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Your experiences with rehabilitation

The following questions are about your experiences with the rehabilitation institution/ward where you have been staying, as specified in the information letter.



Your illness or injury

1. **What type of illness or injury did you have that required admission for rehabilitation?** (You can choose several options)

- Musculoskeletal disease and/or bone disorder (e.g. rheumatic disease, painful muscles or joints, back pain or pelvic problems)
- Cardiovascular disease (e.g. heart attack, heart failure, angina)
- Stroke
- Injury caused by a fall, accident or similar incident
- Cancer
- Mental illness
- Nervous system disease (e.g. Parkinson's, epilepsy, multiple sclerosis/MS)
- Respiratory disease (e.g. asthma, COPD)
- Metabolic disease/obesity (e.g. diabetes, disease of the thyroid glands)
- Amputation
- Joint prosthesis
- Other: (Write here) _____

2. **How long have you had the illness or the injury that was the primary reason for your stay?**

- Less than 3 months
- 3-12 months
- More than 1 year



Waiting time and reception

3. **Did you have to wait a long time before you could be admitted to the institution/ward?**

- No
- Yes, but not long
- Yes, quite long
- Yes, far too long
- Don't know / not applicable*

4. **Was the way you were welcomed to the institution/ward satisfactory?**

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*

5. **Did the institution/ward seem prepared for your arrival?**

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*



Therapists

6. Which therapists were you in contact with during your rehabilitation? (You can choose several options)

- Physiotherapist
- Social worker
- Doctor
- Nurse
- Assistant nurse
- Occupational therapist
- Ergotherapist/Sports medicine consultant
- Nutritionist
- Speech therapist
- Therapist for the visually impaired
- Behavioural/occupational consultant
- Psychologist
- Psychiatrist
- Psychiatric nurse
- Other

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When filling in your response to the following questions, keep the people from question 6 in mind.

7. Did the therapists have time for you when you needed them?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent

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8. Did you find that the therapists showed interest in your situation?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent

9. Did you find that the therapists cared about you?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent

10. Did you have confidence in the professional skills of the therapists?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent

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11. Did the therapists include you in discussions of your rehabilitation?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable

12. Did you and the therapists agree on the goals for your stay?

- Not at all
 - To a small extent
 - To some extent
 - To a large extent
 - To a very large extent
 - Don't know / not applicable*
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13. Did the therapists provide you with sufficient information on your condition?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent

14. Did the therapists provide you with sufficient guidance on how to cope with your condition?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*

15. Do you believe that you have been incorrectly treated in any way at the institution/ward (according to your own judgement)?

- Not at all
 - To a small extent
 - To some extent
 - To a large extent
 - To a very large extent
- ⊥

Organisation

16. Did you find that the work at the institution/ward was well organised?

- Not at all
 - To a small extent
 - To some extent
 - To a large extent
 - To a very large extent
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17. Did you find that the therapists collaborated well regarding your rehabilitation?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*

18. Did you find that there was a designated group of therapists assigned to your care?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*

19. Did you have one particular contact person during your stay?

- Yes
 - No
 - Don't know
- ⊥

20. Were you happy with the activity schedule during your stay?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Did not have a schedule*

21. Do you think it took a long time to prepare your schedule?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Did not have a schedule*

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22. Did the institution/ward follow up on your schedule as planned?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Did not have a schedule*

23. Do you find that the therapists cooperated well with your relatives?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*

24. Are you satisfied with the length of your stay?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*

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Surroundings and environment

25. Were the rooms in the institution/ward adapted to your needs?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*

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26. Were the outdoor areas at the institution/ward adapted to your needs?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*

27. Was there a good range of equipment available for your rehabilitation?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*

28. Was the cleaning standard satisfactory?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*

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29. Was the food satisfactory?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*

30. Were the recreational activities satisfactory?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*

Benefits gained

31. To what extent have you benefitted from your stay in terms of your *physical* health?

- No benefit
- Small benefit
- Some benefit
- Large benefit
- Very large benefit
- Don't know / not applicable*

32. To what extent have you benefitted from your stay in terms of your *mental* health?

- No benefit
- Small benefit
- Some benefit
- Large benefit
- Very large benefit
- Don't know / not applicable*

33. To what extent have you benefitted from your stay in terms of being better able to cope with daily tasks?

- No benefit
- Small benefit
- Some benefit
- Large benefit
- Very large benefit
- Don't know / not applicable*

34. To what extent have you benefitted from your stay in terms of work or study prospects?

- No benefit
- Small benefit
- Some benefit
- Large benefit
- Very large benefit
- Don't know / not applicable*

35. To what extent have you benefitted from your stay in terms of taking part in social activities?

(E.g. spending time with others, recreational activities, cultural activities etc.)

- No benefit
- Small benefit
- Some benefit
- Large benefit
- Very large benefit
- Don't know / not applicable*

36. Did you achieve the goals established for your stay?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable*

37. Overall, to what extent have you benefitted from your stay?

- No benefit
- Small benefit
- Some benefit
- Large benefit
- Very large benefit

Other assessments

38. Overall, how satisfied or dissatisfied are you with the services you received at the institution/ward?

- Very dissatisfied
- Quite dissatisfied
- Neither satisfied nor dissatisfied
- Quite satisfied
- Very satisfied

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The time after your stay

39. Was a written plan prepared for your further rehabilitation?

- Yes
- No
- Don't know / not applicable

40. Was it possible to implement the written plan after you returned home?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable

41. Does the institution/ward collaborate well with the services in the municipality where you live (e.g. GP/family doctor, NAV, physiotherapist, other)?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable

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42. Have you received enough follow-up from the services in the municipality after you came home?

- Not at all
- To a small extent
- To some extent
- To a large extent
- To a very large extent
- Don't know / not applicable

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Background information

43. Are you married/living with a partner?

- Yes
- No

44. What is your highest level of education?

- Compulsory primary school (grades 1-10)
- Upper secondary school
- College/university (1-4 years)
- College/university (4 years or more)

45. Where were you born?

- Norway
- In a Nordic country (other than Norway)
- Western Europe (other than a Nordic country)
- EU country in Eastern Europe
- Eastern Europe (not a country in the EU)
- Africa
- Asia (including Turkey)
- North America
- South America or Central America
- Oceania

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46. What do you do on a daily basis? (You can choose several options)

- Work
- On sick leave
- Receive work assessment allowance (AAP)
- Receive disability benefits
- Unemployed
- Retired
- Study/Education
- Full-time homemaker
- Other

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47. How would you describe your *physical* health?

- Excellent
- Very good
- Good
- Fair
- Poor

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48. How would you describe your *mental* health?

- Excellent
- Very good
- Good
- Fair
- Poor

49. Who filled out the questionnaire?

- The patient (by yourself)
- Relatives/Next-of-kin

Feel free to write more about your experiences from your stay at the institution/ward here:

Thank you for taking the time to complete this survey.

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