

When should adolescents and adults stay home from school/work and be tested for COVID-19?



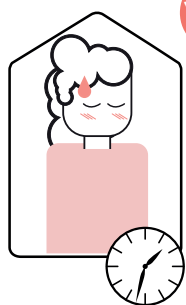
1. Do you feel unwell or do you think that an infection is starting?



Stay at home.
Contact your doctor if you need help.



2. Do you have a fever, cough, sore throat, difficulty breathing, have you lost your sense of taste/smell, or do you suspect that you have COVID-19?



YES

Contact the test centre to arrange testing.
Stay at home until the test result is available.



NO

You can return to school/work when you have no symptoms.

3. Did the test confirm that you have COVID-19?



YES

You shall be in isolation.
Your municipality will follow up you and your close contacts.



NO

You can return to school/work when you do not have fever and you feel well.
A mild cough or similar that lingers is OK!