

Urukingo rwa koronavirusi: – Comirnaty (Pfizer/BioNTech)

Ubwoko bushya bwa koronavirusi butera indwara ifata imyanya y'ubuhumekero. Abantu benshi bagira ibimenyetso bidakomeye cyangwa ntibagire ibyo bagira, ariko bamwe muri bo bashobora kurembywa n'indwara. Abakuze n'abandi basanzwe bafite ubundi burwayi bafite ibyago byinshi byo kurembywa cyangwa gupfa. Urukingo rurinda ko umuntu yarembywa na COVID-19.

Ni nde ugomba guhabwa urukingo rwa koronavirusi?

Inkingo za koroanvirusi zitangwa muri gahunda yo gutanga inkingo ku rwego rw'ighugu zikaba ziboneka ku bantu batuye muri Noruveje. Urukingo ni ubuntu kandi uruhabwa ku bushake.

Ni gute nabona urukingo?

Reba urubuga rw'umujiyi utuyemo ubone amakuru yerekeye uhabwa urukingo, uko gutanga urukingo biri gutegura n'igihe bizabera.

Ni gute uru rukingo rutangwamo?

Urukingo ruterwa mu kuboko hejuru. Mbere yo guhabwa urukingo, ubazwa niba uri kumva umeze neza kandi niba umubiri wawe warakiriye nabi izindi nkingo wahawe. Ibuka kuvuga niba wararwaye indwara ya COVID-19 cyangwa warigeze guhabwa urukingo, utwite, ufite ubwivumbure bw'umubiri, ufata imiti cyangwa ufite ibibazo by'ubuzima. Kurikiza amabwiriza ku mubare wa doze n'intera ikurikizwa mu itsinda ryawe. Ikigo gitangirwaho inkingo gishobora kugufasha kubikora. Ni ngombwa ko ufata doze ku gihe cyateganyijwe. Birasanze ko ushobora guhindura igihe uhererwaho urukingo bitewe ni uko urwaye indwara y'igikatu cyangwa ufite umuriro urenga 38 °C. Nyuma yo guhabwa urukingo, usabwa gutegereza aho waherewe urukingo byibuze iminota 20.

Ni gute uru rukingo rukora?

Urukingo rurimo ibigize (RNA ntangamakuru) y'agace ka koronavirusi gatuma ifata ku ngirango fatizo y'umuntu uyirwaye. Umubiri ukora utundi duce tutangiza rw'izo poroteyine za virusi ubudahangarwa bw'umubiri bushobora gukoresha. Bityo, ubudahangarwa bw'umubiri bwiga kumenya uduce twa koronavirusi kandi bushobora kurinda umubiri iyo wanduye virusi. RNA ntangamakuru ihita icibwamo ibice n'umubiri kandi ntigire icyo ihindura ku gace k'akoko Urukingo ntabwo rurimo virusi nzima kandi ntabwo rutera indwara ya COVID-19. Urukingo rwa koronavirusi rukurinda kurwara. Ntabwo ruvura umuntu urwaye.

Uru rukingo rukora neza ku kihe kigero?

Inkingo ntabwo zirinda ku buryo bwuzuye ikwirakwira ry'ubwandum. Bityo, ni ngombwa gukomeza gukurikiza inama zo kurwanya ubwandu zigezweho.

Ingaruka

Inyinshi mu ngaruka zibaho mu minsi ya mbere mike nyuma yo guhabwa urukingo. Inkingo za koronavirusi zigira ingaruka zisanzwe kurusha izindi nkingo. Ubusanzwe, ibimenyetso biva ku byorohereje ukagera ku bidakomeye cyane kandi birikiza nyuma y'iminsi mike ariko hari abandi bagira ibimenyetso bikomeyev cyane. Akensi, urubyiruko rugira ingaruka zikomeye cyane kurusha abasaza.

Abahawe urukingo bagira uburibwe aho batewe urushinge. Izindi ngaruka rusange zirimo umunaniro, kubabara umutwe, kubabara imikaya, kugira imbeho, kubabara ingingo n'umuriro. Izo ngaruka ni rusange nyuma yo guhabwa urukingo rwa 2.

Ingaruka zikomeye ntizikunze kubaho. Ingaruka zidakunze kubaho zirimo indwara y'umutima (indwara ifata igice cy'umutima cyangwa yo kubyimba agasaho k'umutima). Ubusanzwe, bibaho nyuma yo guhabwa doze 2 kandi akensi biba mu bangavu, urubyiruko n'abana bato. Ingaruka zidakunze kubaho nko kugira ubwivumbure bw'umubiri bukabije n'indwara y'umutima bishobora kuvurwa igithe bibayeho. Ntabwo twahakana ko hatabaho ingaruka zitazwi ariko zidakunze kubaho kugeza ubu cyangwa ingaruka zigaragara nyuma y'igihe kirekire uhawe urukingo.

Ni iki nakora urukingo rungizeho ingaruka?

Nugira ibimenyetso utari witeze, bikomeye cyangwa bimara igithe kirekire, ubimenyeshe umuganga ukuvura cyangwa undi ukora mu buvuzi kugira ngo agusuzume anakugire inama. Birakurikizwa hatitawe ku kuba wizera ko byatewe cyangwa bitatewe n'urukingo. Abakora mu buvuzi bafite inshingano zo gutanga raporo buryo bukomeye cyangwa butari bwiteze umubiri witwayemo bakeka ko byatewe n'urukingo. Unashobora kubimenyesha ukoresheje helsenorge.no.

Kwemeza urukingo by'agateganyo

Uru rukingo rwa koronavirusi rwapimiwe ku bantu benshi bakoreweho ubushakashatsi ahoa ibihumbi byinshi byahawe urwo rukingo. Ubushakashatsi bwakoze mu buryo bumwe nk'ubw'izindi nkingo, ariko igithe cyo kubugenzura cyaragabanyijwe. Inzego zishinzwe kugenzura imiti zatangze urukingo by'agateganyo. Bivuze ko nta makuru ahagije yereke ko ibyiza by'urukingo birenga ibyago rwateza, ariko uwakoze urukingo agomba gukomeza gukora ubushakashatsi bwe no gukomeza guha amakuru y'ubuvuzi zishinzwe gukurikirana ubuvuzi igithe urukingo rubonetse.

Ni uruhe rukingo nahawe?

Iyo uhawe urukingo rwa koronavirusi, rwandikwa mu Kigo gishizmwe kwandika inkongo muri Noruveje cyitwa SYSVAK. Ushobora kubona amakuru kuri helsenorge.no.

Urifusa kumenya byinshi?

Baza muganga ukuvura n'undi ukora mu buvuzi cyangwa usure urubuga rw'Ikigo cy'ubuvuzi cya Norwegian Institute of Health kuri fhi.no/cvp.