

**Do you have newly arisen respiratory tract symptoms?<sup>1</sup>**

Stay at home from work/school/childcare.

Children age 0-12 who **only have a runny nose or mucus/snot and otherwise feel well**, can go to childcare/school.

Adults/adolescents

Children (age 0–12)

Positive<sup>2</sup>

Get tested

Negative

Parents may consider testing the child for COVID-19.

**If the child has had close contact** with a confirmed case of COVID-19 they should be tested.

Negative

Positive<sup>2</sup>

**Self-isolate at home for 5 days after the onset of symptoms (7 days if omicron).** You must be fever-free for at least 24 hours before the isolation is lifted.

**Stay at home until you feel well** and have not had a fever during the past 24 hours.<sup>3</sup>  
**If you have vague symptoms** (such as some mucus/snot or a mild headache), you may return to work/school the same day.

**Self-isolate at home for 5 days after the onset of symptoms (7 days if omicron).** The child must be fever-free for at least 24 hours before the isolation is lifted.

<sup>1</sup> Fever, cough, sore throat, loss of sense of smell and taste, mucus/snot, headache, poor general condition.

<sup>2</sup> If you have taken a rapid antigen home test with a positive result, you need to confirm the result with a PCR test at a municipal test station.

<sup>3</sup> Persistent symptoms such as mucus/snot (regardless of consistency and colour), hoarseness or residual cough is fine.

**Call a doctor/GP if the symptoms are serious** or persist over a long period of time.

**Always consult a doctor if you are worried about a child!**

In general, there should be a lower threshold for contacting a doctor the younger the child is.