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List of academic presentations, publications, summaries for policymakers and general public

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CO	Confidential, only for members of the consortium (including the Commission Services)	

Abstract

This report documents the CO-CREATE project Work Package 6 outputs during the 66 months that it was active, listing academic publications, presentations, and summaries for policymakers and the general public. In total this includes 6 academic publications, 38 presentations, 2 Dialogue Forum tools, along with 49 public-facing summaries hosted on the project and EAT websites.

The list provided is up to date as of 27 October 2023.

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Executive Summary

Deliverable 6.7 (D6.7) of the CO-CREATE project consists of an end-of-project documentation of the academic publications, presentations, and summaries for policymakers and the public delivered by the project's Work Package 6 (WP6). This Work Package focused on a "Dialogue forum with representatives from policy and business," and developed a model for multi-actor intergenerational dialogue forums, known as the Dialogue Forum tool.

This deliverable lists the academic publications in peer-reviewed scientific and professional journals, presentations made to scientific and other professional conferences, and the public-facing summaries published on the European Commission EIP-AGRI and EU CAP websites and on the CO-CREATE project website www.co-create.eu or partners' websites, delivered by CO-CREATE's WP6.

This report complements Deliverable 9.2 of the CO-CREATE project, *Scientific outputs from the CO-CREATE project*, which provides a full list of the project's scientific publications, scientific presentations and additional reports and scientific summaries and briefings that have been published during the period of the project.

In summary, the outputs from the CO-CREATE project's WP6 as of the end of October 2023 are outlined in Table 1 below.

Table 1. Summary of outputs from the CO-CREATE project

Output format	Number	Availability
Papers published in peer-reviewed scientific and professional journals	6	Open access: 2 papers in full open access journals (gold)
Presentations and posters at conferences and symposia	38	Limited access: Access possible via abstract authors or conference specificities.
Reports or other public-facing summaries of WP6 outcomes	49	Open access on CO-CREATE website www.co-create.eu or EAT website https://eatforum.org/initiatives/co-create
Practice abstracts: brief scientific summaries for public interest	4	Open access on EIP AGRI website and on CO-CREATE project website https://www.fhi.no/en/li/studies/co-create/publications
Dialogue Forum tools	2	Open access on CO-CREATE website, Healthy Voices and EAT Foundation https://www.fhi.no/en/li/studies/co-create/the-dialogue-forum-tools-is-available/ https://eatforum.org/initiatives/co-create/ https://www.worldobesity.org/healthy-voices/advocate/co-create-dialogue-forum-tool

Academic publications

During the project, six academic papers were published. Five of these papers were published as part of two CO-CREATE project supplements in *Obesity Reviews*.

Supplement 1 (February 2023)

Special issue: The CO-CREATE Project co-creating policy with youth. Guest editor: Tim Lobstein. *Obesity Reviews* Volume 24 (S1).

- Nesrallah, S. et al (2023) Youth engagement in research and policy: the CO-CREATE framework to optimize power balance and mitigate risks of conflicts of interest. *Obesity Reviews*. 24(S1) e13549. <https://doi.org/10.1111/obr.13549> Open access.
- Klepp, K.I. et al (2023) Overweight and obesity prevention for and with adolescents: The confronting obesity: co-creating policy with youth (CO-CREATE) project. *Obesity Reviews*. 24(S1) e13540 <https://doi.org/10.1111/obr.13540> Gold open access.
- Budin-Ljøsne, I, et al (2023) Ethical considerations in engaging young people in European obesity prevention research: The CO-CREATE experience. *Obesity Reviews*. 24(S1) e13518. Gold open access.

Ethics, Medicine and Public Health (June 2023)

Brøer C et al (2023) Negotiating policy ideas: Participatory action research projects across five European countries. *Ethics, Medicine and Public Health*. 28. <https://doi.org/10.1016/j.jemep.2023.100905> Gold open access.

Supplement 2 (September 2023)

Special issue: The CO-CREATE Project: Co-creating policy with youth – Second Supplement. Guest editor: Tim Lobstein. *Obesity Reviews*, Volume 24 (S2).

- Ulloa, M. et al. (2023) Designing a youth-led Dialogue Forum tool: The CO-CREATE experience. *Obesity Reviews*. e13611. doi:10.1111/obr.13611. Gold open access.
- Samdal O et al (2023) Encouraging greater empowerment for adolescents in consent procedures in social science research and policy projects. *Obesity Reviews*. 24(S2) e13636 <https://onlinelibrary.wiley.com/doi/10.1111/obr.13636> Gold open access.

Presentations

A total of 38 presentations, symposia, posters or workshops have been held as part of CO-CREATE's WP6 dissemination activities, as follows:

2019

Date	Location	Event	Presenter and role	Title of presentation
February 1, 2019	Bangkok, Thailand	Prince Mahidol Award Conference	Panelist - presentation on EAT, youth empowerment and CO-CREATE by Elin Bergstrom	The Political Economy of NCDs, A Whole of Society Approach
February 9, 2019	Oslo, Norway	Do you(th) matter? Conference	Participation in the Conference and workshops, Elin Bergstrom	How to make dialogue more meaningful
June 11, 2019	Stockholm, Sweden	EAT Stockholm Food Forum side event	Side event, presented by Sudhvir Singh	Transforming the food system with youth
October 15, 2019	Cologne, Germany	UNICEF Child Friendly Cities Summit side event	Side event to test the Dialogue Forum model, coordinated	Co-creating healthy and sustainable school

			by Elin Bergstrom, Ove Kenneth Nodland	environments across generations
October 29, 2019	Oslo, Norway	Norwegian launch event of the UNICEF State of the World's Children report	Moderator of a panel, Sudhvir Singh	Defining healthy diets for children and adolescents

2020

Date	Location	Event	Presenter and role	Title of presentation
Nov 25, 2020	Digital	City of Amsterdam Inspiration Week	Samantha Nesrallah and Marianna Debelian from EAT presented CO- CREATE Digital Dialogue Forums: CO-CREATE Workshop, session co- hosted with University of Amsterdam (WP5) on Youth Alliances and Dialogue Forums	Development of a youth- led policy dialogue model.
Nov 2020	Trondheim, Norway	Cluster for Co- Creative Service Design and Innovation (CCSDI),	Participated in Co-creative service design conference. Florencia Aguirre from EAT and Manuela Aguirre from Designit delivered the presentation.	Youth driving multi- stakeholder policy innovation
September 2020	Digital	University of Amsterdam	Informative presentation about Dialogue Forum tool. Samantha Nesrallah delivered presentation.	CO-CREATE Digital Dialogue Forums: Development of a youth- led policy dialogue model
Sept 2020	Digital	Novo Nordisk, Cities Changing Diabetes team	Informative presentation about Dialogue Forum tool. Samantha Nesrallah delivered presentation.	CO-CREATE Dialogue Forums: Development of a youth- led policy dialogue model
Dec 2020	Digital	International Youth Health Organization	Informative presentation about Dialogue Forum tool. Samantha Nesrallah delivered presentation.	Youth Changing Policy CO-CREATE Digital Dialogue Forums
Dec 2020	Digital	PEN (Policy Evaluation Network)	Samantha Nesrallah from EAT delivered presentation to PEN lead, Catherine Woods, from University of Cork	Dialogue Forum tool and potential adaptation for the PEN project.

2021

Date	Location	Event	Presenter and role	Title of presentation
Jan 2021	Digital	Canadian Youth Public Health Association	Digital webinar Knut-Inge Klepp (NIPH), Evelyne Baillergeau (UvA), Samantha Nesrallah (EAT) and Margrete Bjørge Katanasho (Press Save the Children Youth Norway) presented on meaningful youth engagement;	Youth engagement to advance policy: Process and priorities from European youth.
Feb 9, 2021	Digital	CO-CREATE Virtual Youth Seminar	Participated in CO-CREATE Youth Seminar. Marianna Debelian presented on digital dialogue forum	The CO-CREATE Digital Dialogue Forums: connecting youth with stakeholders
April 15, 2021	Digital	World Food Summit 2021 - Better Food for More People	Samantha Nesrallah from EAT presented on a panel	CO-CREATing food policy solutions with youth: The power of dialogue Fridays & Foodtures, young minds solutions to food systems issues
April 2021	Digital	Best ReMAP	Presentation of Dialogue Forum model and tool to the entire Best ReMAP consortium, and discussion on adaptation of tool for national stakeholder dialogues. Delivered by Samantha Nesrallah and Marianna Debelian.	CO-CREATE Dialogue Forum
July 27, 2021	Digital	UN Food Systems Summit Pre-Summit side event Act4Food Act4Change	Side event and multi-stakeholder dialogue forum on restricting unhealthy food marketing to children. Samantha Nesrallah and Marianna Debelian from EAT	Strengthening youth-led food systems transformation through policy dialogue: CO-CREATE Dialogue Forum
July 27, 2021	Digital	UN Food Systems Summit Business roundtable : Act4Food Act4Change	Use of Dialogue Forum tool to facilitate youth and business leader roundtable, Chloe Mackean, supported by Samantha Nesrallah (EAT)	Youth, Businesses and Food Systems: Act4Food Act4Change Youth-Led Round table

May 7, 2021	Digital	UN Food Systems Summit: Independent UN Food Systems Summit Dialogue.	CO-CREATE Youth Task Force participated in the first regional Dialogue Forum to connect with policymakers and high-level stakeholders to discuss their policy ideas for restricting marketing of unhealthy food to children and securing high-quality, practice-based nutrition education in schools for all children. Facilitated by EAT's Samantha Nesrallah	CO-CREATE Regional Dialogue Forum: Youth-Led Policy Dialogue
June-September, 2021	Digital	World Café by World Obesity Federation	The third World Cafe event chaired by Christian Bröer (UvA) constituted a Dialogue Forum facilitated by Marianna Debelian (EAT) on meaningful youth engagement to discuss the definition, identify barriers to meaningfully engaging youth at national levels, and means to address them. The recorded event is available on YouTube .	You(th): a driving force for change
December 6, 2021	Digital	Nutrition for Growth Summit	Act4Food Act4Change, WWF & EAT workshop, facilitated by Samantha Nesrallah	Mobilising intergenerational action to create sustainable and healthy diets for all
2021-2022	Digital	UNICEF youth food retail consultations w Vic Health, Food Foundation and BiteBack 2030	co-ordinated three digital youth consultations across Europe and Australia using the Dialogue Forum tool, to gain a better understanding of young people's experiences in food retail environments (featured in 2023 report). Facilitated by Samantha Nesrallah	Youth consultations: food retail environments

2022

Date	Location	Event	Presenter and role	Title of presentation
February 15, 2022	Digital	World Obesity Federation: Youth Voices for Climate Health	Participated in expert breakout room on what role do youth play in health and climate advocacy? How can experts work with youth meaningfully to address these issues? – Marianna Debelian	what role do youth play in health and climate advocacy?
March 9, 2022	Novi Sad, Serbia	European Youth Parliament (EYP),	Delegates used the Dialogue Forum tool to examine factors and processes driving rising rates of childhood obesity and discussed how it could be addressed in the EU. Samantha Nesrallah and Marianna Debelian from EAT, as well as NIPH.	presentation of the Dialogue Forum tool to youth delegates from the Committee on the environment, public health and food safety (ENVII).
March 14, 2022	Digital	UNICEF, Norges Bank Investment Management	Workshop with food retail companies to present the findings from consultations with youth about understanding young people’s experiences and recommendations for healthier supermarkets. Presented by Samantha Nesrallah	Young people’s recommendations for healthier food retail environments
March 25-27 2022	Sundvolden, Norway	CO-CREATE Youth Conference	Samantha Nesrallah and Marianna de Almeida Debelian (EAT) hosted a Dialogue Forum workshop and the official public launch of the Dialogue Forum Tool.	The Dialogue Forum launch
4-7 May 2022	Maastricht, Netherlands	European Congress on Obesity (ECO)	A project symposium was held during ECO 2022. Speakers included Press Save the Children Youth Norway, UvA, LSHTM, EAT, with a 50-minute interactive dialogue on intergenerational collaboration.	Meaningful youth engagement – building healthier food and physical activity environments for current and future generations: a symposium of the CO-CREATE project
13-15 June 2022	Brussels, Belgium	European Policy Symposium on Non-Communicable Disease	Panel presentation in CO-CREATE symposium: CO-CREATE symposium, What do youth want? Outcomes of the youth alliances, dialogues, and taskforce. Samantha Nesrallah	What do youth want? Outcomes of the youth alliances, dialogues, and taskforce.

18-21 October 2022	Melbourne, Australia	International Congress on Obesity	Presentation of the Dialogue Forum tool by Samantha Nesrallah (EAT), as part of workshop focused on the multifaceted approaches towards enhanced policymaking on childhood obesity used by CO-CREATE and STOP projects, followed by a panel discussion.	Youth engagement to advance policy: process and priorities from European youth
18-21 October 2022	Melbourne, Australia	International Congress on Obesity	Poster on the CO-CREATE Dialogue Forum hosted within a research booth, by Samantha Nesrallah	CO-CREATE: co-creating obesity prevention policies with youth

2023

Date	Location	Event	Presenter and role	Title of presentation
11 January 2023	Digital	Save the Children Spain	Presentations of Dialogue Forum tool for potential use by external organisations, hosted by EAT, Claire Bouillon	CO-CREATE Dialogue Forum
3 February 2023	Digital	UNICEF Sweden and Swedish Heart and Lung foundation	Presentations of Dialogue Forum tool for potential use by external organisations, hosted by EAT Claire Bouillon	CO-CREATE Dialogue Forum
22 March 2023	Digital	University of Oslo Country partners on EU Fruit and Vegetable Milk Scheme	Presentations of Dialogue Forum tool for potential use by external organisations, hosted by EAT Claire Bouillon	CO-CREATE Dialogue Forum
29 March 2023	Oslo, Norway	Norwegian Police Directorate	Presentations of Dialogue Forum tool for potential use by external organisations, hosted by EAT Claire Bouillon	CO-CREATE Dialogue Forum

7 September 2023	Oslo, Norway	Oslo Tøyen Police department	Presentations of Dialogue Forum tool for potential use by external organisations, hosted by EAT Claire Bouillon	CO-CREATE Dialogue Forum
15 June 2023	Uppsala, Sweden	International Society of Behavioral Nutrition and Physical Activity (ISBNPA),	Claire Bouillon, EAT, Presentation of Dialogue Forum tool as part of the CO-CREATE symposium	Experiences of policy and research co-creation with young people: Learnings from the CO-CREATE Project’.
26 June 2023	Digital	15 th Annual COSI meeting	the CO-CREATE team presented research and findings on youth engagement in tackling obesity, including a presentations on the Dialogue Forum tool by Claire Bouillon, EAT.	CO-CREATE Project: Key messages & Next Steps
12-14 October, 2023	Brussels, Belgium	Final CO-CREATE Conference	Samantha Nesrallah presented the Dialogue Forum tool in joint session with Press on the Youth Advocacy toolkit	Bridging the dialogue divide between policy and youth

Summaries for policymakers and the general public

Throughout the project duration, a variety of public-facing summaries were created from WP6 and on the Dialogue Forum, either for policymakers or the general public, listed below. All documents are available to be viewed without charge.

In addition, WP6 took part in the project’s Practice Abstracts, providing 4 Practice Abstracts based on findings from the Work Package and Dialogue Forum activities. Practice Abstracts aim to provide information from the project in a concise format, freely available for all. The individual abstracts outline the main findings of a specific aspect of the project and follow the recommended “EIP common format” for uploading on the European Commission hosting site. Each abstract includes a short, understandable title, a succinct summary of the issue tackled as well as a presentation of the main outcomes and recommendations on the selected topic.

2019

- CO-CREATE page on EAT website: <https://eatforum.org/initiatives/co-create-about>, first published in May 2018. (This page has since been replaced by an up-to-date version.)
- Newsletters: Dialogue Forum tool updates in [April 2019](#) and [November 2019](#) newsletters:
 - How might youth representatives enable meaningful and actionable dialogue with policymakers? (04.19)
 - Testing a new youth-led tool for policy co-creation (11.19)
- Article about CO-CREATE on EAT website: [Learning From the Youth](#), published August 2019.

- Article related to CO-CREATE on EAT website: [Five Youth Leaders Who Will Change the World](#), published August 2019.
- WP6 Project Deliverable on [NIPH website](#):
 - D6.1: [Develop and test prototype of a dialogue forum in Norway](#), July 2019

2020

- Newsletters: Dialogue Forum tool updates in [June 2020](#), [November 2020](#):
 - Novel tool for digital dialogue forum (06.20)
 - Dialogue Forums go digital in the age of COVID (11.20)
- EAT@Home virtual conference series, *Shifting to Sustainable Consumption - EAT@Home episode 1* (premiered on EAT [YouTube](#) 17.11.20): includes video on The CO-CREATE Youth Declaration: *Time to Act and Ensure Good Health for All*, on [YouTube](#) (20.11.20)
- EU Practice Abstracts (2020), [on project website October 2020](#) and [on EIP AGRI website](#)
 - Practice Abstract 12: Designing a multi-stakeholder Dialogue Forum model for youth-led policy co-creation
 - Practice Abstract 13: Policy co-creation dialogues with youth – recommendations for policymakers and practitioners
- WP6 Project Deliverable on [NIPH website](#):
 - D6.2: [Refine prototype and define principles for scaling the model across a broad range of European countries](#), February 2020
 - D6.3: [Synthesis of reports conceptual maps, policy briefs from WP2, WP3, WP4, WP5](#) December 2020

2021

- Newsletters: Dialogue Forum tool updates in [April 2021](#) and [November 2021](#):
 - Youth-Led Dialogues Turn Policy Ideas into Action (04.21)
 - Digital Dialogue Forum: experiences in Norway (04.21)
 - Digital Dialogue Forum: experiences in Portugal (04.21)
 - On the road to 20 Dialogue Forums (11.21)
- EAT newsletter (03.21) on CO-CREATE 10th Dialogue Forum, sent to 8,286 subscribers.
- Published [blog piece](#) on project website: *CO-CREATE hosts its first Youth Virtual Seminar!* on project website (15.02.21)
- Published [blog piece](#) on project website: *Youth-Led Dialogues Turn Policy Ideas into Action* on project website (22.04.21)
- Dialogue Forum Training: 60mins training with UK councillors from Bexley and Greenwich on how to use digital Dialogue Forum model (03.21)
- Flyer for launch of the Youth Stipends with World Obesity Federation (04.21)
- Published [article on EAT website](#): *Highlights from the UN Food Systems Summit Pre-Summit* (20.08.21), with reference to CO-CREATE Dialogue Forum.
- WP6 Project Deliverable on [NIPH website](#):
 - D6.4: [Twenty dialogues forums established across Europe](#), August 2021
 - D6.5: [Reports from each dialogue forum on the actions and commitments from policy-makers and businesses](#), August 2021
 - D6.6: [A set of recommendations for how to establish multi-actor dialogue forums and a brief report putting the findings of the project in a greater policy and co-creation context](#), August 2021

2022

- Newsletters: Dialogue Forum tool updates in [April 2022](#), [November 2022](#)
 - Youth leaders meet in Norway to discuss policy solutions to childhood obesity (04.22)
 - CO-CREATE at the European Youth Parliament Novi Sad International Session, March 2022 (04.22)
 - The CO-CREATE Dialogue Forum tool launched! (04.22)
 - CO-CREATE at International Congress on Obesity 2022 (11.22)
 - European Congress on Obesity 2022 (11.22)
 - CO-CREATE's Dialogue Forum tool (11.22)
- Launch of the '[You\(th\) Matter! Co-creating policies to prevent childhood obesity](#)' documentary-style video: CO-CREATE Documentary produced by World Obesity Federation, with a segment recorded by WP6 lead at EAT and launched at the CO-CREATE Youth Conference, March 2022.
- Published [blog piece](#) on project website: *CO-CREATE at the European Youth Parliament Novi Sad International Session* (22.04.22)
- Published [blog piece](#) on project website: *CO-CREATE joint workshop at ICO 2022* (26.10.22)
- New webpages fully dedicated to the Dialogue Forum tool and tutorials on EAT website, NIPH and Healthy Voices webpages, published April 2022:
 - Project webpage on Dialogue Forum tool: <https://www.fhi.no/en/li/studies/co-create/the-dialogue-forum-tools-is-available>
 - EAT webpage on Dialogue Forum tool: <https://eatforum.org/initiatives/co-create>
 - Healthy Voices webpage on Dialogue Forum tool: <https://www.worldobesity.org/healthy-voices/advocate/co-create-dialogue-forum-tool>
 - Five videos on the Dialogue Forum Tool on website and social media (teaser, [about the Dialogue Forum](#), [Physical tool](#), [Digital tool](#), and [impact statements](#))
 - Guidebook with step-by-step instructions of the Dialogue Forum Tool: <https://eatforum.org/initiatives/co-create/guidebook>

2023

- Newsletters Dialogue Forum tool updates in: [May 2023](#)
 - Update on the CO-CREATE Dialogue Forum tool (05.23)
- Published a Press Release on [project website](#) and [EAT website](#): *CO-CREATE project publishes novel methods for youth engagement and benchmarking of national obesity prevention policies* (23.02.23) on research published as [part of Supplement 1 in Obesity Reviews](#).
- Published a public 1-pager on [project website](#) and [EAT website](#): *Six Considerations for organising a multi-actor Dialogue Forum* (27.03.23), based on a review of Deliverable 6.6.
- EU Practice Abstracts (2023) – [on project website April 2023](#).
 - Practice Abstract 10: COVID-19 and digital connection: insights from shifting to digital convenings with youth.
 - Practice Abstract 11: Policy co-creation with youth: considerations for multi-actor dialogue forums.
- Launch of CO-CREATE project's *Youth-Led Change: A Systems Thinking Activity toolkit*: <https://www.worldobesity.org/healthy-voices/advocate/co-creates-youth-advocacy-toolkit> with final section on how to use the Dialogue Forum tool.

- Dialogue Forum tool features in the EU-funded project, FoodSHIFT 2030’s “Transition Toolkit”: <https://foodshift2030.eu/resources/foodshift2030-transition-toolkit> as a resource to support stakeholders in understanding, stimulating and measuring the transition of their local food systems.
- Published a Press Release on [project website](#) and [EAT website](#): CO-CREATE: Young people have ideas to tackle obesity – but are we listening? (September 27, 2023) on research published as part of CO-CREATE Supplement 2 in *Obesity Reviews*. <https://eatforum.org/learn-and-discover/youth-tackle-obesity/>
- [Published article on EAT website](#): Reflecting on five years of policy co-creation with youth (October 31, 2023) on Dialogue Forum tool, final Conference and marking the end of the CO-CREATE project.

Conclusion

Through the CO-CREATE project and beyond, the Dialogue Forum developed in WP6 has been used to connect people across generations and sectors, to co-create solutions to prevent childhood obesity and build healthier environments. Although the Dialogue Forum tool has been translated and adapted in other contexts, this primary goal of allowing people to connect and collaborate on actions has remained consistent. The CO-CREATE Dialogue Forum tool is novel in that it is the product of a three-year long systematic and documented process of testing, prototyping, and refinement, involving youth throughout. The tool has been used in local schools and in high-level United Nations meetings, in Malawi and Portugal, by 14-year-olds and by CEOs, and incorporates the feedback from these different people and settings. We have made it freely available, shared in through a large number of events, conferences and online channels, and it will continue to help youth around the world to have their voices heard beyond the end of the CO-CREATE project.