhat satisfied</li> <li>Quite satisfied</li> <li>Very satisfied</li> </ol>	UH98
27	Imagine that this ladder represents the structure of the Norwegian society today. At the top (level 10) are the people who has the highest status in the society. At the bottom (1 on the scale) are those who has the lowest status. When you think about yourself now, where would you place yourself on this ladder? Choose a number from the ladder to indicate where you are now compared to other people in Norway	1 - 1 2 - 2 3 - 3  10-10	UH99

- Q21: The wording of the question is inspired by "The Bodily Distress Syndrome 25 from DANFUND". The categories have been changed from yes/no.
- Q22: The question and response options are from the MoBa 18-year questionnaire and modified with questions from the "Fetal Programming of Semen Quality" Cohort. Items were decided by the PI group.
- Q23: Question from Self-rated Health: SF 12. Used in BSIG-18 and BSIG-25.
- Q24: Question from Patient Health Questionnaire PHQ-4.
- Q25: Question from Three Item Loneliness Scale. Hysing, M., Petrie, K. J., Bøe, T., Lønning, K. J., & Sivertsen, B. (2020). Only the lonely: a study of loneliness among university students in Norway
- Q26: Question from the "Understanding Society Survey".
- Q27: Question from the "MacArthur Scale of Subjective Social Status".

#### 3. Rationale for choosing the questions:

The selection of the questions has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

These questions were designed to assess:

- The participants' previous and current health conditions as diagnosed by a physician, covering both somatic and mental health conditions.
- The participants' use of both non-prescription and prescribed medications
- The participants' perception of their own overall health, not distinguishing between somatic and mental health.
- The participants' depressive and anxious symptomatology
- The participant's feeling of loneliness, covering both relational, social, and intimate loneliness.

- The participants' overall life satisfactionThe participant's perception of own social status

# **4. Revision during the data collection period:** No revisions have been made.

# Drugs

Q		Response options	Variable name
28	Have you used any of the following substances in the past 3 months?	Anabolic steroids Cannabis, marijuana or pot Amphetamine Ecstasy/MDA/MDMA Fantasy/GHB Sedatives or sleeping pills Cocaine	UH100 UH101 UH102 UH103 UH104 UH105 UH106
	[Multiple choice]	Ketamine LSD Opiates (heroin, morphine, methadone) Psychedelic mushrooms Sniffing solvents or lighter gas	UH107 UH108 UH109 UH110 UH111
	How often do you use the following subs	Inhaling nitrous oxide (laughing gas) Other No, I have not taken any of them	UH112 UH113 UH114
28.1.1	Anabolic steroids  This element will only be displayed if "Anabolic steroids" was selected in question 28, "Have you used any of the following substances in the past 3 months?"	Tances on average. [Radio Sanons]	UH115
28.2.1	Cannabis, marijuana or pot  This element will only be displayed if "Cannabis, marijuana or pot" was selected in question 28, "Have you used any of the following substances in the past 3 months?"	<ol> <li>Do not use</li> <li>Once a month or less</li> <li>2-4 times a month</li> <li>2-3 times a week</li> </ol>	UH116
28.3.1	Amphetamine  This element will only be displayed if "Amphetamine" was selected in question 28, "Have you used any of the following substances in the past 3 months?"	5. 4 times a week or more 6. Don't know	UH117
28.4.1	Ecstasy/MDA/MDMA  This element will only be displayed if "Ecstasy/MDA/MDMA" was selected in question 28, "Have you used any of the following substances in the past 3 months?"		UH118

". 2 si	This element will only be displayed if "Fantasy/GHB" was selected in question 28, "Have you used any of the following substances in the past 3 months?"		UH119
28.6.1 S			
	Sedatives or sleeping pills		
2	This element will only be displayed if "Fantasy/GHB" was selected in question 28, "Have you used any of the following substances in the past 3 months?"		UH120
<b>28.7.1</b> C	Cocaine		
se a	This element will only be displayed if "Sedatives or sleeping pills" was selected in question 28, "Have you used any of the following substances in the past 3 months?"		UH121
28.8.1 K	Ketamine	1 D	
	This element will only be displayed if "Ketamine" was selected in question 28, "Have you used any of the following substances in the past 3 months?"	1. Do not use 2. Once a month or less 3. 2-4 times a month 4. 2-3 times a week 5. 4 times a week or more 6. Don't know	UH122
<b>28.9.1</b> L	LSD		
	This element will only be displayed if "LSD" was selected in question 28, "Have you used any of the following substances in the past 3 months?"		UH123
<b>28.10.1</b> C	Opiates (heroin, morphine, methadone)		
m	This element will only be displayed if "Opiates (heroin, morphine, methadone)" was selected in question 28, "Have you used any of the following substances in the past 3 months?"		UH124
<b>28.11.1</b> P	Psychedelic mushrooms		
ir th	This element will only be displayed if "Psychedelic mushrooms" was selected in question 28, "Have you used any of the following substances in the past 3 months?"		UH125

28.12.1	Sniffing solvents or lighter gas  This element will only be displayed if "Sniffing solvents or lighter gas" was selected in question 28, "Have you used any of the following substances in the past 3 months?"	1. Do not use 2. Once a month or less 3. 2-4 times a month	UH126
28.13.1	Inhaling nitrous oxide (laughing gas)  This element will only be displayed if "Inhaling nitrous oxide (laughing gas)" was selected in question 28, "Have you used any of the following substances in the past 3 months?"	4. 2-3 times a week 5. 4 times a week or more 6. Don't know	UH127

• Q28: Modified from questions in the "Fetal Programming of Semen Quality" Cohort. Ketamine added.

#### 3. Rationale for choosing the questions:

Questions were designed to assess the participants' current pattern of illegal substance use. The selection of questions has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

#### 4. Revision during the data collection period:

No revisions have been made.

# Relationships

Q		Response options	Variable name
Version A	4		
30.1.1	And how many months?  This element will only be displayed if option 0-12 were selected in question 30.1, "How long have you been in your current relationship with your boyfriend/girlfriend or partner/spouse?"  [Dropdown list]	1. 0 2. 1 3. 2  12. 11 13. 12 14. Don't remember	UH131
Version 1			
30.1.1	And how many months?  This element will only be displayed if option 0-12 were selected in question 30.1, "How long have you been in your current relationship with your boyfriend/girlfriend or partner/spouse?"  [Dropdown list]	1. 0 2. 1 3. 2  11. 10 12. 11 14. Don't remember	UH334
Version A			
29	Does the following statement apply to you? "There are many people who would find me attractive as a partner.  [Radio buttons]	<ol> <li>Yes</li> <li>No</li> <li>Don't know</li> </ol>	UH128
30	Do you have a boyfriend/girlfriend or partner/spouse? (**)  (**) Mandatory question in version A.  [Radio buttons]	<ol> <li>Yes, we are married and live together</li> <li>Yes, we are married and do not live together</li> <li>Yes, I have a romantic partner (boyfriend/girlfriend) and we live together</li> <li>Yes, I have a romantic partner (boyfriend/girlfriend) and we do not live together</li> <li>No</li> <li>Don't know</li> </ol>	UH129

30.1	How long have you been in your current relationship with your boyfriend/girlfriend or partner/spouse? Number of years.  This element will only be displayed if option 1-4 "Yes, ()" was selected in question 30, "Do you have a boyfriend/girlfriend or partner/spouse?"  [Dropdown list]	1. 0 2. 1 3. 2 4. 3  13. 12 14. More than 12 years	UH130
30.2	How satisfied are you with your relationship with your partner?(**) On a scale from 0 to 10, where 0 means 'not satisfied at all' and 10 means 'very satisfied'.  This element will only be displayed if option 1-4 "Yes, ()" was selected in question 30, "Do you have a boyfriend/girlfriend or partner/spouse?"  (**) Boyfriend/girlfriend or spouse was added in version B	0 - Not satisfied 2 3 4 10 - Very satisfied	UH132
	[Linear scale]		

- Q29: Question modified and originally used in the German Pairfam Panel Survey.
- Q30-30.1: Formulated by researchers for the purpose of this MoBa questionnaire
- Q30.2: The question is based on Gender and Generations Surveys (Gauthier et al. 2021) and the German panel survey PAIRFAM (Huinik et al. 2011).

#### 3. Rationale for choosing the questions:

The selection of the question has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa. Included in order to:

- Q29: Measure respondents' own perception of attractiveness
- Q30: Measure relationship status
- Q30.1: Measure duration of relationship
- Q30.2: Measure relationship satisfaction

# 4. Revision during the data collection period:

Revision of question 30.1.1: In the dropdown options for question 30.1.1 ("Choose number of months"), the response option "12" was removed from version A to version B.

Revision of question 30.2: The wording was changed from version A "your partner" to version B "your boyfriend/girlfriend or partner/spouse."

# Children

		Response options	Variable name
Version	A		
31	Do you think you want to have your own biological children/more biological children?  [Radio buttons]	<ol> <li>Yes, within the next 1-2 years</li> <li>Yes, within the next 3-4         years/further into the future</li> <li>No, I have the children I want</li> <li>No, I wish only to adopt</li> <li>No,I do not want to have children</li> <li>Don't know</li> </ol>	UH133
31.1	How many biological children do you want?  This element will only be displayed if option 1-2 "Yes, ()" was selected in question 31, "Do you think you want to have children/more children?"  [Radio buttons]	1. 1 2. 2 3. 3 4. 4 5. 5 6. 6 or more 7. Don't know 8. Do not wish to answer	UH134
31.2	How do you envision achieving pregnancy?  This element will only be displayed if option 1-2 "Yes, ()" was selected in question 31, "Do you think you want to have children/more children?"  [Radio buttons]	<ol> <li>Through intercourse</li> <li>Through fertility treatment</li> <li>Other</li> <li>Don't know</li> <li>Not relevant</li> </ol>	UH135
31.3	At what age do you want to have your first/next biological child? Please provide the age in years.	Number Box (Integer Min:18, Maks:70)	UH136
	This element will only be displayed if option 1-2 "Yes, ()" was selected in question 31, "Do you think you want to have children/more children?"	1. Don't know [Radio button]	UH137
31.4	At what age do you want to have your last biological child? Please provide the age in years.	Number Box (Integer Min:18, Maks:70)	UH138
	This element will only be displayed if option 1-2 "Yes, ()" was selected in question 31, "Do you think you want to have children/more children?"	1. Don't know [Radio button]	UH139

31.5	Have you and your partner started trying to conceive?  This element will only be displayed if option 1-2 "Yes, ()" was selected in question 31, "Do you think you want to have children/more children?"  [Radio buttons]	<ol> <li>Yes</li> <li>No</li> <li>Don't know</li> <li>Not relevant</li> </ol>	UH140
31.5.1	How long have you and your partner been trying to conceive?	Number Box (Integer Min:0, Maks:99)	UH141
	Please provide number of months.  This element will only be displayed if option 1 "Yes" was selected in question 31.5, "Have you and your partner started trying to conceive?"	1. Don't know [Radio button]	UH142
Version	В		
31.1	Do you think you want to have your own biological children/more biological children?  [Radio buttons]  When do you expect to have	<ol> <li>Yes, I want to have biological children / more biological children</li> <li>No, I do not want to have biological children</li> <li>No, I already have the biological children I want</li> <li>I cannot have biological children</li> <li>Don't know</li> </ol>	UH335
	children on your own/more biological children?  This element will only be displayed if option 1 "Yes" or "don't know" was selected in question 31, "Do you think you want to have your own biological children/more biological children?"  [Radio buttons]	<ol> <li>In the next 1-2 years</li> <li>In the next 3-4 years</li> <li>In 5 years or later</li> <li>Don't know</li> </ol>	UH336
31.2	How many biological children do you want?  This element will only be displayed if option 1 "Yes" or don't know" was selected in question 31, "Do you think you want to have your own biological children/more biological children?"  [Radio buttons]	<ol> <li>1. 1</li> <li>2. 2</li> <li>3. 3</li> <li>4. 4</li> <li>5. 5</li> <li>6. 6 or more</li> <li>7. Don't know</li> <li>8. Do not wish to answer</li> </ol>	UH337
31.3	How do you envision achieving pregnancy?	<ol> <li>Through intercourse</li> <li>Through fertility treatment</li> </ol>	UH338

	This element will only be displayed if option 1 "Yes" or don't know" was selected in question 31, "Do you think you want to have your own biological children/more biological children?"  [Radio buttons]	<ul><li>3. Other</li><li>4. Don't know</li><li>5. Not relevant</li></ul>	
31.4	At what age do you want to have your first/next biological child? Please provide the age in years.  This element will only be displayed	Number Box (Integer, Min: 18, Max: 70)	UH339
	if option 1 "Yes" or don't know" was selected in question 31, "Do you think you want to have your own biological children/more biological children?"	1. Don't know [Radio button]	UH340
31.5	At what age do you want to have your last biological child? Please provide the age in years.  This element will only be displayed	Number Box (Integer, Min: 18, Max: 70)	UH341
	if option 1 "Yes" or don't know" was selected in question 31, "Do you think you want to have your own biological children/more biological children?"	1. Don't know [Radio button]	UH342
31.6	Have you and your partner started trying to conceive?  This element will only be displayed if option 1 "Yes" or don't know" was selected in question 31, "Do you think you want to have your own biological children/more biological children?"	<ol> <li>Yes</li> <li>No</li> <li>Don't know</li> <li>A. Not relevant</li> </ol>	UH343
31.6.1	[Radio buttons]  How long have you and your partner been trying to conceive?  Please provide number of months.	Number Box (Integer Min:0, Maks:99)	UH344

	This element will only be displayed if option 1 "Yes" was selected in question 31.6, "Have you and your partner started trying to conceive?"	1. Don't know [Radio button]	UH345
Version	1 A and B		
32		may affect the desire to have children. How imsion about when and if you want to have childre	
32.1.1	That I have a partner who wants children		UH143
32.1.2	That I have completed my education	Not important at all	UH144
32.1.3	That I have a stable job	2. Not very important	UH145
32.1.4	That I/we have a home that is large enough	4. Important	UH146
32.1.5	That my friends have had children or are expecting children	5. Very important	UH147
32.1.6	That I start having children early enough so I don't end up having fewer children than I want		UH148
33	affected by having children - even	n how you believe your life will be/has been if you may not have plans to have them in the n you agree with the following statement:	
33.1.1	Support from children is valuable as one grows older	Strongly disagree	UH149
33.1.2	Having children makes life more meaningful	<ol> <li>Somewhat disagree</li> <li>Neither agree nor disagree</li> </ol>	UH150
33.1.3	Having children strengthens the relationship with my partner	<ul><li>4. Somewhat agree</li><li>5. Strongly agree</li></ul>	UH151
33.1.4	Having children will have a negative impact on my career		UH152
34	Have climate change made you consider not having children?  [Radio buttons]	<ol> <li>To a large extent</li> <li>To some extent</li> <li>To neither a high nor low extent</li> <li>To a low extent</li> <li>Not at all</li> <li>Don't know</li> </ol>	UH153

- Q31: Question modified and originally used in the German Pairfam Panel Survey.
- Q31.1: Formulated by researchers for the purpose of this MoBa questionnaire.
- Q31.2: Question modified from "The Swedish Fertility Awareness Questionnaire". The word "biological" has been added.
- Q31.3: Question from "The Swedish Fertility Awareness Questionnaire".
- Q31.4: Question from "The Swedish Fertility Awareness Questionnaire".
- Q31.5: Formulated by researchers for the purpose of this MoBa questionnaire.

- Q31.5.1: Formulated by researchers for the purpose of this MoBa questionnaire.. Inspired by BSIG Interview 1.
- Q32: Question from "The Swedish Fertility Awareness Questionnaire". Shortened from 13 items in the original scale.
- Q33: The question is based on Gender and Generations Surveys (Gauthier et al. 2021) and the German panel survey PAIRFAM (Huinik et al. 2011). The questions are shortened.
- Q34: Adapted from the "Klimabekymring får hver fjerde unge kvinde til at overveje fravalg af børn" survey by KRAKA analyse.

#### 3. Rationale for choosing the questions:

The selection of the question has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa. Included in order to:

- Q31 and Q31.2: Measure fertility intentions, their time horizon, and intended number of children
- Q31.1: Measure intended mode of having a child
- Q31.3 and Q31.4: Measure ideal age at first and last birth
- Q31.5 and Q31.5.1: Measure whether the respondent is currently trying to conceive, and if so for how long
- Q33, Q35: Measure factors influencing fertility choice
- Q34: Measure the general value of children, as perceived by the respondent

#### 4. Revision during the data collection period:

Revision of question 31: The response options regarding desire for children were revised from version A to version B. The new options specify *biological* children and include an option for those who cannot have biological children.

# Fecundity

Q		Response options	Variable name
35	Here are some statements about fertility (the abwhether you think the statements are true or fa		ren). Indicate
35.1.1	It is more difficult for a woman to become pregnant after she has turned 36 years old		UH154
35.1.2	A couple has reduced fertility if they have not conceived after 1 year of regular intercourse without contraception		UH155
35.1.3	Smoking reduces women's fertility		UH156
35.1.4	Smoking reduces men's fertility		UH157
35.1.5	Approximately 1 in 10 people have reduced fertility		UH158
35.1.6	If a man produces sperm, he is fertile	1	UH159
35.1.7	A woman in her 40s has the same likelihood of becoming pregnant as a woman in her 30s	1. True 2. False 3. Don't know	UH160
35.1.8	A healthy lifestyle makes you more fertile		UH161
35.1.9	If a man contracts mumps after puberty, he has a greater risk of fertility problems later		UH162
35.1.10	A woman who never menstruates is still fertile		UH163
35.1.11	If a woman is overweight (by more than 13 kg), it is more difficult to become pregnant		UH164
35.1.12	If a man can get an erection, it means he is fertile		UH165
35.1.13	If one has had a sexually transmitted infection, they are at increased risk of reduced fertility		UH166
35.1.14	A man is less fertile after he turns 40 years old		UH167
36	If a woman aged 30-35 has regular unprotected intercourse, what is the likelihood of her becoming pregnant within one year?  Please choose the option you think is the most correct  [Radio buttons]	1. 0-9 % 2. 10-19% 3. 20-29% 4. 30-39% 5. 40-49%	UH168
37	If a woman aged 40-45 has regular unprotected intercourse, what is the likelihood of her becoming pregnant within one year?  [Radio buttons]	6. 50-69% 7. 70-89% 8. 90-100%	UH169
38	If a woman aged 40-45 undergoes two to three rounds of IVF treatment (in vitro fertilization), what is the likelihood of her becoming pregnant?  IVF treatment involves retrieving a woman's eggs from her body and fertilizing them with sperm in a laboratory dish. After successful fertilization, the embryo is transferred to the woman's uterus. [Radio buttons]	1. 0-9 % 2. 10-19 % 3. 20-29 % 4. 30-39 % 5. 40-49 % 6. 50 % or higher	UH170

39	Have you heard of freezing women's eggs?  [Radio buttons]	2.	Yes No Don't know	UH171
40	The claims below are about the success rates in likelihood of the statements: [Radio buttons]	connection	with freezing egg	s. Rate the
40.1	Egg freezing before the age of 35 can significantly extend a woman's fertility.	1.	Certainly not	UH172
40.2	A woman in her 40s and 50s can safely and successfully achieve pregnancy by using the eggs that were frozen when she was fertile.	<ul><li>2. Probably not</li><li>3. Don't know</li><li>4. Probably</li><li>5. Certainly</li></ul>	UH173	
40.3	Most frozen eggs will survive the thawing process and be capable of fertilization.		UH174	

- Q35: Question from Cardiff Fertility Knowledge Scale.
- Q36-38: Questions from "The German Family Demography Panel Study (FreDa)" survey.
- Q39: Question adapted from the following study: https://doi.org/10.1111/aogs.13024.
- Q40: Inspired by questions from "Childless women's beliefs and knowledge about oocyte freezing for social and medical reasons" | Human Reproduction | Oxford Academic (oup.com). 3 questions selected from 12 items.

#### 3. Rationale for choosing the questions:

Included to measure the respondent's fecundity knowledge.

The selection of questions has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

#### 4. Revision during the data collection period:

No revisions have been made.

# Sex and gender

Q		Response options	Variable name
Vers			
41	What biological sex were you assigned at birth?  This is a mandatory question, and the respondent will not be able to proceed unless they provide an answer.  [Radio buttons]	<ol> <li>Girl</li> <li>Boy</li> <li>Other</li> </ol>	UH175
42	Which of these best describes your gender identity?  [Radio buttons]	<ol> <li>Female</li> <li>Male</li> <li>Trans woman</li> <li>Trans man</li> <li>Non-binary</li> <li>Have no preferences</li> <li>Other</li> <li>Do not wish to answer</li> </ol>	UH176
43	Have you ever had sex?  [Radio buttons]	1. Yes 2. No 3. Don't know	UH177
43.1	How old were you the first time you had sex?  This element will only be displayed if option 1 "Yes" was selected in question 43, "Have you ever had sex?"  [Number box]	Integer, Min: 0, Max:30	UH178
Versi	ion B		
41	What biological sex were you assigned at birth?  This is a mandatory question, and the respondent will not be able to proceed unless they provide an answer.  [Radio buttons]	1. Man 2. Woman	UH346
42	Which of these best describes your gender identity?  [Radio buttons]	<ol> <li>Male</li> <li>Female</li> <li>Trans man</li> <li>Trans woman</li> <li>Non-binary</li> <li>Have no preference</li> <li>Other</li> <li>Do not wish to answer</li> </ol>	UH347
43	Have you ever had sex?  This element will only be displayed if	1. Yes 2. No 3. Don't know	UH348

	option 1 "Man" was selected in question 41, "What biological sex were you assigned at birth?		
	[Radio buttons]		
43.1	How old were you the first time you had sex?		
	This element will only be displayed if option 1 "Yes" was selected in question 43, "Have you ever had sex?"	(Integer, Min:0, Max:30)	UH349
	[Number box]		
44	Have you ever had sex?		
	This element will only be displayed if option 2 "Woman" was selected in question 41, "What biological sex were you assigned at birth	<ol> <li>Yes</li> <li>No</li> <li>Don't know</li> </ol>	UH350
	[Radio buttons]		
44.1	How old were you the first time you had sex?  This element will only be displayed if option 1 "Yes" was selected in question 44, "Have you ever had sex?"	(Integer, Min:0, Max:30)	UH351
	[Number box]		
	on A and B		
45	How would you describe your sexual orientation?  [Radio buttons]	<ol> <li>Asexual</li> <li>Bisexual</li> <li>Heterosexual</li> <li>Homosexual</li> <li>Pansexual</li> <li>Queer</li> <li>Other</li> <li>Don't know</li> <li>Do not wish to answer</li> </ol>	UH179

- Q41: Question originally from MoBa Child 14. Non-binary and Other have been added.
- Q42: Used in BSIG-18. Inspired by the Danish Longitudinal Survey of Children (SFI-cohort).
- Q43.1: Used in BSIG-18.
- Q44: Question used in MoBa Young Q2. Queer and Other have been added.

#### 3. Rationale for choosing the questions:

Q 41: Included in order to "filter" respondents to relevant questions based on biological sex at birth.

Q42-44 were designed to assess the participants' perception of gender identity and whether this coincides with the gender they were assigned at birth. Additionally, the questions cover the participants current sexual orientation and age at which they first engaged in sexual activities.

The selection of questions has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

#### 4. Revision during the data collection period:

Modifications were implemented to questions 41 through 44 between version A and version B.

#### **Pornography**

Q		Response options	Variable name
46	How often do you watch pornography?  [Radio buttons]	<ol> <li>Rarely/never</li> <li>A few times a year</li> <li>A few times a month</li> <li>Weekly</li> <li>Once a day</li> <li>More than once a day</li> <li>Don't know</li> <li>Do not wish to answer</li> </ol>	UH180
46.1	Has your use of pornography ever affected your ability or desire to start a romantic relationship or led to the termination of a romantic relationship?  This element will only be displayed if option 1 – 6, "A few times a year", "A few times a month", "Weekly", "Once a day" or "More than once a day", was selected in question 45, "How often do	<ol> <li>Yes</li> <li>Maybe</li> <li>No</li> <li>Don't know</li> <li>Do not wish to answer</li> </ol>	UH181
	you watch pornography?"  [Radio buttons]		

#### 2. Description of original instrument:

Formulated by researchers for the purpose of this MoBa questionnaire.

#### 3. Rationale for choosing the questions:

The questions were designed to assess the participants' current patterns concerning pornography consumption as well as their subjective viewpoint on how this behavior impacts their romantic relationships. The selection of questions has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

#### 4. Revision during the data collection period:

No revisions have been made.

# Pregnancy

Due to significant changes in numbering between version A and B, we provide a clear overview by presenting all variables from version A first, followed by those from version B, and finally including the variables common to both versions at the end of the table.

Q		Response options	Variable name
Version A			
46	Have you ever been pregnant?  This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	<ol> <li>Yes</li> <li>No</li> <li>Don't know</li> <li>Do not wish to answer</li> </ol>	UH182
46.1	How many times have you been pregnant?  (Include all pregnancies, including those that ended in abortion.) Any current pregnancy is not counted.  This element will only be displayed if option 1, "Yes", was selected in question 46, "Have you ever been pregnant?"  [Dropdown list]	1. 1 2. 2 3. 3  10. 10 11. More than 10	UH183
46.1.1	In what week did your first pregnancy end?  This element will only be displayed if option 1 - 11, "1", "2", "3", "4", "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Number box]	(Integer, min: 0, max: 46)	UH184
46.1.2	How did your first pregnancy end?  This element will only be displayed if option 1 - 11, "1","2","3", "4", "5", "6", "7","8","9","10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous         abortion</li> <li>Induced abortion</li> <li>Pregnancy outside         the uterus</li> <li>Stillborn child</li> <li>Don't know / don't         want to answer</li> </ol>	UH185
46.1.3	What year was the child from the first pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.1.2, "How did your first pregnancy end?"	(Integer – year (XXXX) min: 1990, max: 2025)	UH186

	[Number box]		
46.2.1	In what week did your second pregnancy end?  This element will only be displayed if option		
	2 - 11, "2","3", "4", "5", "6", "7","8","9","10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"	(Integer, min: 0, max: 46)	UH187
	[Number box]		
46.2.2	How did your second pregnancy end?	<ol> <li>Live-born child</li> <li>Spontaneous abortion</li> </ol>	
	This element will only be displayed if option 2 - 11, "2", "3", "4", "5", "6", "7", "8", "9", "10" or "More than 10" was	<ul><li>3. Induced abortion</li><li>4. Pregnancy outside the uterus</li></ul>	UH188
	selected in question 46.1, "How many times have you been pregnant?"	<ul><li>5. Stillborn child</li><li>6. Don't know / don't</li></ul>	
	[Radio buttons]	want to answer	
46.2.3	What year was the child from the second pregnancy born?		
	This element will only be displayed if option 1, "Live-born child" was selected in question 46.2.2, "How did your first pregnancy end?"	(Integer – year (XXXX) min: 1990, max: 2025)	UH189
	[Number box]		
46.3.1	In what week did your third pregnancy end?		
	This element will only be displayed if option 3 - 11, "3", "4", "5", "6", "7", "8", "9", "10" or "More than 10" was	(Integer, min: 0, max: 46)	UH190
	selected in question 46.1, "How many times have you been pregnant?"		
	[Number box]		
46.3.2	How did your third pregnancy end?  This element will only be displayed if option	<ol> <li>Live-born child</li> <li>Spontaneous abortion</li> </ol>	
	3 - 11, "3", "4", "5", "6", "7","8","9","10" or "More than 10" was	<ul><li>3. Induced abortion</li><li>4. Pregnancy outside the uterus</li></ul>	UH191
	selected in question 46.1, "How many times have you been pregnant?"	<ul><li>5. Stillborn child</li><li>6. Don't know / don't want to answer</li></ul>	
16.5.5	[Radio buttons]	want to answer	
46.3.3	What year was the child from the third pregnancy born?	(Integer – year (XXXX) min:	
	This element will only be displayed if option 1, "Live-born child" was selected in question 46.3.2, "How did your first	1990, max: 2025)	UH192

	pregnancy end?" [Number box]		
46.4.1	In what week did your fourth pregnancy end?  This element will only be displayed if option 4-11, "4", "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Number box]	(Integer, min: 0, max: 46)	UH193
46.4.2	How did your fourth pregnancy end?  This element will only be displayed if option 4 - 11, "4", "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous abortion</li> <li>Induced abortion</li> <li>Pregnancy outside the uterus</li> <li>Stillborn child</li> <li>Don't know / don't want to answer</li> </ol>	UH194
46.4.3	What year was the child from the fourth pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.4.2, "How did your first pregnancy end?"  [Number box]	(Integer – year (XXXX) min: 1990, max: 2025)	UH195
46.5.1	In what week did your fifth pregnancy end?  This element will only be displayed if option 5 - 11, "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Number box]	(Integer, min: 0, max: 46)	UH196
46.5.2	How did your fifth pregnancy end?  This element will only be displayed if option 5 - 11, "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous abortion</li> <li>Induced abortion</li> <li>Pregnancy outside the uterus</li> <li>Stillborn child</li> <li>Don't know / don't want to answer</li> </ol>	UH197
46.5.3	What year was the child from the fifth pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.5.2, "How did your first	(Integer – year (XXXX) min: 1990, max: 2025)	UH198

	pregnancy end?"		
46.61	[Number Box]		
46.6.1	In what week did your sixth pregnancy end?  This element will only be displayed if option 6 - 11, "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Number Box]	(Integer, min: 0, max: 46)	UH199
46.6.2	How did your sixth pregnancy end?  This element will only be displayed if option 6 - 11, "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous         abortion</li> <li>Induced abortion</li> <li>Pregnancy outside         the uterus</li> <li>Stillborn child</li> <li>Don't know / don't         want to answer</li> </ol>	UH200
46.6.3	What year was the child from the sixth pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.6.2, "How did your first pregnancy end?"  [Number box]	(Integer – year (XXXX) min: 1990, max: 2025)	UH201
46.7.1	In what week did your seventh pregnancy end?  This element will only be displayed if option 7 - 11, "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Number box]	(Integer, min: 0, max: 46)	UH202
46.7.2	How did your seventh pregnancy end?  This element will only be displayed if option 7 - 11, "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous         abortion</li> <li>Induced abortion</li> <li>Pregnancy outside         the uterus</li> <li>Stillborn child</li> <li>Don't know / don't         want to answer</li> </ol>	UH203
46.7.3	What year was the child from the seventh pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.7.2, "How did your first pregnancy end?"	(Integer – year (XXXX) min: 1990, max: 2025)	UH204

46.0.1	Number Box]		
46.8.1	In what week did your eight pregnancy end?  This element will only be displayed if option 8 - 11, "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Number box]	(Integer, min: 0, max: 46)	UH205
46.8.2	How did your eight pregnancy end?  This element will only be displayed if option 8 - 11, "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous         abortion</li> <li>Induced abortion</li> <li>Pregnancy outside         the uterus</li> <li>Stillborn child</li> <li>Don't know / don't         want to answer</li> </ol>	UH206
46.8.3	What year was the child from the eight pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.8.2, "How did your first pregnancy end?"  [Number box]	Integer – year (XXXX) min: 1990, max: 2025)	UH207
46.9.1	In what week did your ninth pregnancy end?  This element will only be displayed if option 9 - 11, "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Number box]	(Integer, min: 0, max: 46)	UH208
46.9.2	How did your ninth pregnancy end?  This element will only be displayed if option 9 - 11, "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous         abortion</li> <li>Induced abortion</li> <li>Pregnancy outside         the uterus</li> <li>Stillborn child</li> <li>Don't know / don't         want to answer</li> </ol>	UH209
46.9.3	What year was the child from the ninth pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.9.2, "How did your first pregnancy end?"  [Number box]	(Integer – year (XXXX) min: 1990, max: 2025)	UH210

46.10.1	In what week did your tenth pregnancy end?  This element will only be displayed if option 10 - 11, "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"	(Integer, min: 0, max: 46)	UH211
46.10.2	[Number box] How did your tenth pregnancy end?  This element will only be displayed if option 10 - 11, "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous abortion</li> <li>Induced abortion</li> <li>Pregnancy outside the uterus</li> <li>Stillborn child</li> <li>Don't know / don't want to answer</li> </ol>	UH212
46.10.3	What year was the child from the tenth pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.10.2, "How did your first pregnancy end?"  [Radio buttons]	(Integer– year (XXXX) min: 1990, max: 2025)	UH213
49	Have you ever impregnated a woman?  This element will only be displayed if option 2, "Boy", was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	<ol> <li>Yes</li> <li>No</li> <li>Don't know</li> <li>Do not wish to answer</li> </ol>	UH217
49.1	How many times have you impregnated a woman?  (Include all pregnancies and possible abortions). Any current pregnancy is not counted.  This element will only be displayed if option 1, "Yes", was selected in question 49, "Have you ever impregnated a woman?"  [Dropdown list]	1. 1 2. 2 3. 3  10. 10 11. Over 10	UH218
50	Are you currently pregnant?  This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	<ol> <li>Yes</li> <li>No</li> <li>Don't know</li> <li>Do not wish to answer</li> </ol>	UH219

Version B			
67			
	Have you been pregnant before? Do not include current pregnancy.  This element will only be displayed if option 2, "Woman", was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	<ol> <li>Yes</li> <li>No</li> <li>Don't know</li> <li>Do not wish to answer</li> </ol>	UH373
67.1	[Hamo emons]		
	How many times have you been pregnant?  (Include all pregnancies, including those that ended in abortion.) Any current pregnancy is not counted.  This element will only be displayed if option 1, "Yes", was selected in question 67, "Have you ever been pregnant?"  [Dropdown list]	1. 1 2. 2 3. 3  12. 10 11. More than 10	UH374
67.1.1	In what week did your first pregnancy end?  This element will only be displayed if option 1 - 11, "1","2","3", "4", "5", "6", "7","8","9","10" or "More than 10" was selected in question 67.1, "How many times have you been pregnant?"  [Number box]	(Integer, min: 0, max: 46)	UH375
67.1.2	How did your first pregnancy end?  This element will only be displayed if option 1 - 11, "1","2","3", "4", "5", "6", "7","8","9","10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous abortion</li> <li>Induced abortion</li> <li>Pregnancy outside the uterus</li> <li>Stillborn child</li> <li>Don't know / don't want to answer</li> </ol>	UH376
67.1.2.1	What year was the child from the first pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.1.2, "How did your first pregnancy end?"  [Number box]	(Integer– year (XXXX) min: 1990, max: 2025)	UH377
67.1.3	In what week did your second pregnancy end?  This element will only be displayed if option	(Integer, min: 0, max: 46)	UH378

	2 - 11, "2", "3", "4", "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Number Box]		
67.1.4	How did your second pregnancy end?  This element will only be displayed if option 2 - 11, "2", "3", "4", "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous abortion</li> <li>Induced abortion</li> <li>Pregnancy outside the uterus</li> <li>Stillborn child</li> <li>Don't know / don't want to answer</li> </ol>	UH379
67.1.4.1	What year was the child from the second pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.2.2, "How did your first pregnancy end?"  [Number Box]	(Integer – year (XXXX) min: 1990, max: 2025)	UH380
67.1.5	In what week did your third pregnancy end?  This element will only be displayed if option 3 - 11, "3", "4", "5", "6", "7","8","9","10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Number Box]	(Integer, min: 0, max: 46)	UH381
67.1.6	How did your third pregnancy end?  This element will only be displayed if option 3 - 11, "3", "4", "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous abortion</li> <li>Induced abortion</li> <li>Pregnancy outside the uterus</li> <li>Stillborn child</li> <li>Don't know / don't want to answer</li> </ol>	UH382
67.1.6.1	What year was the child from the third pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.3.2, "How did your first pregnancy end?"  [Number Box]	(Integer– year (XXXX) min: 1990, max: 2025)	UH383
67.1.7	In what week did your fourth pregnancy end?	(Integer, min: 0, max: 46)	UH384

67.1.8	This element will only be displayed if option 4 - 11, "4", "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Number Box]  How did your fourth pregnancy end?  This element will only be displayed if option	Live-born child     Spontaneous abortion	
	4-11, "4", "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ul> <li>3. Induced abortion</li> <li>4. Pregnancy outside the uterus</li> <li>5. Stillborn child</li> <li>6. Don't know / don't want to answer</li> </ul>	UH385
67.1.8.1.1	What year was the child from the fourth pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.4.2, "How did your first pregnancy end?"  [Number Box]	(Integer– year (XXXX) min: 1990, max: 2025)	UH386
67.1.9	In what week did your fifth pregnancy end?  This element will only be displayed if option 5 - 11, "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Number Box]	(Integer, min: 0, max: 46)	UH387
67.1.10	How did your fifth pregnancy end?  This element will only be displayed if option 5 - 11, "5", "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous abortion</li> <li>Induced abortion</li> <li>Pregnancy outside the uterus</li> <li>Stillborn child</li> <li>Don't know / don't want to</li> </ol>	UH388
67.1.10.1.1	What year was the child from the fifth pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.5.2, "How did your first pregnancy end?"  [Number Box]	(Integer– year (XXXX) min: 1990, max: 2025)	UH389
67.1.11	In what week did your sixth pregnancy end?	(Integer, min: 0, max: 46)	UH390

	This element will only be displayed if option 6 - 11, "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"		
67.1.12	[Number Box] How did your sixth pregnancy end?  This element will only be displayed if option 6 - 11, "6", "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous abortion</li> <li>Induced abortion</li> <li>Pregnancy outside the uterus</li> <li>Stillborn child</li> <li>Don't know / don't want to</li> </ol>	UH391
67.1.12.1.1	What year was the child from the sixth pregnancy born?  This element will only be displayed if option  (Integer_ year (XXXX) min:		UH392
67.1.13	In what week did your seventh pregnancy end?  This element will only be displayed if option 7 - 11, "7", "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Number Box]	element will only be displayed if option 1, "7", "8", "9", "10" or "More than was selected in question 46.1, "How times have you been pregnant?"  (Integer, min: 0, max: 46)	
67.1.14	How did your seventh pregnancy end?  This element will only be displayed if option 7 - 11, "7","8","9","10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous abortion</li> <li>Induced abortion</li> <li>Pregnancy outside the uterus</li> <li>Stillborn child</li> <li>Don't know / don't want to</li> </ol>	UH394
67.1.14.1.1	What year was the child from the seventh pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.7.2, "How did your first pregnancy end?"  [Number Box]	(Integer– year (XXXX) min: 1990, max: 2025)	UH395

67.1.15			
07.1.13	In what week did your eight pregnancy end?		
	This element will only be displayed if option 8 - 11, "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"	(Integer, min: 0, max: 46)	UH396
	[Number Box]		
67.1.16	How did your eight pregnancy end?  This element will only be displayed if option 8 - 11, "8", "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous         abortion</li> <li>Induced abortion</li> <li>Pregnancy outside         the uterus</li> <li>Stillborn child</li> <li>Don't know / don't         want to</li> </ol>	UH397
67.1.16.1.1	What year was the child from the eight pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in	(Integer– year (XXXX) min: 1990, max: 2025)	UH398
67.1.17	question 46.8.2, "How did your first pregnancy end?"  [Number Box] In what week did your ninth pregnancy end?		
	This element will only be displayed if option 9 - 11, "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"	(Integer, min: 0, max: 46)	UH399
67.1.18	[Number Box]  How did your ninth pregnancy end?  This element will only be displayed if option 9 - 11, "9", "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous         abortion</li> <li>Induced abortion</li> <li>Pregnancy outside         the uterus</li> <li>Stillborn child</li> <li>Don't know / don't         want to</li> </ol>	UH400
67.1.18.1.1	What year was the child from the ninth pregnancy born?  This element will only be displayed if option 1, "Live-born child" was selected in question 46.9.2, "How did your first pregnancy end?"  [Number Box]	(Integer– year (XXXX) min: 1990, max: 2025)	UH401

67.1.19	In what week did your tenth pregnancy end?		
	This element will only be displayed if option 9 - 11, "9","10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"	(Integer, min: 0, max: 46)	UH402
	[Number Box]		
67.1.20	How did your tenth pregnancy end?  This element will only be displayed if option 10 - 11, "10" or "More than 10" was selected in question 46.1, "How many times have you been pregnant?"  [Radio buttons]	<ol> <li>Live-born child</li> <li>Spontaneous         <ul> <li>abortion</li> </ul> </li> <li>Induced abortion</li> <li>Pregnancy outside         <ul> <li>the uterus</li> </ul> </li> <li>Stillborn child</li> <li>Don't know / don't         want to</li> </ol>	UH403
67.1.20.1.1	What year was the child from the tenth		
	This element will only be displayed if option 1, "Live-born child" was selected in question 46.10.2, "How did your first pregnancy end?"	(Integer, min: 0, max: 46)	UH404
70	[Number Box] Have you ever impregnated a woman?		
70	This element will only be displayed if option 1, "Man", was selected in question 41, "What biological sex were you assigned at birth?" and if option 1 or 3, "Yes" of "Don't know", was selected in question 43, "Have you ever had sex?"  [Radio buttons]	<ol> <li>Yes</li> <li>No</li> <li>Don't know</li> <li>Do not wish to answer</li> </ol>	UH405
70.1	How many times have you impregnated a woman?		
	(Include all pregnancies and possible abortions). Any current pregnancy is not counted.	1. 1 2. 2 3. 3	UH406
	This element will only be displayed if option 1, "Yes", was selected in question 70, "Have you ever impregnated a woman?"	10. 10 11. Over 10	
	[Dropdown list]		
Version A a		-4-4	
68	How much do you agree with the following How often have you taken emergency	1. I have not taken	
30	contraception in the last 12 months?	emergency contraception in the	UH214

	This element will only be displayed if option 1, "Girl" or option 2, "Woman", was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	3.	last 12 months 1-2 times 3-4 times More than 4 times	
69.1.1	I am afraid of giving birth  This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	1. 2. 3.	Somewhat agree	UH215
69.1.2	I am afraid of complications during labor and delivery  This element will only be displayed if option 1, "Girl", was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	4. 5. 6. 7.	Disagree	UH216
72	Is your partner currently pregnant?  [Radio buttons]	3. 4.	Yes No Don't know Do not wish to answer Not relevant	UH220

The questions mapping number of/information about previous pregnancies are inspired by the RUBIC questionnaire and identical to those asked in Moba Q1, maternal questionnaire. The questions to men about impregnating a woman are inspired by the RUBIC questionnaire. The question about emergency contraception is formulated by researchers for the purpose of this MoBa questionnaire. The question about fear of birth is selected from the "Childbirth Fear – Prior to Pregnancy (CFPP)" scale. Shortened from 10 items in the original scale. The questions about current pregnancy to both men and women are formulated by researcher for the purpose of this MoBa questionnaire.

### 3. Rationale for choosing the questions:

The selection of questions has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.Questions were developed to:

- Assess the participants' previous pregnancies, outcome of- and potential problems related to previous pregnancies.
- Assess the prevalence of emergency contraception usage among young women.
- Assess the prevalence of childbirth fear
- Assess participants' fertility
- The question about current pregnancy to women is included in order to "recruit" the respondents to fill out another MoBa survey, "Helse og Svangerskap" about their current pregnancy.

**4. Revision during the data collection period:**Question 46 was revised from 'Have you ever been pregnant?' to 'Have you been pregnant before?' to clarify that ongoing pregnancies should not be included. Additionally, the questions have been moved later in the questionnaire and assigned a different question number in version B.

# Contraception

Due to changes in question numbering and new variables, we provide two tables: one for version A and another for version B. This highlights differences, particularly in the number of months and the initial question, 'Have you and/or a potential partner used contraception in the past year?', while other variables remain consistent across versions.

#### **Version A:**

Q		Response options	Variable name
52	Have you and/or a potential	1. Yes	Hanc
	partner used contraception in the	2. No	UH221
	past year?	3. Don't know	
52.1		Mini-pill	UH222
		Birth control pills	UH223
		Hormonal IUD	UH224
		Copper IUD	UH225
	What type of contraception do	Implant	UH226
	you and a potential partner use?	Depo-Provera injection	UH227
		Patch	UH228
		Vaginal ring	UH229
	This element will only be	Diaphragm	UH230
	displayed if option 1, "Yes", was	Condom	UH231
	selected in question 52, "Have	Female condom	UH232
	you and/or a potential partner	Dental dam (Only in version A)	UH233
	used contraception in the past	"Natural family planning" method	UH234
	year?"	Withdrawal method	UH235
		Other type of contraception	UH236
		I am sterilized	UH237
		My partner is sterilized	UH238
		Don't know	UH239
52.2		To avoid pregnancy	UH240
	3371 ( : 41  :	To avoid sexual transmitted infections	UH241
	What is the main reason you/both	To control the intervals between	UH242
	of you use contraception?  This element will only be displayed if option 1, "Yes", was	menstruations	011242
		To reduce menstrual pain	UH243
		To control acne	UH244
	selected in question 52, "Have	To have more regular menstruations	UH245
	you and/or a potential partner	To avoid heavy menstrual bleeding	UH246
	used contraception in the past	In the treatment of conditions such as PCOS	UH247
	year?"	or endometriosis	
		Other	UH248
		Don't know	UH249
		a potential partner been using the type of	
	contraception?	4 1 CD 1: 1 1	
<b>53.3</b>	Based on Q52: If "Yes" was sele	ctea [Kadio buttons]	
52.3	Mini-pill		
	This element will only be		UH250
	displayed if "Mini-pill" was		0П230
	selected in question 52.1, "What		
	selected in question 32.1, What		

type of contraception do you and		
a potential partner use?"	-	
Birth control pills		
This element will only be displayed if "Birth control pills" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH252
Hormonal IUD		
This element will only be displayed if "Hormonal IUD" was selected in question 52.1, "What type of contraception do you and a potential partner use?"	1. 0 2. 1	UH254
Copper IUD	3. 2	
This element will only be displayed if "Copper IUD" was selected in question 52.1, "What type of contraception do you and a potential partner use?"	16. 15 17. 16 18. Do not know/Do not remember	UH256
Implant		
This element will only be displayed if "Implant" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH258
Depo-Provera injection		
This element will only be displayed if "Depo-Provera injection" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH260
Patch		
This element will only be displayed if "Patch" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH262
Vaginal ring	-	
This element will only be displayed if "Vaginal ring" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH264

Diaphragm		
This element will only be displayed if "Diaphragm" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH266
Condom  This element will only be displayed if "Condom" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH268
Female condom  This element will only be displayed if "Female condom" was selected in question 52.1, "What type of contraception do you and a potential partner use?"	1. 0 2. 1	UH270
Dental dam(**)  This element will only be displayed if "Dental dam" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH272
(**) Only used in version A  "Natural family planning" method  This element will only be displayed if "Natural family planning" method" was selected in question 52.1, "What type of contraception do you and a potential partner use?"	18. Do not know/Do not remember	UH274
Withdrawal method  This element will only be displayed if "Withdrawal method" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH276
I am sterilized  This element will only be displayed if "I am sterilized"		UH278

	method" was selected in question		
	52.1, "What type of		
	contraception do you and a		
	potential partner use?"		
	My partner is sterilized	1. 0	
	Try partitor is stormzed	2. 1	
	This element will only be	3. 2	
	displayed if "My partner is		
	sterilized" method" was selected	16. 15	UH280
	in question 52.1, "What type of	17. 16	
	contraception do you and a	18. Do not know/Do not remember	
	potential partner use?"	10. Do not know/Do not remember	
52.4	Mini-pill. And how many		
32.7	months?		
	months:		
	This element will only be		UH251
	displayed if 1 – 16 years was		011231
	selected in question 52.3, "Mini-		
	pill"		
	Birth control pills. And how		
	many months?		
	many monais:		
	This element will only be		UH253
	displayed if 1 – 16 years was		011233
	selected in question 52.3, "Birth		
	control pills"		
	Hormonal IUD. And how many		
	months?		
	montais.		
	This element will only be	1. 0	UH255
	displayed if $1 - 16$ years was	2. 1	
	selected in question 52.3,	3. 2	
	"Hormonal IUD"	4. 3	
	Copper IUD. And how many		
	months?	12. 11	
		13. Do not know/Do not remember	
	This element will only be		UH257
	displayed if 1 – 16 years was		
	selected in question 52.3,		
	"Copper IUD"		
	Implant. And how many months?		
	1		
	This element will only be		UH259
	displayed if $1 - 16$ years was		ОПДЗЭ
	selected in question 52.3,		
	"Implant"		
	Depo-Provera injection. And		
	how many months?		
	This element will only be		UH261
	displayed if $1 - 16$ years was		
	selected in question 52.3, "Depo-		
	Provera injection"		
	Patch. And how many months?	1. 0	UH263

771 . 1	.11 1 1	2.	1	
This element w		3.	2	
	- 16 years was	4.	3	
selected in que	estion 52.3,			
"Patch"		12.	11	
Vaginal ring. A	And how many	13.	Do not know/Do not	
moths		remen	nber	
This element w	vill only be			UH265
displayed if 1 -	– 16 years was			
selected in que	estion 52.3,			
"Vaginal ring"				
Diaphragm. A				
months?	na now many			
monus.				
This element w	vill only be			UH267
displayed if 1				011207
selected in que				
"Diaphragm"				
Condom. And	how many			
months?				
This element w				UH269
displayed if 1 -	– 16 years was			
selected in que	estion 52.3,			
"Condom"				
Female condor	m. And how many			
months?				
This element w	vill only be			UH271
	– 16 years was			
selected in que	•			
"Female cond				
Dental dam. A				
months?	ind now many			
monuis:				
Thin alamas to	will only be			
This element w				UH273
displayed if 1	•			
selected in que				
"Dental dam"				
"Natural famil				
method. And h	now many months?			
This element w	vill only be			UH275
displayed if 1 -	– 16 years was			
selected in que	estion 52.3,			
""Natural fam				
method"				
	ethod. And how			
many months?				
many mondis:				UH277
This element w	vill only be			011277
displayed if 1 -	- 10 years was			

selected in question 52.3, "Withdrawal method"			
I am sterilized. And how many months?			
This element will only be	1.	0	UH279
displayed if 1 – 16 years was	2.	1	
selected in question 52.3, "I am	3.	2	
sterilized"	4.	3	
My partner is sterilized. And how			
many months?	12.	11	
	13.	Do not know/Do not	
This element will only be	reme	mber	UH281
displayed if 1 – 16 years was			
selected in question 52.3, "My			
partner is sterilized"			

# **Version B:**

Q		Response options	Variable name
47	Have you and/or a potential partner used contraception in the past year?	<ol> <li>Yes</li> <li>No</li> <li>Don't know</li> <li>Not relevant</li> </ol>	UH352
47.1		Mini-pill	UH222
		Birth control pills	UH223
		Hormonal IUD	UH224
		Copper IUD	UH225
		Implant	UH226
	What type of contraception do you	Depo-Provera injection	UH227
	and a potential partner use?	Patch	UH228
		Vaginal ring	UH229
	This alament will only be displayed	Diaphragm	UH230
	This element will only be displayed if option 1, "Yes", was selected in	Condom	UH231
	question 52, "Have you and/or a	Female condom	UH232
	potential partner used	Dental dam (Only in version A)	UH233
	contraception in the past year?"	"Natural family planning" method	UH234
comracepno		Withdrawal method	UH235
		Other type of contraception	UH236
		I am sterilized	UH237
		My partner is sterilized	UH238
		Don't know	UH239
47.2	What is the main reason you/both	To avoid pregnancy	UH240
	of you use contraception?	To avoid sexual transmitted infections	UH241
		To control the intervals between	UH242
	This element will only be displayed	menstruations	
	if option 1, "Yes", was selected in	To reduce menstrual pain	UH243
	question 52, "Have you and/or a	To control acne	UH244
	potential partner used	To have more regular menstruations	UH245
	contraception in the past year?"	To avoid heavy menstrual bleeding	UH246

		In the treatment of conditions such as	UH247
		PCOS or endometriosis	
		Other	UH248
		Don't know	UH249
	How long [years,] have you and a contraception?  Based on Q52: If "Yes" was select	potential partner been using the type of ted [Radio buttons]	
47.2.1.1	Mini-pill		
	This element will only be displayed if "Mini-pill" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH250
47.2.2.1	Birth control pills		
	This element will only be displayed if "Birth control pills" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH252
47.2.3.1	Hormonal IUD		
	This element will only be displayed if "Hormonal IUD" was selected in question 52.1, "What type of contraception do you and a potential partner use?"	1.0	UH254
47.2.4.1	Copper IUD  This element will only be displayed if "Copper IUD" was selected in question 52.1, "What type of contraception do you and a potential partner use?"	2. 1 3. 2  16. 15 17. 16 18. Do not know/Do not remember	UH256
47.2.5.1	Implant		
	This element will only be displayed if "Implant" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH258
47.2.6.1	Depo-Provera injection		
	This element will only be displayed if "Depo-Provera injection" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH260
47.2.7.1	Patch	1. 0 2. 1	UH262

	This element will only be displayed if "Patch" was selected in question 52.1, "What type of	3. 2  16. 15	
	contraception do you and a potential partner use?"	17. 16 18. Do not know/Do not remember	
47.2.8.1	Vaginal ring		
	This element will only be displayed if "Vaginal ring" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH264
47.2.9.1	Diaphragm		
	This element will only be displayed if "Diaphragm" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH266
47.2.10.1	Condom		
	This element will only be displayed if "Condom" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH268
47.2.11.1	Female condom		
	This element will only be displayed if "Female condom" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH270
47.2.12.1	"Natural family planning" method		
	This element will only be displayed if "Natural family planning" method" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH274
47.2.13.1	Withdrawal method		
	This element will only be displayed if "Withdrawal method" method" was selected in question 52.1, "What type of contraception do you and a potential partner use?"		UH276
47.2.14.1	I am sterilized	1.0	UH278

	This element will only be displayed	2. 1	
	if "I am sterilized" method" was	3. 2	
	selected in question 52.1, "What	4. 3	
	type of contraception do you and a		
450454	potential partner use?"	12. 11	
47.2.15.1	My partner is sterilized	13. Do not know/Do not remember	
	771 . 111 1 1 1 1 1		
	This element will only be displayed		
	if "My partner is sterilized"		UH280
	method" was selected in question		
	52.1, "What type of contraception		
	do you and a potential partner use?"		
47.2.1.1.1	Mini-pill. And how many months?		
4/.2.1.1.1	Willi-pill. And flow many months?		
	This element will only be displayed		
	if $0 - 16$ years was selected in		UH353
	question 52.3, "Mini-pill"		
	question 32.3, Mini più		
47.2.2.1.1	Birth control pills. And how many		
	months?		
	This element will only be displayed		UH354
	if 0 – 16 years was selected in		
	question 52.3, "Birth control pills"		
47.2.3.1.1	Hormonal IUD. And how many		
	months?		
	This element will only be displayed		UH355
	if 0 – 16 years was selected in		
	question 52.3, "Hormonal IUD"		
47.2.4.1.1	Copper IUD. And how many		
47.2.4.1.1	months?		
	months?		
	This element will only be displayed		UH356
	if $0 - 16$ years was selected in		
	question 52.3, "Copper IUD"		
47.2.5.1.1	Implant. And how many months?		
	r months.		
	This element will only be displayed		
	if 0 – 16 years was selected in		UH357
	question 52.3, "Implant"		
	<u> </u>		
47.2.6.1.1	Depo-Provera injection. And how		
	many months?		
	This element will only be displayed		UH358
	if 0 – 16 years was selected in		
	question 52.3, "Depo-Provera		
45.55.4	injection"		
47.2.7.1.1	Patch. And how many months?	1. 0	UH359
		2. 1	

	This element will only be displayed	3. 2	
	if 0 - 16 years was selected in	4. 3	
	question 52.3, "Patch"	 12. 11	
47.2.8.1.1	Vaginal ring. And how many months?	13. Do not know/Do not remember	
	This element will only be displayed if 0 – 16 years was selected in question 52.3, "Vaginal ring"		UH360
47.2.9.1.1	Diaphragm. And how many months?		
	This element will only be displayed if $0-16$ years was selected in question 52.3, "Diaphragm"		UH361
47.2.10.1.1	Condom. And how many months?		
	This element will only be displayed if $0-16$ years was selected in question 52.3, "Condom"		UH362
47.2.11.1.1	Female condom. And how many		
	months?		1111272
	This element will only be displayed if 0 – 16 years was selected in question 52.3, "Female condom"		UH363
47.2.12.1.1	"Natural family planning" method. And how many months?		
	This element will only be displayed if 0 – 16 years was selected in question 52.3, ""Natural family planning" method"		UH364
47.2.13.1.1	Withdrawal method. And how many months?		
	This element will only be displayed if 0 – 16 years was selected in question 52.3, "Withdrawal method"		UH365
47.2.14.1.1	I am sterilized. And how many months?		
	This element will only be displayed if $0-16$ years was selected in question 52.3, "I am sterilized"		UH366
47.2.15.1.1	My partner is sterilized. And how many months?	1. 0 2. 1	UH367

	3. 2
This element will only be displayed	d   4.3
if $0-16$ years was selected in	
question 52.3, "My partner is	12. 11
sterilized"	13. Do not know/Do not remember

Formulated by researchers for the purpose of this MoBa questionnaire. Similar questions are also included in the "Deltakerskjema" Questionnaire that is part of the MoBa data collection "Unge kvinners fruktbarhet".

### 3. Rationale for choosing the questions:

The questions were developed to gather information on the contraceptive practices of the participants with the objective to assess the prevalence of type of birth control, but also to assess contraceptive use as indicators of overall reproductive health. The selection of questions has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

### 4. Revision during the data collection period:

In version A, the number of months could be filled in only if contraceptives had been used for a year or more. In version B, this can be filled in if used for less than a year, with its own variable for tracking the number of months

# **Puberty and menstruation**

Q		Response options	Variable name
Versi	ion A		
53.1	And how many months?  This element will only be displayed if option 1-12, "8–16 years" was selected in question 52.3, "How old were you when you had your first menstruation?"  [Dropdown list]	1. 0 2. 1 3. 2  12. 11 13. Do not know/Do not remember	UH283
56.1	And how many months?  This element will only be displayed if option "8 years or younger" or "16 years or older", was selected in question 56, "As far as you remember, how old were you (in years and months) when you began to experience voice changes?"  [Dropdown list]	1. 0 2. 1 3. 2 3. 4  12. 11 13. Don't know	UH287
Versi	And how many months?  This element will only be displayed if option "8 years or younger" or "16 years or older", was selected in question 58, "As far as you remember, how old were you (in years and months) when you had your first ejaculation?"  [Dropdown list]	1. 0 2. 1 3. 2 3. 4  12. 11 13. Don't know	UH290
48.1 51.1	And how many months?  This element will only be displayed if option 2-8, "9 – 15 years" was selected in question 52.3, "How old were you when you had your first menstruation?"  [Dropdown list]  And how many months?	4. 0 5. 1 6. 2 14. 11 15. Do not know/Do not remember	UH368
	This element will only be displayed if option 2-8, "9 – 15 years" was selected in question 56, "As far as you remember, how old were you (in years and months) when you began to experience voice changes?"  [Dropdown list]	1. 0 2. 1 3. 2 3. 4  12. 11 13. Don't know	UH369

<i>E</i> 2 1	A = 4 h ==== === === === == = = = = = = =		
53.1	And how many months?  This element will only be displayed if option 2-8, "9 – 15 years" was selected in question 58, "As far as you remember, how old were you (in years and months) when you had your first ejaculation?"  [Dropdown list]	1. 0 2. 1 3. 2 3. 4  12. 11 13. Don't know	UH370
Vers	ion A and B		
48	How old were you when you had your first menstruation?  This element will only be displayed if option 1, "Girl" or option 2 "Woman" in version B, was selected in question 41, "What biological sex were you assigned at birth?"  [Dropdown list]	1. 8 years or younger 2. 9 3. 10 4. 11 8. 15 9. 16 years or older 10. Do not know/Do not remember	UH282
50	As far as you remember, when do you think you got your first menstruation compared to your peers?  This element will only be displayed if option 1, "Girl" or option 2 "Woman" in version B, was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]  As far as you remember, when did your breasts start developing in relation to	<ol> <li>Somewhat at the same time as my peers</li> <li>Earlier than my peers</li> <li>Later than my peers</li> <li>Don't know</li> </ol>	UH284
	your peers during puberty?  This element will only be displayed if option 1, "Girl" or option 2 "Woman" in version B, was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	4. Don't know	UH285
51	As far as you remember, how old were you (in years and months) when you began to experience voice changes?  This element will only be displayed if option 2, "Boy" or option 1 "Man" in version B, was selected in question 41, "What biological sex were you assigned at birth?"  [Dropdown list]	1. 8 years or younger 2. 9 3. 10 4. 11 5. 12 6. 13 7. 14 8. 15 9. 16 years or older 10. Don't know	UH286

52	As far as you remember, when did your voice change compared to your peers?  This element will only be displayed if option 2, "Boy" or option 1 "Man" in version B, was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	<ol> <li>Somewhat at the same time as my peers</li> <li>Earlier than my peers</li> <li>Later than my peers</li> <li>Don't know</li> </ol>	UH288
53	As far as you remember, how old were you (in years and months) when you had your first ejaculation?  This element will only be displayed if option 2, "Boy" or option 1 "Man" in version B, was selected in question 41, "What biological sex were you assigned at birth?"  [Dropdown list]	1. 8 years or younger 2. 9 3. 10 4. 11 5. 12 6. 13 7. 14 8. 15 9. 16 years or older 10. Don't know	UH289
54	As far as you remember, when did your testicles start growing in relation to your peers during puberty?  This element will only be displayed if option 2, "Boy" or option 1 "Man" in version B, was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	<ol> <li>Somewhat at the same time as my peers</li> <li>Earlier than my peers</li> <li>Later than my peers</li> <li>Don't know</li> </ol>	UH291
55	Has your menstrual cycle been regular in the past 12 months (can you predict within a week when your next menstruation will start?)  This element will only be displayed if option 1, "Girl" or option 2 "Woman" in version B, was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	1. My cycles are regular and do not deviate more than 1 to 3 days 2. My cycles vary in length by approximately 4-6 days 3. My cycles vary in length by 7 days or more 4. My cycles are irregular and I never know when the next menstruation will come 5. I do not menstruate 6. Don't know	UH292

55.1	How many days usually pass from the 1st day of one menstruation to the 1st day of the next?  This element will only be displayed if "My cycles are regular and do not deviate more than 1 to 3 days", My cycles vary in length by approximately 4-6 days", "My cycles vary in length by 7 days or more", "My cycles are irregular and I never know when the next menstruation will come" or "Don't know" is selected in question 60 "Has your menstrual cycle been regular in the past 12 months (can you predict within a week when your next menstruation will start).  [Dropdown list]	1. 15 days or less 2. 16 3. 17 30. 44 31. 45 days or mor 32. Don't know	UH293	
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Questions formulated by researchers for the purpose of this questionnaire. Inspired by the DNBC Interview 1 Questionnaire, and clinical practice.

### 3. Rationale for choosing the questions:

The questions regarding menstruation and menstrual cycle were developed to assess the menstrual function and cycle patterns of the female participants, as these serve as valuable indicators of ovarian function and overall reproductive health.

The questions regarding puberty were developed to assess the debut of established pubertal markers in the participants, including menarche, thelarche, spermarche, pubertal voice mutation and testicular growth.

The selection of questions has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

### 4. Revision during the data collection period:

For questions 53, 56, and 58, the number of months differs between versions due to variations in the options that determine the question's visibility to participants.

# Gynecological/urological issues

Q		Response options	Variable name	
56	Has a doctor ever told you that you have/had one or more of the following gynecological diseases or conditions confirmed by a doctor? This element will only be displayed if option 1, "Girl" or option 2 "Woman" in version B, was selected in question 41, "What biological sex were you assigned at birth?" [Radio button matrix]			
56.1.1 56.1.2 56.1.3 56.1.4 56.1.5 56.1.6	Endometriosis Pelvic inflammatory disease Ectopic pregnancy Polycystic ovary syndrome (PCOS) Cervical cell changes Low egg quality/few eggs Have you or have you had one or mor by a doctor? This element will only be a	1. Yes 2. No 3. Don't know  The of the following conditions/illnesses conditional displayed if option 2, "Boy" or option 1 "I" What biological sex were you assigned at	Man" in	
57.1.1 57.1.2	Cryptorchidism (one or both testicles not descended into the scrotum)  Hypospadias (the opening of the		UH300	
	urethra not located at the tip of the penis)	1. Yes 2. No 3. Don't know	UH301	
57.1.3	Low sperm quality	3. Don't know	UH302	
57.1.4	Testicular cancer		UH303	
58		Yes, intestinal surgery Yes, surgery on ovaries/fallopian tubes Yes, other surgery in the abdomen or pelvis	UH304 UH305 UH306	
		No Don't know	UH307 UH308	
59	Have you had surgery on the penis, testicle, or scrotum?  This element will only be displayed if option 2, "Boy" or option 1 "Man" in version B, was selected in question 41, "What biological sex were you assigned at birth?"	Yes, surgery on the penis Yes, surgery on the testicle Yes, surgery on the scrotum No  Don't know	UH309 UH310 UH311 UH312 UH313	
	[Multiple choice]			

60		No, I have never had an STI	UH314
		Chlamydia	UH315
	Have you ever had one or more sexually	Mycoplasma	UH316
	transmitted infections (STIs)?	Gonorrhea	UH317
	Genital warts	UH318	
	[Multiple choice]	Herpes	UH319
		Another STI	UH320
		Don't know	UH321
		Do not wish to answer	UH322

Questions formulated by researchers for the purpose of this MoBa questionnaire, with input from clinicians in the field of Gynecology.

### 3. Rationale for choosing the questions:

These questions were developed to assess participants' previous medical history related to reproductive health. The selection of questions has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

# 4. Revision during the data collection period:

No revisions were made, but the question numbers differ between version A and version B."

# Fertility

Q		Response options	Variable name		
Ver	Version A				
69	Have you tried to get a partner pregnant for more than 1 year without success?  This element will only be displayed if option 2, "Boy" was selected in question 41, "What biological sex were you assigned at birth?"	<ol> <li>Yes</li> <li>No</li> <li>Don't know</li> <li>Not relevant</li> <li>Don't want to answer</li> </ol>	UH326		
70	Would you (and your potential partner) consider freezing eggs to preserve fertility?	<ol> <li>Yes</li> <li>No</li> <li>I don't want to have children</li> <li>Don't know</li> </ol>	UH327		
Ver	sion B				
64	Have you tried to get a partner pregnant for more than 1 year without success?  This element will only be displayed if option 1, "Man", was selected in question 41, "What biological sex were you assigned at birth?" and option 1, 4, "Yes" or "Do not know", was selected in question 43 "Have you ever had sex?"	<ol> <li>Yes</li> <li>No</li> <li>Don't know</li> <li>Not relevant</li> <li>Don't want to answer</li> </ol>	UH371		
	[Radio buttons]				
65	Would you (and your potential partner) consider freezing eggs to preserve fertility?  [Radio buttons]	<ol> <li>Yes</li> <li>No</li> <li>I don't want to have children</li> <li>Don't know</li> <li>Not relevant</li> </ol>	UH372		
71	Er du gravid nå eller planlegger å bli gravid i løpet av det neste året?  This element will only be displayed if option 2, "Woman", was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	1. I am currently pregnant and plan to carry the pregnancy to term  2. I am currently pregnant, but unsure whether I will carry the pregnancy to term  3. I am currently pregnant, but I do not plan to carry the pregnancy to term  4. I plan to become pregnant within the next year  5. None of these Prefer not to answer	UH407		
Ver	sion A and B				
61	How do you think your egg quality is?  This element will only be displayed if  "Girl" or "Woman", was selected in  question 41, "What biological sex were  you assigned at birth?"	<ol> <li>Normal</li> <li>Slightly reduced</li> <li>Reduced</li> <li>Don't know</li> </ol>	UH323		

	[Radio buttons]		
62	How do you think your sperm quality is?  This element will only be displayed if, "Boy" or "man", was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	<ol> <li>Normal</li> <li>Slightly reduced</li> <li>Reduced</li> <li>Don't know</li> </ol>	UH324
63	Have you ever tried to conceive for more than one 1 year without success?  This element will only be displayed if, "Girl" or "Woman", was selected in question 41, "What biological sex were you assigned at birth?"  [Radio buttons]	1. Yes 2. No 3. Don't know 4. Not relevant 5. Don't want to answer	UH325
66	Which statement best describes in vitro fertilization (IVF and ICSI)?  [Radio buttons]	<ol> <li>A simple and fast process with a high likelihood of having a child</li> <li>A demanding process physically and emotionally, with a high likelihood of having a child</li> <li>A demanding process physically and emotionally, with uncertain chances of having a child</li> <li>Don't know</li> </ol>	UH328

The question to men and women about trying to conceive for more than 1 year is adapted from the "The Woman and Health Survey". The question about considering egg freezing is adapted from the following study: <a href="https://doi.org/10.1111/aogs.13024">https://doi.org/10.1111/aogs.13024</a>. Remaining questions are formulated by researchers for the purpose of this MoBa questionnaire.

### 3. Rationale for choosing the questions:

The questions pertaining to the duration of attempting to conceive were developed to identify participants whose time frame aligns with a diagnosis of "infertility." The remaining questions are included in other to map subjective perception of own fertility and attitudes and knowledge of different ART procedures.

The selection of questions has been done in collaboration with the Danish National Birth Cohort (DNBC) and chosen specifically to harmonise between the DNBC and MoBa.

#### 4. Revision during the data collection period:

Question 69 in version A (question 64 in version B) has changes in options that make the question visible to the participants. Question 70 has a new answer option. Question 71 is new for version B.

### Partner cohort

Q		Response options	Variable name
72	Do you have a girlfriend or partner/spouse who is at least 18 years old and would like to fill out a separate questionnaire? You will not be able to see each other's responses. Access to the other questionnaire will be given when you submit this questionnaire.	1. Yes 2. No 3. Not relevant	UH329
72.1	Do you consent to linking your data with your partner's data? If so, fill in the code you got on SMS in the box below.	Text box: XXXXXX (max 6 digits)	UH330

### 2. Description of original instrument:

Formulated for the purpose of this MoBa questionnaire.

# 3. Rationale for choosing the questions:

Assess if the respondent has a partner who would like to participate in a separate survey "Pardannelse blandt unge voksne i Norge: et dyadisk perspektiv på verdier og barneønsker" REK622920, led by Rannveig Kaldager Hart.

# 4. Revision during the data collection period:

No revisions have been made. Not included in version B.