

Withdrawal of biological research consent

Research on biological material and your rights

Sometimes, research projects may analyse biological material that has been collected routinely by health and care services, such as blood or tissue samples.

In some cases, the Regional Committee for Medical and Health Research Ethics (REK) allows research projects to use such material without asking for individual consent.

Even so, you have the right to opt out. You can do this by registering in the [Register for Biological Research Reservations](#). If you do, the project leader must remove your data from the study sample.

What opting out means

If you opt out:

- Your biological material, collected routinely by the health and care services, will not be used in research projects that do not require consent, in line with the Health Research Act.
- You may still be asked to take part in research projects, but only if your explicit consent is required and obtained.
- You accept that the Norwegian Institute of Public Health (NIPH) stores your name and national identity number in the Register for Biological Research Reservations.

How to opt out

The easiest way to opt out is to register digitally via nettskjema.no (only in Norwegian, and requires login through the national ID portal): <https://nettskjema.no/a/biologiskforskningsreservasjon> (or use QR code).

You can also complete this paper form and send it by post.

More information is available at: www.fhi.no/en/withdrawal-biological-research-consent. More information is available at: www.fhi.no/en/withdrawal-biological-research-consent.



Information about you:

Full name	National identity number (11 digits)
Street address	
Postcode and town/city	

Copy of valid ID

You must include a copy of valid photo ID when submitting this form so that we can verify your identity.

Please tick to confirm that you have enclosed a copy of valid ID with name, photo national identity number and signature (for example passport, driving licence, or national ID card).

Signature:

Date	Signature
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Please sign the form and include a copy of valid ID.

Send the completed form to:

Folkehelseinstituttet, Register for biologisk forskingsreservasjon,
Postboks 973 Sentrum,
5808 Bergen