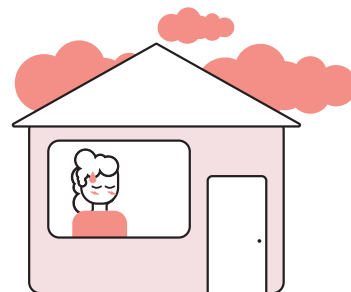


# When should adolescents and adults stay home from school/ work and be tested for COVID-19?



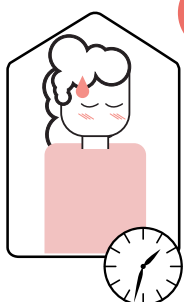
## 1. Do you feel unwell or do you think that an infection is starting?



**Stay at home.**  
Contact your doctor if you need help.



## 2. Do you have a fever, cough, sore throat, difficulty breathing, have you lost your sense of taste/ smell, or do you suspect that you have COVID-19?



**Yes**

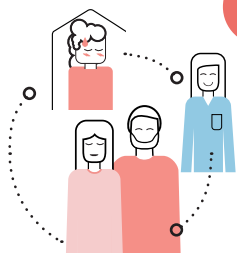
Contact the test centre to arrange testing.  
Stay at home until the test result is available.



**No**

You can return to school/work when you have no symptoms.

## 3. Did the test confirm that you have COVID-19?



**Yes**

You shall be in isolation.  
Your municipality will follow up you and your close contacts.



**No**

You can return to school/work when you do not have fever and you feel well.  
A mild cough or similar that lingers is OK!