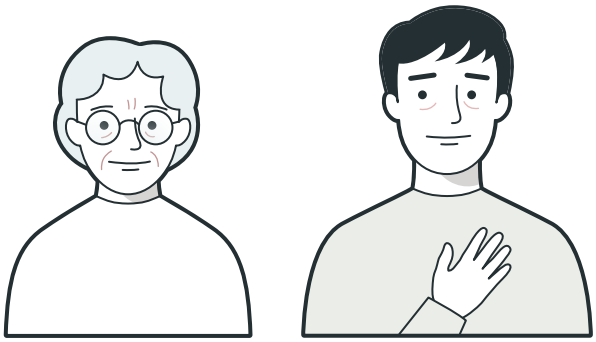
MARS 2021, OROMO

Qajeelfamadaftuukantalalliivaay-irasii- koronaa

Odeeffannoogabaabduuwaa'eetalaalliifarra COVID-19 (vaayirasii-koronaa) DhaabbataFayyaaHawaasaaNorway (Norwegian Institute of Public Health) irraa.

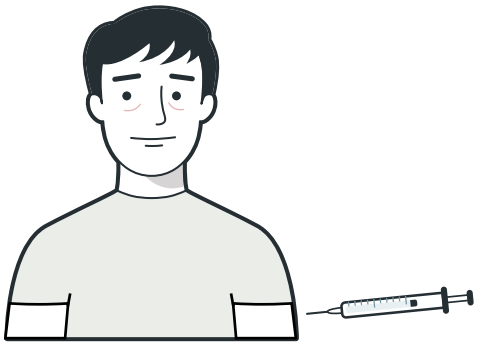


Waa'ee talaallii koroonaa

Talaalliin kuni nama eerameef hundaaf ni kennama

Bilisa.

Talaallichi COVID-19 irraa ittisa.

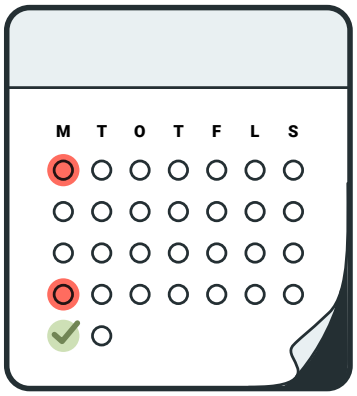


Ati akkamittiin katabamta?

Talaallichi bifawaraannannaanirreeirraankennama.

Talaalliiwwan muraasni torbanoota muraasaaf hamma dawaatin kennamu..

Ulfa, alarjii yoo qabaatte, dawaa yoo fayyadamte, dhukkubsatte, yookan immoo COVID-19 qabda ture yoo ta'e himiif.



Talaallichi hagam haala gaariin dalagaa?

Talaallichidhukkuba COVID-19 irraa ittisa. Namootni hedduun erga talaallii guututtu fudhatanii torbanoota 1-2 keessatti COVID-19 irraa ni eeggamu.

Talallii fudhatteertas yoo ta'e ajaja too'annoo faalamaa hordofi.

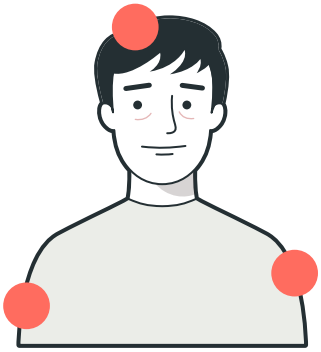
FHI

Talaallichiakkamiinhojjata?

Talaallichiakka innivaayirasii-koronaahuba-teeofirraaittisuuf qaama barsiisa.

Talaalichisaffisaanqaamakeessaaala ba'a.

Ta'us, qaamniakkamittivaayirasicharraak-kaittiofittisu ni yaadata.

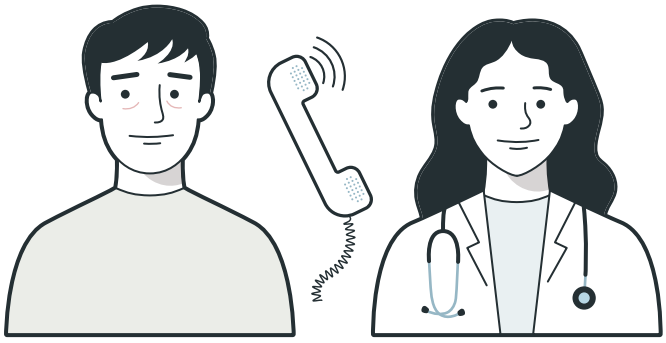


Miidhaalee cinaa

Talaallichiqorannoowwan gurguddoonna-mootakumaatamootairrattiyaalamee jira. Miidhaaleen cinaa beekamoon:

• Dhukkubbiibakka waraannannaattii
• dadhabbii
• mata-bowwuu
• dhukkubbiiwwanqaamaa
• ho'insa-qaamaa yookiin dhaamocha

Miidhaaleen cinaakunniin namattihin tolan, garuu guyyoota muraasa booda ni badu.



Miidhaalee cinaa baratamoo-hin-ta'iin

Talaallichaan boodamallattool-ee-dhukkubbiihin yaadamiin, cimoo, yookaanyeroodheeraaturan sitti qabaatte dokterayookaanogeessa fayyaa kan biraa quunnami.

Waa'ee talaallicha vaayirasii-koroonaa odeeffannoo dabalataan yoobarbaaddemarsariitii Dhaabbata FayyaaHawaasaa Norway (Norwegian Institute of Public Health) kana caqasi: https://www.fhi.no/kvp