

Vedlegg 2

cognitive training compared to other treatment for healthy elderly

Patient or population: healthy elderly

Settings: Not reported

Intervention: cognitive training

Comparison: other treatment

Outcomes	Illustrative comparative risks* (95% CI)		Relative effect (95% CI)	No of Participants (studies)	Quality of the evidence (GRADE)	Comments
	other treatment	cognitive training				
Immediate recall Follow-up: 2 weeks to 2 years	-1,33 to 4,47	The mean Immediate recall in the intervention groups was 0.18 standard deviations higher (0.16 lower to 0.52 higher)		705 (12 studies)	⊕⊕○○ low ^{1,2}	
Delayed recall	0,05 to 6,77	The mean Delayed recall in the intervention groups was 0.04 standard deviations higher (0.51 lower to 0.58 higher)		280 (5 studies)	⊕⊕○○ low ^{1,2}	

*The basis for the **assumed risk** (e.g. the median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: Confidence interval;

¹ Randomisation procedure inadequately reported

² Uncertainty about the magnitude of effect