



Opening meeting Oslo

June 27th 2018

08.30 – 11.30

Venue: Litteraturhuset (Amalie Skram)

CO-CREATE will work with adolescents to create, inform and disseminate policies to tackle obesity among their peers. The project will use a societal systems approach to understand how factors associated with obesity interact at various levels. The project focuses on adolescence as a crucial age-group with increasing autonomy and soon to be the next generation of adults, parents and policymakers, and thus important agents for change. CO-CREATE aims to involve and empower adolescents and youth organizations to foster a participatory process of identifying and formulating relevant policies, assessing the options with other private and public actors, promoting relevant policy actions and developing tools and strategies for implementation.

Registration and breakfast: 0830 - 0930

08.30 – 09.30 Arrival, registration and breakfast

Opening of CO-CREATE: 0930 - 1000

09.30 – 09.45 Official opening and congratulatory statements by State Secretary Norwegian Ministry for Health and Care Services – Line Miriam Sandberg

09.45 – 10.00 Greetings from the Director General of Norwegian Institute of Public Health - Camilla Stoltenberg

Key note speeches: 1000 - 1100

10.00 – 10.20 **The challenges of childhood obesity - Deanna M. Hoelscher**

Deanna M. Hoelscher is the John P. McGovern Professor in Health Promotion and Behavioral Sciences, founding Director of the Michael & Susan Dell Center for Healthy Living, and Associate Regional Dean for Research at The University of Texas Health Science Center at Houston (UTHealth) School of Public Health in Austin. Her research interests focus on teaching children and their families how to engage in healthier behaviors to avoid the development of chronic disease, with a special emphasis on low-income and diverse populations.



10.20 – 10.40 **System mapping in obesity - Harry Rutter**

Harry Rutter is senior clinical research fellow at the London School of Hygiene and Tropical Medicine. He was the founder director of the National Obesity Observatory 2007-2011, and led the establishment of the Department of Health National Child Measurement Programme. He is a core contributor to the WHO Health Economic Assessment Tool for Walking and Cycling. His main research interests include public health responses to non-communicable diseases, with a special focus on obesity.



10.40 – 11.00 **Youth Involvement – Karoline Steen Nylander**

Karoline Steen Nylanders main fields of interest include adolescents thoughts and perceptions on body image, body ideals and gender roles, children and young people’s mental health, democracy and meaningful participation, youth participation in elections on local and national level and integration policy. She was a key collaborator on the “Kids have rights” report to the United Nations, and she has a background as elected president of Save the children’s youth organization.



Presentation of CO-CREATE: 1100 - 1130

11.0 – 11.30 **The CO-CREATE project – Knut-Inge Klepp**

Knut-Inge Klepp is Executive Director of the Division of Mental and Physical Health at the Norwegian Institute of Public Health, and Adjunct Professor at the Department of Nutrition, Institute of Basic Medical Science, Faculty of Medicine, University of Oslo. Klepp's main research interests include child and adolescent health, development and change of health related behaviours during childhood and adolescent years, including eating behaviour, physical activity, smoking, drug use and hiv/aids risk-related behaviours. Furthermore, his particular research interest in health promotion, intervention and policy evaluation of measures targeting this young age group aligns well with the objectives of CO-CREATE.



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