

TREATMENT OF MRSA

Treatment in this context means decolonization, which involves the removal of these bacteria from your skin.

Treatment lasts between 5 to 10 days

- Apply Bactroban ointment inside your nose 2-3 times per day.
- Wash your whole body, including hair, with Hibiscrub every day. Remember to wash between your fingers and toes. Repeat the process twice every time.
- Dry yourself with a fresh/clean towel.
- If MRSA have been found in your throat, gargle with Corsodyl mouthwash at least twice a day.
- Change your clothes, bedsheets and towels every day. Wash them at 60 degrees.
- Check with your pharmacy before using any moisturizing cream; they can reduce the effect of the treatment. If needed, due to dry skin, your pharmacy can recommend specialized products that you can use.

You will not normally have to pay for any of the products (lotion, antibacterial wash or mouthwash) needed for this treatment.

AFTER TREATMENT FOR MRSA

Further MRSA tests will be taken one, two and three weeks after the treatment. These samples will be taken in the same way as the original tests using a cottonbud, from the nose, throat and groin. It is also common to recommend further controls at 3, 6 and 12 months after treatment.

It is sometimes necessary to repeat the treatment several times before successfully eradicating the bacteria.