

# Child Growth 2019 Consent form

## We invite your third grade child to participate in the 2019 Child Growth Study.

### WE ASK FOR PERMISSION

- to measure your child's height, weight and waist circumference, and ask the child how he/she got to school on the day the measures are taken
- to obtain information about height and weight from the child's health card
- to include the data collected in the Growth Cohort (see below)

### WORTH KNOWING ABOUT THE CHILD GROWTH STUDY

- The measurements are carried out by the school health service during school hours
- The measurements are made individually at the school health service office
- The child will wear lightweight clothing
- The results of the measurements are not given to the child
- Parents can contact the school health service to find out the results of the measurements

Participation in the Child Growth Study is voluntary. If you do not want your child to participate or want to withdraw the child from the Child Growth Study later, this will have no consequences for continued contact with the school health service.

### WORTH KNOWING ABOUT THE GROWTH COHORT

The data collected will be included in the Growth Cohort. The Growth Cohort contains data from previous Child Growth Studies conducted among 3rd graders in 2008, 2010, 2012 and 2015, as well as data from a similar survey among 8th graders in 2017. A "cohort" allows researchers to study a group of people over several years and monitor how their health is developing.

#### The data will be used in research:

The data collected are of great value in public health work and in research. We therefore hope that you will allow your child to participate in the Child Growth Study, and that the data can be included in the Growth Cohort. For the researchers, it is important that many children participate.

- New research projects may link the child's measurement data (from the third grade and from the previous measurements registered in the health card) with health registers and other data sources, such as the Norwegian Patient Register, the Prescription Database and the registers at Statistics Norway. All such projects must first be approved by a research ethics committee.
- You or your child (after the age of 16) may be contacted to participate in new surveys that include the child. These may include health surveys on for instance diabetes, heart disease or mental health. You or your child will always be asked for written consent to participate in such surveys, and you do not need to consent to participate if you do not wish to do so.
- You or your child may be sent short questionnaires with questions on for instance leisure activities or quality of life. It is voluntary to respond to these as well.

### WHAT HAPPENS TO YOUR CHILD'S INFORMATION? PRIVACY

In the Growth Cohort, we safeguard the growth measurements, the dates of the measurements, as well as the personal identity number.

The information included in the Growth Cohort will be analysed at the Norwegian Institute of Public Health and in other countries in Europe that are affiliated with the WHO program for follow-up of child growth. The data can also be disseminated to other researchers in Norway and other countries working on an approved project that will benefit from the data. This also applies to researchers outside Europe, where privacy rules may be different than in Norway.

You or your child may at any time request access to the information that is registered about the child, information on how personal data are processed and have data errors corrected. You or the child may also choose to withdraw the child's participation and request that all information be deleted without giving any reason. You can do this by contacting the Norwegian Institute of Public Health, see contact information below.

In order to find your and your child's address and be able to link the measurement data to other registers or delete them if you wish later, we need to keep the child's personal identity number. The identity number is kept separate from the measurement data. They are linked with a code, and only a few selected people who have signed a confidentiality agreement know the connection between the code, the child's name and the personal identity number.

The researchers will never see names, personal identity numbers or anything else that shows who the child and the other participants are. When the results of the research are published, it is also not possible to find information about individuals.

### MORE INFORMATION?

The Norwegian Institute of Public Health is responsible for the data for the Growth Cohort, and data are managed in accordance with regulations on population-based health surveys. You can contact us by sending an e-mail to [Vekstkohorten@fhi.no](mailto:Vekstkohorten@fhi.no) or to the data controller for the Growth Cohort, [Asa.LAbee-Lund@fhi.no](mailto:Asa.LAbee-Lund@fhi.no). You can also contact Åsa L'Abée-Lund on phone (+47) 21 07 81 30.

Inquiries and questions can also be directed to our privacy representative Erlend Bakken, [personvernombud@fhi.no](mailto:personvernombud@fhi.no) or telephone number 48 10 22 01. You can contact the Data Inspectorate if you believe information is processed in violation of the privacy regulations.

You will find more information in Norwegian about the Child Growth Study at [www.fhi.no/studier/barnvekststudien](http://www.fhi.no/studier/barnvekststudien).

Best regards

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## CONSENT

### WHAT ARE YOU SUPPOSED TO DO NOW?

If you would like your child to participate in the 2019 Child Growth Study, tick YES for participation in the box below and fill in the information we request. Nurses in the school health service may contact you. We do this to ensure that everyone has received the information.

**YES**, I have read the information and am willing to let my child participate in the Child Growth Study 2019 and include the data in the Growth Cohort.

Your first and middle name:

Your last name:

In which county is the child attending school?

The school name:

Do you have more than one child in 3rd grade at this school?

No (fill in part 1 below, and sign at the bottom)  Yes (fill in a section below for each child, and sign at the bottom)

### 1. Fill in the following information about the FIRST child in the 3rd grade:

1.1. Child's first and middle name:

1.2. Child's surname:

1.3. Child's date of birth:

(day, month, and year)

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1.4. Which class does the child attend? (e.g., 3A, 3B, etc.)

1.5. Do you have parental responsibility for the child alone?

No  
 Yes

### 2. Fill in the following information about the SECOND child in the 3rd grade:

2.1. Child's first and middle name:

2.2. Child's surname:

2.3. Child's date of birth:

(day, month, and year)

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2.4. Which class does the child attend? (e.g., 3A, 3B, etc.)

2.5. Do you have parental responsibility for the child alone?

No  
 Yes

### 3. Fill in the following information about the THIRD child in the 3rd grade:

3.1. Child's first and middle name:

3.2. Child's surname:

3.3. Child's date of birth:

(day, month, and year)

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3.4. Which class does the child attend? (e.g., 3A, 3B, etc.)

3.5. Do you have parental responsibility for the child alone?

No  
 Yes

### 4. Fill in the following information about the FOURTH child in the 3rd grade:

4.1. Child's first and middle name:

4.2. Child's surname:

4.3. Child's date of birth:

(day, month, and year)

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4.4. Which class does the child attend? (e.g., 3A, 3B, etc.)

4.5. Do you have parental responsibility for the child alone?

No  
 Yes

Date:

Signature: