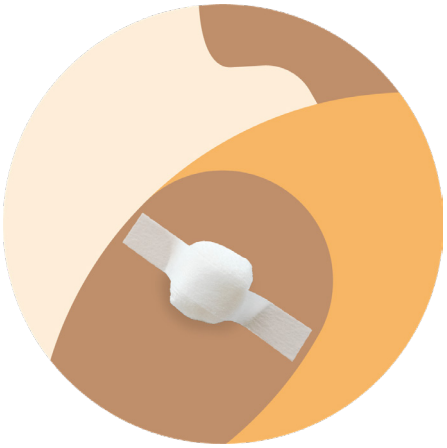
Pneumococcus

Who should have the pneumococcal vaccine?



- Anyone aged 65 or over.
- Adults aged 18 to 64 years who have a serious illness

Speak to your doctor if you are not sure whether this applies to you. **If you turn 65 this year, you will be offered the vaccine at a reduced price.**

How does the pneumococcal vaccine work?

- The vaccine “teaches” the body to defend itself against pneumococcal bacteria.
- The vaccine is given as an injection in the arm. The vaccine can be given at the same time as the coronavirus and influenza vaccines.
- It takes 1-2 weeks for the vaccine to start working.

What happens after I have had the vaccine?

- Many people feel a little sore around the injection site, which can become a little red and swollen.
- Some people get a temperature, experience muscle pains or feel nauseous or exhausted. This will disappear by itself after a few days.
- Contact your doctor if you are unsure about any problems you are experiencing after you have had the vaccine.

For more information, see fhi.no/voksenvaksinasjon

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