What is Smittestopp?

Smittestopp is an app from the Norwegian Institute of Public Health (NIPH). It is intended to help prevent coronavirus from spreading in society. You can choose whether to use the app.

If you take a test and it shows you have coronavirus, you can let other people know via the app. They will be told that they may have been exposed to infection and be given advice on what to do. In this way, the app can prevent even more people from becoming ill. The app does not tell anyone that you are infected.

How do I get the Smittestopp app on my phone?

- Download the app from App Store or Google Play.
- In the app, follow the instructions on the screen.
- If you do not understand what is written, ask someone to explain it to you.

How does the Smittestopp app work?

When you are near someone who also has the app installed on their phone, the phones will send signals to each other.

If another person tests positive for coronavirus, the app will remember that your phone has been near to the infected person. You will then receive a message via the app telling you what you should do. You can also decide whether you wish to notify other people if you are infected.

If you receive a message via the app, you will only find out that you have been exposed to infection, not who is infected or where. Neither the public authorities nor private individuals will find out who you are or where you have been.

Privacy

- You must be over 16 to use Smittestopp.
- Data about you will be deleted after 14 days without you needing to do anything.
- You can delete data about you in the app at any time.
- You can delete the app at any time.

Join in bringing everyday life back

FHI
Folkehelseinstituttet

helsenorge.no/smittestopp

Smittestopp