

Folkehelseundersøkelsen i Telemark 2025

100%

Vennligst velg ditt foretrukne språk / Ver vennleg og vel det føretrekte språket ditt / Please select your preferred language
Norsk bokmål
O Norsk nynorsk
C English
Vennligst velg ditt foretrukne språk / Ver vennleg og vel det føretrekte språket ditt / Please select your preferred language
Norsk bokmål
Norsk nynorsk
C English
Public Health Survey in <value "f("fylke")"="" of=""> 2025</value>
This is a survey about quality of life, health, well-being and other factors that are important for public health. If you want to read more about the survey, you can find information at <a f('gave')"="" href="evaluation-</td></tr><tr><td>The survey will take about 15 minutes and you will enter the draw for ten <Value of ">.
Would you like to take part in the Public Health Survey in Vestfold 2025?
You are invited to the Public Health Survey in Vestfold. This is a survey carried out by the Norwegian Institute of Public Health (NIPH) in collaboration with Vestfold County Council. We are conducting this survey to obtain knowledge that your county and municipality of residence can use in their public health work.
Participation is voluntary, and you may request to have your data deleted at any time. Taking part involves answering a questionnaire about health behaviours, well-being and quality of life. In addition, we collect your name, national identity number and contact information.
The Norwegian Institute of Public Health (NIPH) is responsible for the survey and is assisted by our data processor, Ideas2evidence, in conducting the questionnaire.
Your information is used in accordance with data protection legislation. You can read more about your privacy and how your information is used further down on this page.
Would you like to take part in the Public Health Survey in Telemark 2025?
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Yes, I consent
No, I do not consent
More about privacy
Purpose of the survey

The main purpose of the survey is to generate knowledge that your county and municipality of residence can use in public health

Why are you being asked to participate?

You were randomly selected from the National Population Register. We obtained your contact information from the Contact and Reservation Register, pursuant to the Population Registration Act §§ 10-1 and 10-2.

Who is responsible for the Public Health Survey?

The Norwegian Institute of Public Health (NIPH) is the data controller for the Public Health Survey.

Participation is voluntary

Participation in the Public Health Survey is voluntary. There will be no negative consequences if you choose not to participate, or if you later ask to have your information deleted.

What does participation involve for you?

You will answer a questionnaire that takes about 15-20 minutes. You will be asked about health, health behaviours, wellbeing, and quality of life.

If you consent to participate, your answers may be shared with research projects, student projects, county council, or similar.

Your answers may be linked with information from various registries, e.g., health registries, registries at Statistics Norway (SSB), other health surveys, public health surveys, and similar. This provides better knowledge about health and lifestyle in the population. No one will be able to recognize you in what is published from the Public Health Survey.

The county/your municipality of residence may receive indirectly identifiable files for analysis. All direct personal identifiers—such as name or national identity number—and any details that could be used to identify participants are removed from the data files before they are transferred. Analysis units within public planning and mapping may also apply for indirectly identifiable data.

You may be contacted again later to take part in new questionnaires or other forms of data collection for research. Participation in these is entirely voluntary.

More about privacy—how we store and use your information

How are your data stored and used?

NIPH stores your information in two separate databases:

- In one database we store your name, contact information, and national identity number.
- In another database we store your questionnaire responses.

Access to these databases is strictly regulated. Only a few NIPH employees have access to both databases, and they are bound by a duty of confidentiality.

Further use of your survey responses

When researchers or others apply for access to your responses, this is done without names or national identity numbers. The information may be indirectly identifiable.

If your responses are to be linked with other registries (for example, health registries), a linkage key is used. This means your national identity number is replaced by a participant ID. Those who receive your information will only see this ID, not your name or national identity number.

Our legal basis for processing your information

We process your information to contribute knowledge that benefits society. This is permitted under the data protection rules (GDPR), which allow the use of personal data when necessary for tasks carried out in the public interest, Article 6(1)(e), and for research purposes, Article 9(2)(j). This is supported by the Public Health Act § 25 and the Regulation on the Overview of Public Health § 7.

As long as NIPH can link the information to you, you have the right to:

- Request access to the information we hold about you.
- Request that the information be corrected or deleted.
- · Object to how we use your information.

If you contact us to exercise these rights, you will receive a reply within one month.

You also have the right to lodge a complaint with the Norwegian Data Protection Authority if you believe we are processing your

You will not receive direct feedback on your responses, but you can follow how the information is used on our website: Public Health Surveys in the Counties - NIPH.

Contact information

If you have questions or wish to exercise your rights, please contact us on e-mail: fhus-deltaker@fhi.no

If you have questions about privacy or your rights, you may also contact NIPH's Data Protection Officer at personvernombud@fhi.no.

You have answered "No" to the consent question.

Without consent, unfortunately, you cannot participate in the survey.

- If you clicked the wrong option, you can go back and change your answer.
- If you press Next, the survey will end.

To what extent do you thrive in your local community?

To some extent	
To a small extent	
O Not at all	
O notation	
Think about your local community and your municipality.	
How do you experience the accessibility of cultural facilities (for example cinema, library, cultural center, concerts and theater)?	
The accessibility is:	
O Very good	
Good	
Neither good nor poor	
OPoor	
○ Very poor	
On't know	
How do you experience the accessibility of sports facilities (for example sports hall swimming hall give als flight two last	
How do you experience the accessibility of sports facilities (for example sports hall, swimming hall, gym, ski/light trails)?	
The accessibility is:	
○ Very good	
Good	
Neither good nor poor	
O Poor	
○ Very poor	
On't know	
How do you experience the accessibility of shops, eateries and other services?	
The accessibility is:	
O Very good	
Good	
Neither good nor poor	
OPoor	
O Very poor	
On't know	
How do you experience the accessibility of public transport?	
How do you experience the accessibility of public transport ? The accessibility is:	
How do you experience the accessibility of public transport ? The accessibility is:	
The accessibility is:	
The accessibility is: Very good	
The accessibility is: Very good Good	
The accessibility is: Very good Good Neither good nor poor Poor	
The accessibility is: Very good Good Neither good nor poor Poor Very poor	
The accessibility is: Very good Good Neither good nor poor Poor	
The accessibility is: Very good Good Neither good nor poor Poor Very poor	

The accessibility is:	
○ Very good	
Good	
Neither good nor poor	
O Poor	
○ Very poor	
On't know	
How do you experience the accessibility of coastline/beach or sea/lake where you live?	
The accessibility is:	
○ Very good	
Good	
Neither good nor poor	
Poor	
O Very poor	
On't know	
On not live near the sea or a lake	
Do you find that the pedestrian and bicycle path is well developed in your local area?	
○ Very good	
Good	
Neither good nor poor	
O Poor	
○ Very poor	
O Don't know	
How often do you participate in organized activities / volunteer work, such as sports clubs, political organizations, religious communities, choirs, or	
similar?	
Oaily	
Weekly	
1-3 times a month	
More seldom	
O Never	
When you participate in organized activities / volunteer work you are mainly:	
Participant, in e.g. training, choir or similar	
Volunteer contributor, e.g. coach, board position, volunteer in a humanitarian organization or similar	
O Both / it varies	
How often do you participate in other activities , such as clubs, meetings, meeting friends, exercise walks with friends/colleagues, or others?	
, , , , , , , , , , , , , , , , , , ,	
O Daily	

○ Weekly	
1-3 times a month	
○ More seldom	
Never	
How is your health in general?	
Would you say it is:	
○ Very good	
Good	
O Fair	
Open	
○ Very poor	
How do you rate your dental health ?	
Would you say it is:	
O Very good	
○ Very good	
Good	
O Fair	
OPoor	
○ Very poor	
When was the last time you visited a dentist or dental hygienist?	
O-2 years ago	
3-5 years ago	
More than 5 years ago	
Why has it been more than 5 years since you visited a dentist or dental hygienist?	
Why has it been more than 5 years since you visited a dentist or dental hygienist? Multiple answers possible.	
Multiple answers possible.	
Multiple answers possible. Financial reasons	
Multiple answers possible. Financial reasons Fear	
Multiple answers possible. Financial reasons Fear Problems with transport/long distance	
Multiple answers possible. Financial reasons Fear	
Multiple answers possible. Financial reasons Fear Problems with transport/long distance	
Multiple answers possible. Financial reasons Fear Problems with transport/long distance	
Multiple answers possible. Financial reasons Fear Problems with transport/long distance Other reasons	
Multiple answers possible. Financial reasons	
Multiple answers possible. Financial reasons	
Multiple answers possible. Financial reasons	
Multiple answers possible. Financial reasons	
Multiple answers possible. Financial reasons	

To what extent have you suffered from						
		Not at all	A little	Quite a bit	Very much	
nervousness or shakiness inside during the last v	week?	0	0	0	0	
feeling fearful <u>during the last week</u> ?		\circ	0	0	\circ	
feeling hopeless about the future <u>during the last</u>	week?	0	0	0	0	
feeling blue <u>during the last week</u> ?		\circ	0	0	0	
worrying too much about things <u>during the last v</u>	week?	\bigcirc	\bigcirc	0	\bigcirc	
The following questions about your sleep concern h How often				2 times per ver	wak Atlast	3 times per week
do you experience sleep onset problems?	ver/setdor	30111611)	2 times per w	veek At least	S times per week
do you experience nightly awakenings?	\bigcirc)	\bigcirc		\bigcirc
are you tired or sleepy during the day?	\bigcirc)	\bigcirc		<u> </u>
3-6 months 7-12 months More than 1 year I don't have sleep problems How many hours of sleep do you usually get per nig	ght <u>on w</u> ee	ekdavs?				
Take an average.	,	, _				
Please select your answer	*					
Do you have any long-term illness or health probler	ns ? This ir	ncludes illn	esses or	health proble	ems that are se	easonal or come ar
They should have lasted or are expected to last <u>at le</u>	east six mo	onths.				
Yes						
O No						
To what extent do this illness or health problems in	fluence yo	our daily life	e?			
O To a large extent						
O To some extent						
O To a small extent						

Not at all	
Do you have any disability or health complaints resulting from injury ?	
This also includes disabilities and health problems that come and go.	
Yes	
O No	
O No	
To what extent do this disability or health problems influence your daily life	
To a great extent	
To some extent	
To a small extent	
O Not at all	
In the past 28 days (4 weeks), have you had pain in your lower back? Yes No How many days have you had low back pain symptoms in the past 28 days (4 weeks)?	
Pain for part of the day counts as one day.	
Please select your answer	
On how many of the past 28 days (4 weeks), have your low back symptoms caused you to limit your usual activities or change your daily routine?	
Please select your answer 🔻	
In the past 28 days (4 weeks), have you had pain in your neck ?	
O Yes	

O No									
How many days have you had neck sy	mptoms	in the pas	t 28 days (4 v	<u>veeks)</u> ?					
Pain for part of the day counts as one	day.								
Please select your answer			•						
. tease setter your answer									
On how many of <u>the past 28 days (4 w</u>	<u>eeks)</u> , ha	ive your ne	eck symptom	s caused y	you to limit yo	ur usual activ	rities or change y	our daily routin	e?
Please select your answer									
How many people are so close to you	that you	can count	on them if y	ou have se	erious persona	al problems?			
Please include close family members.									
None									
O 1-2									
3-5									
6 or more									
Hawaniah aga	ا -اسم	unio - 1 ·							
How much concern and interest do pe Would you say that they show:	opie sho	w in what	you are doir	ığ:					
A lot of concern and interest									
Some concern and interest									
Neither great nor slight concer	n and in	terest							
Little concern and interest No concern and interest									
No concern and interest									
How easy is it to get practical help from	m neighb	ors if you	should need	it?					
Is it:									
Very easy									
Easy									
Neither easy nor difficult									
O Difficult O Very difficult									
Very difficult									
How often do you feel									
	Never	Seldom	Sometime	s Often	Very often				
that you lack companionship?	0	\bigcirc	0	\bigcirc	\bigcirc				
left out?	\circ	0	0	0	0				
shut out and excluded by others?	\circ	\circ	\circ	\circ	\circ				

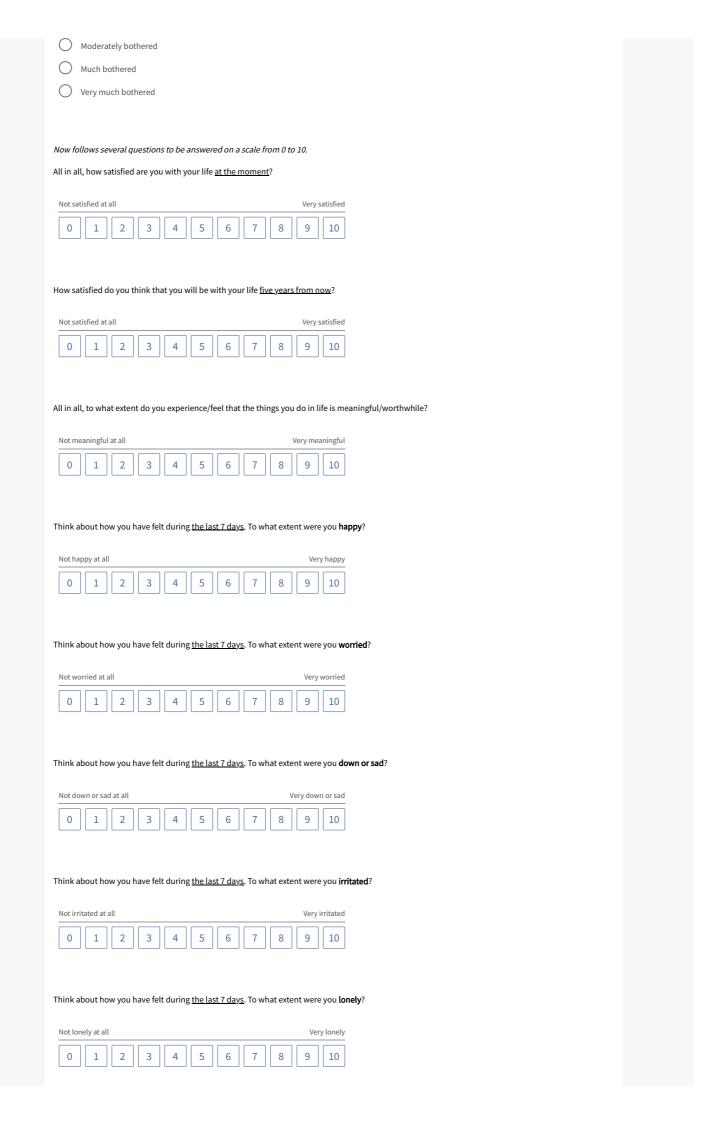
by exercise we mean for instance going for a waik, skiing average.	<i>5,</i>						
Never							
Less than once a week							
Once a week							
2-3 times a week							
4-5 times a week							
Almost every day							
How hard do you train or exercise?							
Take an average.							
I take it calmly – not out of breath nor sweating							
I exercise so hard that I get out of breath and/or s	sweat						
I am almost exhausted							
For how long do you exercise each time?							
Take an average.							
Less than 15 minutes							
15 - 29 minutes							
30 minutes - 1 hour							
30 minutes - 1 hour							
30 minutes - 1 hour							
30 minutes - 1 hour	Rarely/never	1-3 times	1 time	2-3 times	4-6 times	Once a	More than
30 minutes - 1 hour More than 1 hour	Rarely/never	1-3 times per month	1 time per week	2-3 times per week	4-6 times per week	Once a day	More than once a day
30 minutes - 1 hour	Rarely/never						
30 minutes - 1 hour More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and	Rarely/never						
30 minutes - 1 hour More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and nectar)?	Rarely/never						
30 minutes - 1 hour More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and	Rarely/never						
30 minutes - 1 hour More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and nectar)? How often do you usually eat fruits or berries (do not include juice or squash)?	Rarely/never						
30 minutes - 1 hour More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and nectar)? How often do you usually eat fruits or berries (do not	Rarely/never						
More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and nectar)? How often do you usually eat fruits or berries (do not include juice or squash)? How often do you usually eat vegetables (including salad)? Do not include potatoes. How often do you eat fish (for lunch, for dinner, or as	Rarely/never						
More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and nectar)? How often do you usually eat fruits or berries (do not include juice or squash)? How often do you usually eat vegetables (including salad)? Do not include potatoes.	Rarely/never						
More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and nectar)? How often do you usually eat fruits or berries (do not include juice or squash)? How often do you usually eat vegetables (including salad)? Do not include potatoes. How often do you eat fish (for lunch, for dinner, or as	Rarely/never						
More than 1 hour More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and nectar)? How often do you usually eat fruits or berries (do not include juice or squash)? How often do you usually eat vegetables (including salad)? Do not include potatoes. How often do you eat fish (for lunch, for dinner, or as sandwich topping)?	Rarely/never						
More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and nectar)? How often do you usually eat fruits or berries (do not include juice or squash)? How often do you usually eat vegetables (including salad)? Do not include potatoes. How often do you eat fish (for lunch, for dinner, or as sandwich topping)?	0						
More than 1 hour More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and nectar)? How often do you usually eat fruits or berries (do not include juice or squash)? How often do you usually eat vegetables (including salad)? Do not include potatoes. How often do you eat fish (for lunch, for dinner, or as sandwich topping)?	0						
More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and nectar)? How often do you usually eat fruits or berries (do not include juice or squash)? How often do you usually eat vegetables (including salad)? Do not include potatoes. How often do you eat fish (for lunch, for dinner, or as sandwich topping)?	0						
30 minutes - 1 hour More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and nectar)? How often do you usually eat fruits or berries (do not include juice or squash)? How often do you usually eat vegetables (including salad)? Do not include potatoes. How often do you eat fish (for lunch, for dinner, or as sandwich topping)? Do you ever smoke? This only includes products that contain tobacco, not e-	0						
More than 1 hour How often do you usually drink soft drinks/squash/other fruit drinks with added sugar (including iced tea, energy drinks, sports drinks, and nectar)? How often do you usually eat fruits or berries (do not include juice or squash)? How often do you usually eat vegetables (including salad)? Do not include potatoes. How often do you eat fish (for lunch, for dinner, or as sandwich topping)? Do you ever smoke? This only includes products that contain tobacco, not e-	0						
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Occasionally	
Have you smoked previously?	
If you have previously smoked both daily and occasionally, choose "Yes, daily".	
Yes, daily	
Yes, occasionally	
○ No	
Do you ever use snus (moist oral tobacco)?	
○ Yes	
○ No	
How often do you use snus?	
O Daily	
Occasionally	
Have you used snus previously?	
If you have previously used snus both daily and occasionally, choose "Yes, daily".	
Yes, daily	
Yes, occasionally No	
Do you ever use e-cigarettes/vape?	
○ Yes ○ No	
How often do you use e-cigarettes/vape?	
O Daily	
Occasionally	
Have you used e-cigarettes/vape previously?	
If you have previously used e-cigarettes/vape both daily and occasionally, choose "Yes, daily".	
O Yes, daily	
Yes, occasionally	
○ No	
Have you ever been drinking alcohol? Alcohol includes all kinds of alcoholic beverages, such as beer, wine, spirits, alcopops etc.	
uncepape etc.	

○ Yes	
○ No	
During the last 12 months, how often have you been drinking alcohol?	
O Never	
Once a month or less than once a month	
2-4 times a month	
2-3 times a week	
4 times a week or more often	
How many alcohol units do you drink on a "typical" day when you drink alcohol?	
One unit consists of a small bottle of beer or equivalent, a glass of wine, or a restaurant-portion of spirits.	
O 1-2	
O 3-4	
○ 5-6	
7-9	
① 10 or more	
10 of more	
How often do you have six or more units of alcohol on one occasion?	
One unit consists of a small bottle of beer or equivalent, a glass of wine, or a restaurant-portion of spirits.	
Never	
Less often than monthly	
O Monthly	
○ Weekly	
O Daily or almost daily	
Control of almost daily	
I know how to strengthen and take care of my physical health.	
○ Very certain	
○ Fairly certain	
Neither certain nor uncertain	
Fairly uncertain	
Very uncertain	
very uncertain	
I know how to strengthen and take care of my mental health.	
○ Very certain	
Fairly certain	
Neither certain nor uncertain	
Fairly uncertain	
Very uncertain	
Below are three national campaigns that have been or are ongoing. Answer "Yes" or "No" if you have heard of the campaigns.	

	165 110
"5 a day". About how much fruit and vegetables we should eat every day	0 0
"ABC for good mental health: Be active - Connect with others - Find meaningful activities"	0 0
"Your 30". A call for at least 30 minutes of daily physical activity	0 0
The following question only includes new injuries during this period, not treatment of old in wards, and contact with specialist health services.	juries. 'Contact a physician' includes both GPs, eme
During the past 12 months, have you had one or more injuries that made you contact a physical statement of the past 12 months.	ician or dentist?
Yes, one	
Yes, more than one	
O No	
What caused the injury?	
If more than one injury, focus on the most serious one.	
Accident	
O Violence/assault	
O Intentional self-harm	
Other	
O not wish to answer	
What were you doing when the injury took place?	
Working	
Studying	
Sports, physical exercise	
Outdoor life, hunting, fishing	
Housework, gardening	
Play, hobby	
Other	
Do you own or rent your home?	
Owner	
Owner	
I live with family or friends without paying rent	
Cover with family of menus without paying fent	
How likely is it that you will move house in the next 10 years?	

Very likely	
O Somewhat likely	
○ Somewhat unlikely	
O Very unlikely	
Why is it unlikely that you will move house in the next 10 years?	
Multiple answers are possible	
I/we are satisfied with the home	
I/we need the space in the home for family and guests	
I/we are satisfied with the garden/outdoor area	
I/we enjoy the neighborhood where the home is located	
I/we cannot find a suitable home in the desired area	
I/we cannot afford to move	
I/we do not have the capacity to move	
Other reason	
What is most important to you in a future home?	
Multiple answers are possible	
That it is adapted to my age and health	
☐ More space	
Less space	
Private garden/outdoor area	
Less maintenance	
Low housing costs	
Social living environment, e.g., opportunities for social interaction with neighbors	
Proximity to nature	
Proximity to public transport	
Proximity to services and cultural amenities such as shops, pharmacy, library, and cafés/restaurants	
Other	
Other	
Over the the last 12 months, how much have you been bothered by noise from road traffic when at home?	
At home includes indoor as well as outdoor areas connected to your housing.	
Not bothered	
Somewhat bothered	
Moderately bothered	
Much bothered	
O Very much bothered	
Over the <u>last 12 months</u> , how much have you been bothered by other outdoor sources of noise than road traffic when at home?	
At home includes indoor as well as outdoor areas connected to your housing.	
O Not bothered	
Somewhat bothered	
A CONTRACTOR OF THE CONTRACTOR	



Think about how you have felt during the last 7 days. To what s	extent were you engaged ?
Not engaged at all	Very engaged
0 1 2 3 4 5 6 7 8	9 10
Think about how you have felt during the last 7 days. To what e	extent were you calm and relaxed ?
Not calm and relaxed at all	ery calm and relaxed
0 1 2 3 4 5 6 7 8	3 9 10
Think about how you have felt during the last 7 days. To what e	extent were you anxious ?
Not anxious at all	Very anxious
	3 9 10
	3 5 10
Think about how you have felt during the last 7 days. To what a	extent were you grateful ?
Not grateful at all	Very grateful
0 1 2 3 4 5 6 7 8	3 9 10
Think about how you have felt during the last 7 days. To what o	extent did you feel joy ?
No joy at all	Very much joy
0 1 2 3 4 5 6 7 8	3 9 10
How much do you agree with the statements below?	
	Completely disagree Totally agree
My social relationships are supportive and rewarding	0 1 2 3 4 5 6 7 8 9 10
I actively contribute to others' happiness and quality of life	0 1 2 3 4 5 6 7 8 9 10
How often do you spend time with good friends?	
Do <u>not</u> count members of your own family.	
About daily	
About every week, but not daily	
About every month, but not weekly	
A few times a year	
More seldom than once a year	
I have no close friends	

Would you generally say that most people can be trusted, or that one cannot be too careful when dealing with people?

Can't be too careful Mo	st people can be	trusted			
0 1 2 3 4 5 6 7	8 9	10			
o what extent do you feel that you belong in the place who	ere you live?				
I feel no sense of belonging at all I feel a st	trong sense of be	longing			
	8 9	10			
all in all, how safe do you feel when you are out walking in	your local area	?			
Not safe at all	Ve	ery safe			
0 1 2 3 4 5 6 7	8 9	10			
Below are some statements about the experience of contro	ol in life. How m	uch do you agree	or disagree?		
	Strongly agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Strongly disagree
I have little control over what happens to me	\bigcirc		<u> </u>	<u> </u>	
Some of the problems I have I simply cannot solve	\bigcirc	\bigcirc	0	\bigcirc	\bigcirc
				<u> </u>	
There is little I can do to change aspects of my life that are important	\circ	\bigcirc	\circ	\bigcirc	\circ
Faced with problems in my life I often feel helpless	\bigcirc	0	0	0	0
Sometimes I feel like I'm just being pushed around					
here in life	0	\circ	O	0	0
Vhat is your highest level of completed education?					
Primary school or equivalent (e.g. continuation sch	ool, folk high s	chool)			
Upper secondary school or equivalent (e.g. vocation	nal school, gyn	nnasium)			
Post-secondary vocational school					
College/university, one-year program or equivalent	(less than 2 ye	ars)			
College/university, bachelor's degree, cand.mag. or	equivalent (2-	4 years)			
College/university, master's degree, major subject of	or equivalent (r	more than 4 years)			
No completed education					
f you live alone, consider your total income. If you live with	others, consid	ler the total incom	e of everyone in the hous	sehold.	
low easy or difficult is it for you, with this income, to make	ends meet in y	our daily life?			
Very difficult					
Difficult					
Relatively difficult					
Relatively easy					
Easy					
O Very easy					

O Don't know	
What is your work- or life situation at the moment?	
Multiple answers possible.	
Employed full-time (32 hours or more per week)	
Employed part-time (less than 32 hours per week)	
Self-employed	
On sick leave	
Unemployed	
On disability pension or receiving work clearance allowance	
Receiving social benefits	
Pensioner including early retirement	
School pupil or student	
Conscript	
Working at home	
Are you married, cohabiting, single or do you have a partner?	
Married / registered partner	
Cohabitant	
Have a partner (without living together)	
Single	
○ Widow/widower	
How many people live in your household?	
Including yourself.	
○ 2 ○ 3	
5 or more	
O 30 more	
How many children under 18 years old are you responsible/caring for?	
Please select your answer	
Check the box for which age group(s) your child/children belong to?	
Multiple answers possible.	
Before preschool age	
Preschool age Primary school age (1st-4th grade)	
Primary school age (1st-4th grade) Primary school age (5th-7th grade)	

Upper secondary school age (high school)				
Are you, and at least one of your parents, born outside Norway?				
O Yes				
O No				
How long have you lived in Norway?				
Please select your answer				
Prize draw for your participation				
As a thank you for taking the time to respond, you can enter the draw for <value "f('gave')"="" of="">. If you would like to take part in the draw, we need your consent to share your contact information with <value "f('fylke')"="" of=""> County Council, which distributes the prizes.</value></value>				
Do you consent to us sharing your email address with <value "f('fylke')"="" of=""> County Council?</value>				
Yes, I consent				
No, I do not wish to take part in the prize draw				
We have the following email address on record for you:				
<value "f('email')"="" of=""></value>				
Is this correct?				
Yes, the email address is correct				
No, I would like to be contacted at a different email address				
Please provide your email address below so that we can contact you.				
Please enter your email address here:				
Please repeat:				
Thank you very much for taking the time to complete the questionnaire!				
Do you have any comments or technical remarks?				
Click "Next" at the bottom right to finish and submit your responses.				
Your response has now been recorded. Thank you for taking part in the survey!				
≤Value of "f('fylkeslink')">				
Exit				